

# LORNE INDEPENDENT

\$2

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## Lorne history 1888: Local Policeman Accused of Attempted Rape

It must have caused a sensation at the time. Alice Maud Rooke was just 15 years old. She was the daughter of John Rooke, the licensee of the Lorne Hotel.

Around 5 pm on 19 March 1888 Alice went into the stables at the back of the hotel to feed the chickens. Inside, feeding his horse in one of the stalls, was Constable Edward Armfield. Armfield was stationed at Birregurra. In rural Victoria, one-man police stations were the norm. The mounted Constable would carry out what we would consider regular police work as well as other duties on behalf of the State government, such as acting as bailiff of Crown lands and as Inspector of slaughterhouses. Armfield had come down from Deans Marsh earlier that day with his Superintendent, a Mr Toohey.

Alice says that what happened next is that Armfield approached her, caught hold of her and attempted to commit an indecent assault. She broke free and fled into the house ("before he effected his purpose" it says in the Colac Herald of 31 March). Bursting into tears, Alice told her sister Mary what had happened. Mary quickly told their father. John Rooke immediately confronted the policeman in the stables. The policeman denied everything. When Mr Rooke began to return to his house he alleges that Constable Armfield warned him not to say anything to anyone. Rooke ignored him.

Rape was a capital offence in the Australian colonies in 1888 unlike in England, where the death penalty for rape had been abolished in 1841. So the accusation against Armfield was very serious.

The case was heard before Mr Justice Webb and a jury of 12 men at the Geelong Supreme Court on 11 May 1888. "Assault with attempt to commit rape on the person of Alice Rooke" was how the case was described in the Colac Herald. Eight witnesses were called for the prosecution and the hearing occupied 5 ½ hours. The jury took just 20 minutes to reach a verdict. Not guilty.

The verdict may have surprised Superintendent Toohey. Superintendent Toohey was inside the hotel when the offence was alleged to have taken place. He subsequently acted as the Prosecutor when the original charges against Armfield were first heard at the Colac Police Court some weeks later. Rather than supporting his colleague, Toohey opposed bail. Nonetheless bail was granted.

The Victorian Police were established in 1853, modelled on the principles of Peel's Metropolitan Police in London. But by 1888 their reputation was not good. They had faced a period of deep criticism and public lack of confidence,

following the poor handling of the break-out of the Kelly Gang. There had been charges of incompetence and corruption. Parliamentary Enquiries into the police force had been held in 1855 and 1862. A Royal Commission had followed in 1881. They were only just beginning to rehabilitate their image.

**(This fascinating historical account continues on page 7)**



All is ready for a spectacular launch to Lorne's 6th Annual Festival of Performing Arts (FOPA)

Friday 2 – Sunday 4 September with tickets now on sale.

Pictured above, renowned for her blistering harmonies, Rowena Wise's pop infused melodies and quirky conversational lyrics are delivered with a voice that can caress you in one breath. She is one of the main performers in the Spiegel-Zelt.



**More on FOPA on page 16**

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The Lorne Independent Inc. is produced on a non-profit voluntary basis and, as a newsletter, seeks to give in its pages open access to the community. It is important to note, however, that opinions expressed by authors of articles are their own.

Advertising and publicity for community events is free, and all other contributions are most welcome. Supplied copy and pictures must bear the name and address of the author and/or organisation.

The editorial committee of the Lorne Independent reserves the right to cut, alter or otherwise work the articles to make them suitable for publication. The committee also reserves the right to reject articles and/or photos if it deems the material to be unsuitable for publication. **Please note:** Absolute deadline for copy is four days before the end of the month.



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## Food relief in Lorne

It's often this time of year, when the work slows down, electricity bill gets high and ends don't always meet. For a number of years the Lorne Community House has been assisting local residents, and sometimes visitors, with food parcels when things get tight.

Research shows that 1 in 6 Australians have experienced food insecurity in the last 12 months. Lorne is not immune to this issue. It affects individuals, families and couples of any age. In Australia over 2 million people seek food relief each year with 43,000 people turned away every month because of food shortages. Sadly 14,600 of these are children.

Although numbers in Lorne are not that staggering, if you find that you do need a helping hand please head along to the Community House any weekday from 9.30am – 2.30pm and have a chat with the staff. The House will supply you with a food parcel of essentials to keep you or your family, including four-legged furry friends going for a few days.

If required, there is also the ability to refer you to our network of support including financial counselling, legal advice, childcare assistance and employment services.

Just recently the Lorne Community House has also become the agency for Centrelink in Lorne. A Centrelink terminal is available for those already setup for Centrelink self-serve. Staff at the House can also approve proof of identification, help with free faxes to Centrelink and a telephone services as well.

Remember if things get tough and you just need a hand, pop into the Community House and have a chat.

**Katy Kennedy**  
**House Coordinator**  
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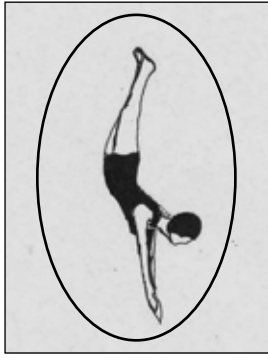
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# The Louttit Loop



What a wonderful night it was at the Cumberland Auditorium when the “Lorne Kids Performing Arts” presented ‘DREAMS’ under the expert direction of the lovely Tara O’Neil. The group acted, sang and danced their little hearts out to the delight and enjoyment of a large audience of mums, dads, siblings, grannies and others. The kids little personalities shone out as did their obvious exuberance and joy in what they were doing. Thank you to all

involved, it was one of those special Lorne local events and it was special to see how our population of young families appear to be growing and how lucky are we to have such a wealth of future talent for the town.

*The boys and girls of the Bendigo Community Bank recently held their Southern Victoria branch managers meeting at the Lorne Bowls Club. A spokesperson wrote to us saying: “We would like to show our appreciation by publicly thanking the Bowls Club for their hospitality and a really good time at their establishment.” Golly-gee, it must have been some powwow!*

Our coast has been really battered by rain, high winds and very unpleasant weather recently and yes, there was snow up in them there hills. A big branch cut the telephone lines (thus no internet) in Waverley Avenue, but no panic, no fear, our own Telstra Tony was soon on the job to get us up and going again.

*And curses on the Lorne-Deans Marsh Road. On the way to Winchelsea to pick up Lorne Independent printed copies, Editor hit a water-filled pothole and badly damaged a tyre. It was visible from a distance but there was too much traffic for evasive action. Later he managed to limp into Geelong for a replacement.*

Councillor Clive followed the same route a few days later and guess what? He also came to grief in a water filled pothole and had to replace the tyre at considerable expense. With the Wiggle Amy’s Gran Fondo to be held in early September, and wet weather forecast for a little while longer, let’s hope VicRoads invests in some decent repairs to this most troublesome road-link. Oh the horror! Think of those mass pile-ups a la Tour de France.

*Good to see VicRoads putting up arrowed signs saying Keep Left at our roundabouts. BUT why not also write it in Chinese! A serious problem, hard to avoid when driving round the roundabout!*

Our Hospital was seriously considering changing its name to Surfcoast Hospital to reflect the spread of its clientele. WTF? An expensive exercise in rebranding – as a quick petition within the waiting room proved. Reminds one of the time BP’s rocket scientist-type consultants talked them into changing from BP to bp. Hellooooo?

*Happy 65<sup>th</sup> Birthday to Bev at the Bank! She’s lashing out on a new red Renault to celebrate and to make the drive to Lorne each day very pleasant.*

Our Foodworks Supermarket rebuild is looking amazing. Huge. One feels it would have been easier to close altogether for the winter months. BUT on behalf of staff and customers, here’s a BIG THANKS to them for their “business almost as usual” approach. Boss Jonn says it will be finished in October.

*Big renos also under way at the Nursing Home at the Hospital and lots of room relocation of precious residents. Brock still seems to have a full head of hair, but must have been tempted to pull it out!*



Lorne local Leon Walker fulfilled a ‘bucket list’ by snowboarding at our own recent ‘Falls Snow Bowl’ and then caught a wave off the Point

all in the space of an hour! Only in Lorne We live in a unique place! We used to call it a resort for all seasons. The name certainly still applies.

*And Happy 80<sup>th</sup> Birthday to the Lorne CFA which celebrated with a big knees up at Mantra.*

When Sue Grant had to relocate to Melb for a while to be near Rick’s hospital, retired art teacher Wendy Hutchison stepped in to ‘do’ the Op Shop windows. And what a top job she’s done. Now Wendy is off again to a Community out of Alice Springs to work for a month and the Jenifer/Jo team are the ‘dressers’.

*Under the heading of ‘you don’t know what you’ve got til it’s gone, the Lorne Independent and the community of Lorne sadly farewells Lynton and family. Thanks for all the excellent funerals, compassionate counselling, help with those down and out, conducting “Church” and singing at the Nursing Home, the weddings, the sympathetic shoulder, all the excellent articles in the LI - and just for being you Lynton.....Lillian*

## LorneCARE News

- caring for our environment

Joining in a LorneCare working bee is a practical way of learning about Lorne's magical environment and showing your love for it.

This month we expect to be working with the Friends of Queens Park

We will meet in the car park near Teddy's Lookout at:

**10am on Sunday, August 21**

As usual, our working bee will be followed by a barbecue at about 12.30pm. Visitors and new starters will be made especially welcome.

**For more information about LorneCare contact:**

**Alain Purnell Tel: 5289 2906**

**Mobile: 0417 031 905**

**Michael Callanan**

**Mobile: 0408 891 886**

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## Lorne Independent

Australia is scheduled to be subjected to a nation-wide census on the night of August 9, a Tuesday, and already there is criticism of how, under the present system, it's comparatively easy to glean personal details.

One big factor is that the Australian government uses local labour to collect this personal information.

"Aha!" your mate from the gentlemen's drinking club will say, "I always knew he was a closet pantheist!"

But what really irks is the way the Government encourages, no, stronger than that, virtually pushes you into 'considering' doing business via the internet (electronically).

It is not the only one. What about the banks, service utilities, local municipal authority, the many business organisations that 'prefer' you to do whatever business transaction with them electronically?

It's more convenient (yes, for them) and it 'saves paper', thereby cutting down (pun intended) and saving our already grossly denuded forest sector. You're doing your bit to save our planet and making sure our children have a future.

Brass monkey's whatnots! It saves them a lot of money by reducing the need for labour.

Simple as that.

If you are under the age of 50 the chances are that you would have started to use computers during your early education, but there are still enough oldies around who came to electronic technologies late in life, and whose eyes simply glaze over when confronted by a computer or iPhone.

And let's face it, the so-called technological advancements are not getting easier but harder; the 'easier' websites are still Mensa-like in their cryptology.

It's really hard to understand or indeed believe how a little old lady or gentleman copes when confronted by these electronic puzzles.

Even Centrelink has gone the way of the devil – if you've got a question on your pension, you can present yourself at the Lorne Community House and yes, there it is, the computer in the corner.

The fact is that those organisations using electronic services are doing so at the expense of the frayed and rattled nerves of those denizens not fully in command of modern technology, and there are many who believe this to be unfair, prejudicially discriminatory and certainly not a level playing field.

And may the gods spare you having to use the telephone for an inquiry to a service provider – someone once counted having to listen to a total of nearly 15 options, and pressing numerous buttons before they were able to access their required destination.

If you miss the correct command? Well, then you'll just have to start all over again, won't you?

To be directed to an 'operator' in an overseas call centre in Outer Mongolia or an obscure island in the Caribbean is really nothing more than a plot to shorten your life.

Your ability to achieve success depends on how quickly you can master a new language – Call Centre Patois.

An important tip: if the operator keeps repeating "Oh you're welcome!" it means that at least a quarter of the purpose of your call is understood.

If you think this is an angry rave, you're right! Modern life is not as easy as some might want us to believe.

- Jo Vondra

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#### PERMANENT RENTALS AVAILABLE

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##### 5/118 Mountjoy Parade, Lorne

- 2 brm, 1 bthrm, \$370 p/w, available now.

##### 1/4 Smithers Street, Lorne

- 1 brm, 1 bthrm, \$250 p/w, available now.

##### Flat/9 Smithers Street, Lorne

- 1 brm, 1 bthrm, \$160 p/w, available now.

##### 1/22 Otway Street, Lorne

- 4 brm, 2 bthrm, \$600 p/w, available 20/8/16.

##### 3/33-35 Armytage Street, Lorne

- 2 brm, 1 bthrm, \$355 p/w, available 20/8/16.

From page one:

## Serious allegations against police, a 15-year-old girl and a court case

It is possible to trace what subsequently happened to Edward Armfield through the newspapers of the time. They record Armfield as being unable to pay his debts due to “sickness and litigation” on two occasions. Also, on 15 July 1899 he is listed in the Ovens and Beechworth Advertiser as having been fined 5 pounds for “misbehaviour in a

Aboriginal people could be truthful, given that many of them had “no belief in a Christian God” and therefore could not swear an oath. Both men were found guilty.

And what about young Alice Rooke? Records held by the Lorne Historical Society list her as a student at the Lorne School along with her brother and sister. We know little else of her until she marries one of the Mountjoy family, Francis. She gives birth to a daughter, Edith, in 1907. Her last known place of residence is Colac.



public place.” Further digging through Trove (online) at the National Library indicates that this was because he urinated on somebody’s front door. Later he appears again in the court reports, this time being sued for divorce by his wife and mother of eight children as being incapable of supporting them. He resigned from the police force in 1903.

It is possible to use historical sources to trace the history of Justice Webb as well. I confess that I had my suspicions about him after reading how quickly Edward Armfield’s jury took to find him innocent. Yet, as it turns out, only days earlier Justice Webb had presided over what became a famous case where two white men were accused of raping an Aboriginal woman, Jenny Green, as she and her husband and son were walking home from a day at the Condah Races. At a time when the defence counsel spoke to the injustice of taking the words of “unreliable blacks” against those of white people, Justice Webb showed vital leadership. He summed up heavily against the accused men. This was an age when, according to scholars of the 19<sup>th</sup> Century, there was an unwillingness to accept that

**The Lorne Hotel as it was in the 1880s. The image was supplied by the Lorne Historical Society from their extensive collection of photographs of Lorne, the surrounding countryside and especially the Great Ocean Road.**

**Sources:** *The newspapers in the article were accessed via Trove in the National Library. I also relied on D. Philips ‘Sex, race, violence and the criminal law in colonial Victoria: Anatomy of a rape case in 1888’. Labour History 1989; 52:230-49.*

*A copy of Edward Armfield’s original Record of Service was supplied by Caroline Oxley from the Victoria Police Museum and Historical Unit.*

The author, **Penny Hawe** is a Lorne resident. She is active in the Lorne Historical Society, LorneCare and Friends of Lorne. She works part time at the University of Sydney where she is a Professor (not in history), a position which 21<sup>st</sup> Century Lorne dwellers can manage by telecommuting and occasional plane travel.



## News from our Councillor for the Lorne Ward

### Sustainability and operational challenges of Victoria’s rural & regional councils.

The joint parliamentary Environment, Natural Resources and Regional Development committee is now embarking on an important enquiry into the sustainability and operational challenges of Victoria’s Rural and Regional Councils, including local government funding and budgetary pressures, fairness, equity and adequacy of rating systems, impact of rate capping policies, flood planning mitigation, maintenance of local road and bridge networks and weed and pest control.

This public inquiry is an opportunity for interested stakeholders to provide submissions and illustrate to the committee the failures and impacts of the current rating system.

Submissions close on the 12<sup>th</sup> September 2016 and can be lodged via email [enrrdc@parliament.vic.gov.au](mailto:enrrdc@parliament.vic.gov.au) or by hard copy to Executive Officer, ENRRDC, Parliament, Spring Street, and East Melbourne 3002.

### Study to explore ‘Great Ocean Road Gateway’ concept.

Following a recent study undertaken to assess the strategic merits of upgrading the Australian National Surfing Museum in Torquay as a major tourism destination, findings indicated that there was limited market potential for developing the museum beyond its current surfing niche.

This study prompted a broader investigation of the different options available to encourage people to start their Great Ocean Road journey in Torquay by creating a multi-faceted experience, which attracts visitors and entices them to stay longer and spend more.

At last Tuesday’s Council meeting, Council endorsed a recommendation to explore the concept of a Great Ocean Road Gateway and has allocated \$50,000 to undertake further research, in partnership with Great Ocean Road Regional Tourism, into developing the concept and its subsequent business case.

### Annual Rate Notices

All ratepayers in the Surf Coast Shire should have or will soon be receiving their annual rate notice. If you require any further information visit the Surf Coast Shire website, click on

“My property”, then “Rates & Finance”. If you have a concern on the property valuation then click on “Valuation Objection” Valuation Objection :

A formal objection to a valuation may be made in relation to the value of a property and also upon other grounds as specified in accordance with the Valuation of Land Act.

Ratepayers may object to their valuation within two months of the issue date of the rate notice.

An objection to a valuation does not negate the requirement of a ratepayer to pay rates that have been levied by the due date.

Return the completed and signed form to: Fax: [\(03\) 5261 0525](tel:(03)52610525) or post to:

Surf Coast Shire, PO Box 350, Torquay 3228.

To download the relevant Valuation Objection Form, please refer to the forms below:

- [Residential Objection Form](#)
- [Rural Objection Form](#)
- [Commercial / Industrial Objection Form](#)
- [AVPCC Objection Form](#)

### Dates for the diary

6 <sup>th</sup> August	Final home game Lorne Football & Netball Club
2 <sup>nd</sup> – 4 <sup>th</sup> September	Lorne Festival of Performing Arts
10 <sup>th</sup> – 11 <sup>th</sup> September	Amy’s Otway Criterium Amy’s Wall-Gran Fondo
24 <sup>th</sup> September	Surf Coast Hell Run
10 <sup>th</sup> – 13 <sup>th</sup> November	Lorne Film Festival

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## New Master Plan for Stribling Reserve

Recently the Shire initiated a project to develop a new, updated Master Plan for Stribling Reserve, Lorne. It is over 14 years since the last Master Plan was produced. Since its construction in the late 80s, the Stribling Reserve Leisure Centre has been a core asset for the community of Lorne. There is an incredible variety of uses for the Reserve, including indoor and outdoor sports, exercise classes, use of the commercial kitchen and Medevac by helicopter to name a few. The current facilities at Stribling Reserve include the oval, cricket pitch, netball court, indoor stadium, multi-purpose room and the Men's Shed.

There has been significant growth in the demand to use these facilities. The Lorne Football & Netball Club now fields four football teams and six netball teams. This demand, together with the extensive use of facilities by the Lorne-Aireys Inlet P-12 College, has highlighted that there are some deficiencies in the current facilities.

The process to develop the Master Plan will be to identify the gaps between current facilities and anticipated needs and to identify what other features and facilities need to be considered to ensure that Stribling Reserve remains a vital component of community infrastructure well into the future. The new Master Plan will be the "roadmap" for Stribling Reserve for the next 15-20 years. Stribling Reserve is a major community asset and we wish it to continue to be so.

The project is being run in true partnership between the community and the Surf Coast Shire Council. For instance, the Committee for Lorne is the Project Owner and the Shire is the Project Sponsor. This is a collaborative partnership to ensure that what is planned for Stribling Reserve is a true reflection of the community's aspirations.

There will be extensive consultation with all user

groups and with the community in general. In the coming weeks, we will inform you of the ways in which you can participate. We want to ensure that as many members of the Lorne Community as possible have the opportunity to provide input to the Master Planning process. We are also looking for your innovative ideas as to the type of activities that could be supported within Stribling Reserve which are not currently available; exercise circuit, gym, meeting rooms etc. to name a few.

If you have a comment or idea that you would like to include in the Master Planning process, you can do so by contacting the Project Manager at the Surf Coast Shire, Susan Green, on (03) 5261 0836 or by email at [sgreen@surfcoast.vic.gov.au](mailto:sgreen@surfcoast.vic.gov.au)

You can also make comment and follow the progress of the Master Plan via the Surf Coast Shire's web page - [www.surfcoastconversations.com.au/stribling-reserve-masterplan](http://www.surfcoastconversations.com.au/stribling-reserve-masterplan).

Our goal is to ensure that Stribling Reserve continues to be a great community asset to Lorne. Your involvement in the Master Planning will help us to achieve this.

**Peter Spring**  
**Chairman**

**Stribling Reserve Committee of Management**

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# Sportsbriefs with John Ford

## Dolphins on Track

Lorne's senior football team has risen to third place on the CDFL Ladder with some really good form over the past few weeks. The Dolphins currently have a full list of players available and in recent wins over Colac Imperials, Western Eagles and Otway Districts have demonstrated that they have few weaknesses. The away win over Colac Imperials by 33 points was impressive and important for the Dolphins to be confident in winning away from Stribling Reserve. The then team competition shows the following seven teams vying for a finals berth – with teams that finish fourth and fifth playing off in an Elimination Final. To avoid this sudden death final it would be great if Lorne could maintain their third place on the ladder.

South Colac	14 Wins 1 Loss
Birregurra	14 W 1 L
Lorne	9 W 6 L
Simpson	9 W 6 L
Alvie	8 W 7 L
Colac Imp's	8 W 7 L
Apollo Bay	7 W 8 L

The remaining teams will not see finals action, but with three matches to go the ladder positions may well change. Lorne's remaining matches are 30<sup>th</sup> July away to Irrewarra-Beeac, 6<sup>th</sup> August home to Simpson, and 13<sup>th</sup> August away to South Colac.

Dolphins' supporters should be there at Stribling Reserve in full force for the final home match on 6<sup>th</sup> August. Get there early because the Reserves team is also playing well and is currently fourth on their ladder – with a finals appearance likely. While at Stribling Reserve you must look in on the netball – especially to watch Lorne's A and B Grade teams who are playing with great intensity and enthusiasm. Both these teams are a chance to see finals action. Go Dolphins.

Lorne's Football Department saw some action of their own recently against Colac Imperials. Occasionally for a Reserves match the team can wind up short of one or more players. On this occasion Lorne's Wayne Griffiths, Miah Atwell and Wes Enticott all took the field at short notice. Not only did they make up the numbers but they contributed to the big win – with Wayne scoring a very black eye for his trouble. This was a great effort from these past players who normally contribute behind the scenes to the smooth-running of the teams on match day. I did not hear of these players pulling up sore after the match – they are all north of forty years of age (I think 55 for Wayne!). Well done!!!

## Lawn Bowls Umpiring

Don Baldwin has advised that bowlers are invited to an umpiring seminar to be held at Dennington Bowls Club on Sunday 28<sup>th</sup> August from 9.30 to 3.30. This is suitable for existing umpires, re-accrediting umpires, pending umpires and other interested bowlers. This is the only such seminar this year in our region! Your expression of interest is required NOW by Rob Treweek on 5562 9732.



## GO ROOS Kid's Soccer @ Lorne by GOFC Coaches [www.gofc.com.au](http://www.gofc.com.au)

Soccer season is well underway, and coming to Lorne with GOFC GoRoos.

The "GoRoos" course is aimed at children from approximately five to 9 years of age. The aim is for the younger kids to experience soccer (some for the first time) so a big emphasis is on fun, but with hidden learning of some of the crucial skills of soccer (first touch, running with the ball, striking the ball & 1v1) - similar to the MiniRoos program run in Lorne since 2014.

GOFC was established by coaches Pete Bradley and Mike Chapman. Their vision is to provide outstanding coaching to develop young players to reach his or her potential, while supporting the development of coaches, parents and community clubs to achieve their desired outcomes. They also run a sporting schools program, numerous coaching clinics and tournaments in this region.

The six week course costs \$50 per child-\$8.50 per session. This is very reasonable considering the costs involved with a professional coach:children ratio of approximately 1:10 and time and travel from Geelong. A minimum of 12 children (1 coach) and a maximum of 20 can attend (2 coaches).

The sessions will be held on Thursdays 3.45-4.30pm, at the Stribling Reserve, from August 11<sup>th</sup> – September 15<sup>th</sup> inclusive\*.

Places are strictly limited. Registration closes Wed Aug 3<sup>rd</sup>: contact Siobhán 0478 564 632

\*GOFC reserve the right to cancel the event if minimum registration is not reached



## Ladies Golf

It's raining it must be Tuesday! The rather chilly wet weather has at times made a coffee a much better option. Quite a few of our ladies have ventured north seeking warmer weather. Wendy Hutchison and Lesley Goldsworthy recently joined the SWDLGA golf clinic at the Barwon

Heads Golf Club . The clinic focused on bunkers, putting, pitching, chipping and the full swing. It was a very intensive clinic and we now have to try and put to practice what we have learnt!

If you are interested in joining our friendly group of Tuesday lady golfers please contact

Lesley Goldsworthy on 0437028169. This month 18 holes commence play at 9 am and 9 holes commence play at 10 am. Lessons are available, please contact Vicki Thomas direct on 0409432045.

**Happy hitting**  
**Lesley Goldsworthy**  
**Lady President**

### **Tennis**

The Tennis Geelong winter pennant competition is coming to a close. Lorne Country Club's team has had a really enjoyable season but will miss out on finals action. It is now time for intending players, both adult and junior, to register their availability for summer tennis. That is right – even though summer seems a long way off, names are required through August so that teams can be chosen and graded in September. Enquiries and advice on junior teams please call Alvis Svikers 0400 864 588, and for adult teams to John Ford 5289 5060.

**Send articles to [byswerdi2@bigpond.com](mailto:byswerdi2@bigpond.com)**  
**Or post to: 35 George St., Lorne 3232**

## **News from the Lorne Aquatic and Angling Club**

### **COMMODORE'S NOTES**

Lorne is not promoted as a snow bunny's playground but over the past two weeks we have seen snow throughout the Otways. Visitors and locals experienced snow to a depth of 150mm which caused driving difficulties on the Erskine Falls road.



Our financial year has just come to a close and once again the bottom line of the balance sheet is a historical best. Your committee has congratulated manager Ian for his continued commitment and the excellent service that he provides to our members and their guests. A complete Trading Statement

and Balance Sheet will be presented at the Annual General Meeting on December 3<sup>rd</sup>.

Please note that the membership year ends on the 31<sup>st</sup> October. Close to this date, Annual Reports and membership renewals will be forwarded to all financial members either by mail or email.

**PLEASE REMEMBER - IF YOU WISH TO USE THE CLUBHOUSE FOR A FUNCTION, PLEASE CALL IAN – 52895108 (after 4).**

### **Committee News -**

1. Satellite television should be connected to our Club within the next fortnight. Hopefully this will alleviate the pixilation which has been occurring.
2. With the closure of the Lorne branch of the Westpac Bank, Business Manager Angela has established a new trading account with the Commonwealth Bank.
3. Improvements to the public address system and the refurbishment of the BBQ area is currently in the hands of a working party.

### **Pt Grey Report**

Many thanks to those members who forwarded responses to the draft plans that were circulated last month.

So far, two meetings have been conducted to help substantiate the Business Case for the redevelopment of the Pt Grey precinct. 'A story board is being created to identify current problems within Pt Grey and what the associated benefits will be to the township of Lorne after redevelopment. Once completed, this will hopefully give leverage to attract government or private funding.

Winter Fishing Competition No 3 was held on Sunday 3<sup>rd</sup> July. Sponsor – Keane- Brick/Block/Scaffold



The winners were – Senior – Ian Middleton – salmon (below); Runner Up – Kevin Vandeuran - flathead; Third – David Manfredi – trevally. Winner of the No Prize Won – Alison Manfredi. Unfortunately no junior members fished.

Current leaders – Snapper Comp (Steve Bacvar); Garfish Comp (Brett Stewart); Bream Comp (Miah Atwell).

**Graeme Norton - Commodore**

## Do I need antibiotics for a cold?

Colds, or upper respiratory tract infections, are the most common cause of illness in children and adults. Most colds are caused by a virus.

There are over 200 types of viruses that can cause the common cold, which is why it's not possible to be immunised against a cold.

Colds are more common in the winter months.

Cold weather by itself does not increase the chance of getting a cold. People are in closer contact with each other at this time of year, because they stay indoors, and so are more likely to infect each other.

The viruses that cause colds are spread by sneezing, coughing, and hand contact (both direct and indirect).

The symptoms of a cold include various combinations of:

- A stuffy or runny nose
- Sneezing
- Sore throat
- Cough
- Headache
- Red eyes
- Swelling of lymph glands
- Fever (occasionally)
- There may be loss of appetite and, sometimes, nausea and some vomiting.

The actual symptoms will vary from person to person and from illness to illness.

Usually, the symptoms will last from a few days to a week or more and the person recovers fully without any ongoing problems.



There is no need for bed rest if your child has a cold – let the child decide how much activity they want to take part in.

Although children are unlikely to be hungry, make sure they drink lots of fluids. Appetite will return as the child starts to feel better.

The use of antibiotics, cough medicines, cold remedies and tablets are not necessary and should be avoided when your child has a cold.

Virtually all upper respiratory tract infections get better without any specific treatment.

See your doctor if the child or adult refuses to drink fluids, vomits frequently, complains of intense headache, is pale or sleepy, has difficulties breathing, consistent high fever or shows no improvement in 48 hours.

Also, if there are any other signs that you are worried about, see your doctor.

This is especially true if you have a chronic illness that can put you at risk.

**Dr David Mullen**  
Lorne Medical Centre

## 60 YEARS IN LORNE, AND STILL GOING STRONG.

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## No Lorne Community Hospital name change

Following public concern about the possible name change of the Lorne Community Hospital, CEO of the LCH, Kate Gillan, issued the following brief statement as the Lorne Independent was going to print.

### We have listened to you

The Board of Management of the Lorne Community Hospital will not pursue the 'umbrella brand' concept. After a community consultation process exploring this question with a wide range of community members through a series of 6 focus groups, the Board meeting on Monday 25<sup>th</sup> July noted the resistance to change in Lorne.

The Board appreciates the valuable input and sincere interest shown by the communities of Lorne, Aireys Inlet, Deans Marsh and Wye River.

### The announcement was also followed by brief summary of the issue:

We were pleased to recently invite you, as a valued stakeholder of Lorne Community Hospital, to attend a discussion on our new Strategic Plan 2016-2020 and to represent your community on our organisation identity review.

We appreciated the time and valuable input given by the many stakeholders who contributed, and we were reassured by the sincere interest shown and the confirmation that Lorne Community Hospital remains an important integral part of the communities it serves. The consultation process revealed that the communities outside of Lorne are keen for the organisation to be more inclusive in its identity. On the other hand, key stakeholders in Lorne perceived the identity review as threatening the central role played by Lorne Community Hospital within Lorne, and they expressed resistance to any change.

The Board of Management of Lorne Community Hospital has now carefully reviewed the feedback from all the key

stakeholder groups consulted. The Board has decided that it will not pursue an 'umbrella brand' identity for the moment. Because there was never an intention to change the name of Lorne Community Hospital, this decision has no impact on Lorne Community Hospital itself.

However, as new service opportunities arise, either products or locations, especially wellness-based services delivered outside of the Hospital, the Board may decide to differentiate them from hospital-based services by use of the name *Great Ocean Health*, the name preferred by key stakeholders during our community consultation process. *Great Ocean Health* will always be acknowledged as a service unit of Lorne Community Hospital.

Organisation identity is an important issue because brand identity has commercial implications in the growing competitive market for consumer-driven health services, and Lorne Community Hospital must increasingly compete with non-local, for-profit service providers.

We thank you once again for your valuable contribution to date and you are most welcome to contact me directly if you would like to discuss this important matter further.

Yours sincerely,



**Dr Damien Smith**  
Board Chair

## Reel Health International Short Film at Lorne Community House

Lorne Community House and Hospital, in partnership with Barwon Health and Monash University, are bringing the Reel Health International Film Festival to the Lorne Community House on August 17<sup>th</sup> from 1pm – 3pm.

The free festival created by Monash Health in 2013 is an innovative platform for film makers and viewers to talk about genuine health issues and how they may affect different communities.

The festival will showcase 12 international films that inspire, touch and challenge audiences.

Reel Health Director, Jonathon Green, says the festival has redefined how people view health through the visual medium, and ignited passionate and meaningful conversations.

“During the festival, audiences will see films that share personal journeys and family experiences, and that are truly inspirational, thought-provoking and breathtaking,” Mr Green said.

To book your free place, go to

<https://www.trybooking.com/LICF>,

or call the Lorne Community House on 5289 2972.



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# Spring is in the air



*Grevillea lanigera*

are also partial to the green and yellow spectra in which many eastern grevilleas are to be found. Attractive to them is my low growing *G. lanigera* Mt. Tamboritha. This form is a compact shrub with mid-red flowers and now that there are so many hybrids on the stands at plant outlets these days there is a wonderful choice of grevilleas for small gardens available in a variety of habits, foliage and flower

Of course it's not officially Spring just yet; this doesn't occur until a minute past midnight on September first as those of us living in the southern hemisphere well know. However the impulses that urge the sap to rise and push out new shoots and blossoms do not adhere to rigid timelines and signs of a new season are beginning to appear all around us. Birds are actively flashing through the undergrowth in search of mates, chasing off intruders and building nests. I'm not sure where the satin bower birds got to but they are back in town with a vengeance! Along the Deans Marsh Road the silver wattles (*Acacia dealbata*) are flowering a riot of yellow and are most highly recommended for a visit. It's a lovely sight so take your visitors for a drive to experience the display with you. Trevor Pescott<sup>1</sup>, naturalist and writer mentions this drive in one of his books.

Grevilleas are flowering now and it's a great time to examine the ones you like to identify in readiness for installing in your own garden. If you are after taller varieties, the pair of two metre grevilleas growing in the nature strip outside 35 George Street in Lorne are absolute beauties. I have been leafing through my three volumes of **The Grevillea Book**<sup>1</sup> by Peter Oldie and Neil Marriott and I have identified the reddish flowering one as 'Robyn Gordon'. The one with lemon coloured blooms is *Grevillea Moonlight*. This publication remains the authority on grevilleas. At home I have a number of the less exotic varieties including *G. Canterbury Gold*. This will grow to just over a metre tall and two metres wide producing spider flowers of rich yellow.

With the change of season the New Holland honeyeaters have returned to my garden and when they can tear themselves away from the banksias which are also flowering at the moment, they love the nectar produced by the grevilleas which they collect with their long brush-like tongues. Bird pollination by honeyeaters has long been important in the evolution of Australian flora by facilitating outbreeding. The pollen is collected on the back of the head, forehead and cheeks of visiting pollinators. The predominant colour in bird-pollinated flowers is red and thus many of the grevilleas are shades of red to facilitate this. Nectivorous birds though

colour. Grevilleas and banksias are, hands down, the best attractors of nectar eating birds to your garden. So, bring on the nectivores. *G. lavandulacea* I like because of the contrast of the crimson/vermillion flowers against the grey foliage. There are different forms of many of the grevillea varieties and they range from spreading ground covers like the old favourite *G. gaudi-chaudi* which will smother weeds for you over a ten square metre area to the magnificent silky oak (*G. Robusta*) which is a tree growing to fifteen metres tall and with large toothbrush flowers of a rich golden shade appearing around Christmas time.

<sup>1</sup> Trevor Pescott, **The Otway Ranges, Belmont, Yaeger Print 1998**

<sup>2</sup> Peter Olde & Neil Marriott, **The Grevillea Book (3 volume set), Kangaroo Press 1994**

**Doug Williams is a retired gardener and landscape contractor who still makes himself available for consultations and specialised work as well as continuing to maintain his Mobile Nursery. Contact number 0418 522 011**

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Authorised by Sarah Henderson, 3A/195 Colac Rd Waurin Ponds Vic 3216



## This and that

### Corangamite Declaration of the Poll

With the formal Declaration of the Poll in Corangamite taking place in Colac on 21 July 2016, I am delighted to advise that the Liberal Party has won the seat by more than 6,000 votes on a two party preferred vote of 53.14%.

In such a marginal seat, we achieved a primary vote of 46.42% compared with 30.75% for Labor, the worst result for Labor since 1977. The Liberal Party's primary vote in Corangamite is in fact higher than Labor's primary vote in the Corio electorate which was 45.60%.

I am very proud of our local campaign which focused on standing up and delivering for Corangamite jobs, infrastructure and the environment.

We ran a very strong grassroots campaign which also involved many months of phone canvassing and door knocking, speaking directly with thousands of voters about their concerns.

I thank the people of Corangamite for placing their trust in me and commit to continuing to work hard, serving them with determination, integrity and compassion over the next three years

- Sara Henderson, MP for Corangamite

### Surf Coast Arts Trail: August 13 and 14.

The Surf Coast Art Trail takes place the weekend of August 13th and 14th. Come along, meet and discover local artists in their private studios, galleries and creative venues.

Forty one venues are sprinkled across the hinterland and coastal towns of the Surf Coast Shire. Pick up a map and enjoy the varied arts practices of our talented artists. Our rich and diverse talent include jewellery making, ceramics, paintings, sculptures, printmaking, illustrations, graphic designs and animation. You will find artwork for sale, so be sure to grab yourself a locally created masterpiece or two.

For art trail information you can pick up a map from the shire's information centres, local cafes, galleries or art suppliers. Plus you can like us on Facebook for updates. Trail maps are also available online at [www.surfcoast.vic.gov.au](http://www.surfcoast.vic.gov.au)

QDOS' winter workshops have proved popular – Lucy McEachern's Sculpting in Wax sold out, so this is advance notice of Geoffrey Ricardo's INTAGLIO RELIEF PRINTMAKING workshop on Sept 6,7 & 8. Geoffrey Ricardo is a Post Graduate and Masters of Fine Art in printmaking and is a sessional lecturer at Monash University, The Victorian College of the Arts, R.M.I.T. and the C.A.E. details from [www.qdosarts.com](http://www.qdosarts.com) or ring Graeme Wilkie @ 0352891989.

Jay Robinson, Clinical Psychologist, is running a Literary Workshop for the Retired at the Lorne Community House on Friday 12<sup>th</sup> August from 10am – 1pm. At the end of the workshop you will know a little more about yourself, have written (maybe your first) book, and enjoyed some sparkling moments. Gold coin donation.

Light lunch provided. Bookings essential by 5<sup>th</sup> August Telephone 5289 2972.

- A.E.



**The Lorne Bowls Club opens entry to the Presidents Community Cup, sponsored by the Bendigo Community Bank.**

**We are also delighted to announce the return of local culinary identity Luke Morgan to operate the cafe.**

**Below are the details of the competition so please get a team together and join us for the second year of the competition.**

### **LORNE BOWLS CLUB PRESIDENTS COMMUNITY CUP - 2 BOWL TRIPLES COMPETITION**

Each team may have one registered pennant player, the remaining two players and emergency players may be a Lorne Bowls Club member, but not available for selection in any pennant sides.

The Lorne Bowls Club will not field a team.

First Prize \$600 Second Prize \$300

Third \$100 Fourth \$50

Round One – Wednesday 14 September

Round Two – Wednesday 21 September

Round Three – Wednesday 28 September

Play commences from 4.00pm with

8 ends per session.

A coaching session will be available at the

Club on Friday, September 9

starting at 3.00pm

**Contact: Stephen Hishon**

(Chair, Match Committee) 0419 123 695

Entry forms are available online and at the Club and may be sent to:

[stephen.hishon@lornebowlsclub.com.au](mailto:stephen.hishon@lornebowlsclub.com.au)

### **LAWNERS CAFE AND BAR**

The cafe will open on Friday, August 19 and will open each Friday and Saturday nights until the start of the summer season.

Lawners will also open for lunch on the first

Sunday of the month for a Sunday Roast,

beginning on Sunday the 3rd of September.

# From page one

## Performing Arts Festival to ignite the Surf Coast

**FOPA is a three day celebration of performing arts across all genres that will ignite the Surf Coast town of Lorne with a carnivalesque fanfare.**

The 2016 FOPA program is being let out of the proverbial bag and it's awash with some of most exciting artists across the country. With more than 4,000 expected to visit Lorne's spectacular coastline - this boutique festival by the sea will host some of the best cabaret, comedy, theatre, circus and music events, as well as a whole horde of free outdoor performances for kids and families in a revamped Festival Hub.

The world-famous Spiegelzelt will be erected in front of the Mantra complex and will act as a lynch-pin for the festivities.

"For our Lorne Festival, we are thrilled to present a festival that celebrates frivolity, laughter and musical splendour, showcasing artists at the top of their game.

"The talent on offer this year is bound to attract people from near and far and we can't wait to see Lorne hopping with festival fever," said Artistic Director Edwina Lunn.

This year there's an extra reason for Lorne to dress-up, pop open the champers and give cheers as the team at FOPA have managed to source an original Spiegelzelt to provide an intimate, specialised experience for the discerning punters.

With an interior comprising of teak booths, mirrors, stained glass - even velvet - it will indeed be posh!

The Festival kicks off with the FOPA Gala, an evening extravaganza overflowing with snippets and tastes of the festival program.

This is a chance to experience a smorgasbord of artistic excellence that encapsulates a fresh new FOPA fiesta. From comic twerker Tessa Waters to laconic storyteller Phil Spencer as emcees, not to mention Elana Stone of All Our Exes Live in Texas and the junkyard theatrics of The Suitcase Royale, expect music, acrobatics and operatic solos. Tickets to opening night always sell like hotcakes, so the Gala will be repeated on Saturday night to give everyone a chance to experience the fun.

And speaking of fun, why should adults be the only ones to have some? Drum roll please - we hereby present the first ever Lorne FOPA Kids Gala, a family-friendly show bursting at the seams with circus tricks, theatrical wonder and giggles galore. Jacked up on

adrenaline, the FOPA Kids Gala will send some of our younger audience members over the brink of insanity. Think acrobatic hijinx and earth shattering jokes and then times it by 1000 to the power of 16.



A FOPA first, the Drawing Room Series takes audiences into the living room spaces of some of the Surf Coast's most exquisite and historically significant homes. With a limited capacity and an exclusive, up close and personal performance at each address, the Drawing Room Series puts Baroque, indie-folk and operatic arias into some of the most spectacular domestic settings for your absolute pleasure. This very special music series will include a living room drama of operatic proportions: Chamber Made Opera's Turbulence, a once in a lifetime concert at the

newly restored Waverley House by Baroque masters Latitude 37, as well as the opportunity to be wooed and delighted by the most glorious alt-country pair, Miles & Simone in the spectacular contemporary surrounds of the Glasshouse.

This year's Festival jewel is the Twilight Chorus. Guided by the professional voices of Australian indie-folk darlings, All Our Exes Live in Texas, community choirs around the region will join forces to showcase the power of the voice through wind, rain or shine.

Set on the Lorne foreshore, with oceanic musical accompaniment, all voices will combine in a cappella harmony for one incredible community choral event. Spanning all age ranges and genders, the Twilight Chorus dusts the shipwrecked ghosts from Lorne's shores, uniting the community in song, one of the most binding elements on earth.

This year's program includes the quickest wits in funny biz, such as the much-loved comedy legend Denise Scott; one night only with one of Australia's best comedy brains, the cyborg smart and instinctively hilarious Tom Gleeson (pictured); and the pixie love child of Cher and Mr Bean, Tessa Walters, with her multi-award winning physical comedy, WOMANz. And don't forget those purveyors of junkyard theatre and rollicking musical mischief, The Suitcase Royale, who will pepper the FOPA program with late night shenanigans and pop-up appearances.

Direct from indie-folk heaven All Our Exes Live in Texas will make you swoon with sweet harmony, then catch you unawares with their whip-cracking banter and on-stage hilarity. The seductive sounds of Mojo Juju will

headline a free Closing Festival Party, as she sings songs that sound just like that night you can't quite remember, in that bar you swear you weren't at, with that girl you promise you've never met.

After proving to be a huge hit at last year's Festival, our local stars return to FOPA – this time to perform in the School Bands Showcase in the stunning surrounds of the Spiegeltent. Showcasing the wealth of talent overflowing from our coastal communities, expect nothing less than virtuosic guitars, simmering vocals and songs penned by the next generation of musical legends.

“As an artistic team we pride ourselves on our affinity with small communities,” says Edwina Lunn. “Our goal is to present a festival that unearths new talent and shines a light on artists from Victoria and across the country. Our featured artists – Miles O’Neil, a local gent we have dubbed the Torquay Troubadour, of Miles & Simone and The Suitcase Royale fame, and Elana Stone – one quarter of All Our Exes Live in Texas and one half of Hooting & Howling – epitomise our festival fare.

This is a small festival with a big heart, committed to presenting artists who traverse the performing arts sphere.”

**Where: Lorne, various venues**

**Dates: Friday 2 – Sunday 4 September 2016**

**Tickets: Tickets: \$15-38 per show for adults, \$80-95**

**FOPA Gala, \$15 FOPA Kids Gala, \$200**

**FOPA Festival Pass (excludes FOPA Gala and Drawing Room Series) multiple free events.**

**Bookings: [www.fopa.com.au](http://www.fopa.com.au)**

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### How Lions help out

The Lions Club of Lorne Raised over \$90,000 throughout the past year by running an Easter Art Show, Sno cone sales, BBQ's, Foreshore Markets, Christmas cakes, Lions mints, Christmas Carols on the Lorne and other fund raising activities.

A total 100% of this money is used to help the less fortunate in our community and to assist with many other causes: Bushfire Relief in Australia and Canada, Earthquakes, Floods; Hearing Dogs, Eye Health, Licola Village Holiday Camp, Odyssey House, Seeing Eye Dogs, Cord Blood, Spinal Cord, Childhood Cancer, Prostate Cancer, Cancer Council Research, Operation Smile, Teddy Bears for Road Trauma Children and many others.

Lions Centennial Year next year....1917- 2017

- Nelson Knight



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**Men and women are most welcome:**

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# Shire inconsistencies

by special writer Doug Williams

The way the Surf Coast Shire handles developers seems vastly different to their dealings with local residents.

On the one hand there has been the inordinate amount of kerfuffle, politicking and pernicky objections that delayed the construction of the undeniably worthy Lorne Mens' Shed for an unconscionable time (and which continue to be made even after the official opening has taken place). Estimates of the number of emails sent to council over this matter vary between 300 and 700!

All planning and building permits have been in place at all times and strict enforcement has overseen each and every stage of the construction of the building.

Not so however down on the public foreshore on land that while it is managed by GORCC on behalf of DWELPI - who are the controlling body - remains public land. This development is in the penultimate stages and has become something very different from what was initially approved by SCS some eight or nine years ago. Numerous amendments have been approved by the shire planners and the most recent amendments applied for were supposed to have been advertised according to guidelines that would give objectors an opportunity to have their say. These were not advertised in accordance with those guidelines but when this was brought to the developer's attention the Planning Department then needed to remind him of his obligations and extended the period for objections until the end of July and asked him to advertise the proposed amendments appropriately as well as advertising in the Surf Coast Times.

The intention of this latest round of amendments is to make further alterations which are described as "retrospective amendments".

Retrospective amendments have been a regular method of achieving changes to what has been approved during the long course of this development and have resulted in a complex vastly different to that originally sought by the applicants. They suggest a devious approach. For example the once-called "BBQ hut" on the northern end has been established as a full-blown commercial kitchen capable of preparing and supplying meals contrary to the allowance of the VCAT permission (P3408/2007). In another example, the VCAT ruling restricting the number of patrons to 150 people was ignored and the restaurant advertised weddings that could accommodate 300 people. And the number of toilets is manifestly inadequate even for 150 patrons, not including the trampoliners, mini-golfers, swimmers and gym junkies.

Now a massage facility and shops have been added without provision for toilets. Diligent inspection of the plans may well uncover other irregularities and this is the job of the Council Compliance Officer - to enforce compliance. This may or may not now have been undertaken.

And then there is their failure to meet requirements when it does not suit the developers to do so. For instance the plant schedule has not been adhered to. It is 35 trees short of its quota and many shrubs, grasses and ground covers as well. The advertised boardwalk between the Foreshore amenities block and the shops is merely a gravel path and the much touted solar panels that were to heat the swimming pool - for the people of Lorne as it was initially stated by Mr. Landos - have not been installed. (The developer Mr. Landos claimed the shops needed to be built to support and pay for the solar panels so the heating could be achieved. It was their *raison d'être*.) So, three shops to provide an income stream but no panels and no heated pool.

The irony is that these three things, namely the planting, the boardwalk and the solar panels don't need to be installed until two years after the completion of the project (I'm not clear why), a project originally slated to take five years but, with extensions, has dragged on for eight. Surely Council could be saying to him "OK Mr Landos, if you meet your obligations in this regard we will examine any amendments you may put before us." Or, "When you comply with your current requirements we will consider your proposed changes." This hasn't been asked for apparently. The tail seems to be wagging the dog here. The pool complex has clearly long been finished, so the plants should be installed.

As a result on the one hand we have SCS spending many hundreds of man hours (sic) and ratepayers' money to placate two serial objectors at the expense of a worthy community and social project in the Mens' Shed, and on the other hand letting the public and ratepayers down by allowing a developer to ride rough shod over them on a location that is prime foreshore land in the public domain.

The big problem here seems to be lack of scrutiny by the SCS, GORCC and DWELPI. In failing in this they have helped completely exclude the Lorne residents from what was once a magnificent community asset and allowing someone who plays no part in our community life to frolic in his own private domain. I mean originally he was not even permitted to indulge in a sub-lease, now he has a number of them. Originally, of course, this was a community asset - remember the Lorne Memorial Swimming Pool?

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**VISITING LORNE WEEKLY**

# Thousands of bicycle riders once again hit Lorne and the Surf Coast in September for the 6th annual Gran Fondo

Lorne will once again be flooded by more than seven thousand people over the weekend September 10 and 11 with Wiggle Amy's Gran Fondo this year starting from Lorne – the route will take the main ride up the steep road to Deans Marsh, then Forrest before descending to Skenes Creek, Apollo Bay, then return along the Great Ocean Road back to Lorne.

Lorne will in effect live and breathe lycra and bicycles from Friday September 9 to Monday September 12.

As in previous years, there will be staggered road closures for brief periods in Lorne at the start of the race, and at various sections along the route. And there will also a bicycle expo on the Lorne foreshore.

The Gran Fondo initially started at Apollo Bay but over the last years was subject to some criticism though the Patron of the event, Simon Gillett said that the town felt it could not handle adequately an event the size of the Gran Fondo.

Mr Gillett however said that the economic benefits of the Gran Fondo to the whole region would be more than \$21 million. The figure would include business to traders, accommodation facilities and Australia-wide publicity.

One positive outcome for Lorne will be the installation of two solar panels, one at the start of the Deans Marsh road in Lorne, the other in the region of Benwerrin.

The two warning signs – they are very bright and have red central panels – light up when a car passes over a device which will activate the sign further on, warning that cyclists are on the road.

The two signs, which cost VicRoads \$38,000 each will remain permanently on the Deans Marsh Road.

At a recent Gran Fondo media briefing, comments were made on how bad conditions on the Deans Marsh road are at this time of the year, with a great many potholes, vegetation on the side of the road, also fallen forest debris.

Fundraising and proceeds from the Wiggle Amy's Gran Fondo will be re-directed back into cycling safety research, advocacy and especially bicycle education campaigns and programs such as the AustCycle programs.

This year, over \$5,000 has been raised under the Great Ocean Road Cyclists Bushfire Appeal.

- JV



**Great Ocean Road Cyclists' Bushfire Appeal, from left, Patron Phil Anderson, AGF CEO Phoebe Dunn and chairman of the Spirit Foundation, Councillor Clive Goldsworthy.**

## Erskine River Watchers

LorneCare provides monitors to both the EstuaryWatch and Waterwatch programs run by the Corangamite Catchment Management Authority (CCMA).

CCMA's EstuaryWatch Coordinator, Rose Herben, recently hosted a lunch at Lorne's Pier Restaurant, primarily to acknowledge local identity Ulric Orr's dedicated service to EstuaryWatch as the Erskine River monitor since the program started in 2007.

He was presented with the CCMA's Certificate of Appreciation together with copies of some of the most memorable photos that he took for the database while monitoring.

Also receiving certificates were Jenny Cerins, who has been monitoring the St George River estuary for a similar period, and Michael Callanan (in absentia) and I who have been assisting Ulric.

Our new Erskine River monitors, Juliet Beatty and Don Creaves were welcomed at the lunch.

LorneCare's Waterwatch monitor, Gary White, was present and received a certificate for his six years of diligent monitoring.

This gathering proved to be an excellent forum for interaction between Waterwatchers and EstuaryWatchers, particularly about changes that they have each observed in the rivers and estuaries over time.

These programs are valuable extensions of LorneCare's more visible activities.

- Alain Purnell

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As the Goddess spreads  
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## Two plays on the same night from the APA

The latest production from Anglesea Performing Arts – two plays performed on the same night – is yet further proof of the enormous thespian talent available on the Surf Coast with Lorne’s own Iris Walshe-Howling inspiring and motivating APA with her background in professional theatre.

Performed at the Anglesea Memorial Hall, the current offering was “Some Girls”, a delicious, astute and provocative play on the effects of relationships and subsequent breakups, and “Just Far Enough”, a witty, perceptive and quite sophisticated comment on friendship and life in the suburbs.

The two short plays, and the tactical knowhow involved in staging both on the same night is again a good demonstration of the flexible expertise of the group – past performances included classical plays as well as contemporary themes off the pens of playwrights from Australia and overseas.

Who will ever forget the classical lushness of the ‘Medea Project’, or the haunting, almost supernatural interpretation of Federico Lorca’s ‘The House of Bernarda Alba’ with its black clad players and almost palpable atmosphere of horror and death?

Other thought provoking plays included Austrian Peter Handke’s ‘Self Accusation’, ‘The Rain’ by Daniel Keene and the stunning bag-lady, played by Iris herself in ‘All Souls’; she actually also directed the play.

The Group offered more entertainment in ‘Mrs Thally F’ by John Romerril and the sombre ‘Golden Leaves’, a most moving piece about near-death experience, written and directed by musician and wordsmith Kirstin Honey.

Lorne does not have its own theatre ensemble, but it



does have any number of denizens interested in theatre, as participants as well as enthusiastic supporters so it makes sense to give support to the Anglesea Performing Arts (APA).

Long-time Lorne resident Iris Walshe-Howling (pictured above) is a legend, associated with the founding of La Mama’s, then later at the Pram Factory, and a superb actor in her own right. She has been very pro-active in encouraging the APF to “reach beyond their clasp” since she and husband Bob Walshe-Howling and family moved down to Lorne some years ago.

Tertiary trained actors such as Genevieve Roberts, who has unfortunately now moved away from the Surf Coast,

as well as another Lorne theatre person, Lina Libroaperto, thrived under Iris’ mantle as artistic director.

Torquay’s Steven Georgiadis came to notice through his performances at Anglesea’s One Act Play Festival and is now firmly linked with APF, as is Nikki Watson, Julie Fryman, Philip Besancon and newcomer Natalie Parker.

Melinda Chapman contributes to APA as a writer. Unfortunately, two other prominent members of APA, Valda Connolly and Heather Weiss have also moved away from the Surf Coast.

And yes, Iris and husband Bob are parents to award-winning television and film actor Damian Walshe-Howling.

The Anglesea Memorial Hall in McMillan Street is a most suitable venue for this group of players but it would be more than a good thing if Lorne saw some of the performances, perhaps at the superb and very modern Cumberland Theatre.

There is hope for the future.

- JV

There will be a performance of REVeLATION on Friday and Saturday, August 5 and 6, at 7.30pm and a Saturday matinee at 2.30pm.

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## Love your liver

Globally, the impact of hepatitis B and hepatitis C is staggering. The World Health Organisation (WHO) estimates 500 million people to be infected with hepatitis B or C, Worldwide. These viruses kill 1.5 million people a year; 1 in every 3 people has been exposed to either or both viruses and most infected people do not know about it due to dormant symptoms. In Australia, approximately 225,000 people are living with chronic hepatitis B and more than 226,000 Australians are living with chronic hepatitis C.

The liver is our largest internal organ – and in some ways, the most complex. Hepatitis means inflammation of the liver – from any cause. Hepatitis C is transmitted via blood-to-blood contact and unlike other common hepatitis viruses A and B, there is no vaccine available to protect against hepatitis C. Prevention strategies, managing symptoms and reducing the risk of liver damage are critical.

There are many very good reasons why we should look after our liver but generally we do not treat it well. Instead, we constantly put it under stress, with alcohol being one of the worst offenders. Other medicines (including complementary and alternative medicines) and other substances also have the potential to cause liver problems.

In 2008, the first World Hepatitis Day was launched by the World Hepatitis Alliance, in response to concerns that chronic viral hepatitis did not have the level of awareness, nor the political priority, seen with other communicable diseases such as HIV/AIDS, tuberculosis and malaria.

The aim of World Hepatitis Day is to improve levels of liver health literacy, knowledge of viral hepatitis within the general community, to break down barriers such as stigma, and create more positive attitudes towards those living with viral hepatitis.

Love your Liver was launched in 2011 by Hepatitis Australia. It is a 5-year health promotion campaign with the long-term aim of normalising viral hepatitis and portraying it as a health condition without moralising.

The Love your Liver campaign provides a safe and non-threatening platform to start conversations with the general public about viral hepatitis. Everyone has a liver, and therefore potentially has some interest in liver health.

To look after the liver, a healthy diet is a high priority. You should also build regular light to moderate exercise into your routine. Alcohol intake should be limited and if you smoke, talk to your pharmacist for assistance with quitting.

Special subsidised antiviral therapy is available under certain criteria for people with confirmed hepatitis C infection. However these medicines are potent, with possible interactions and side effects. Talk to your pharmacist about antiviral therapy.

Muscle and joint pain, and pain in the area of the liver, is frequently a symptom of hepatitis C, and the appropriate use of pain relievers needs to be considered. Paracetamol and non-steroidal anti-inflammatory pain relievers can be used (not exceeding the recommended doses, and not in advanced liver disease). Heat packs and massage are also effective non-pharmacological options. Skin moisturisers, lubricating eye drops and saliva substitutes are also helpful to relieve the dryness caused by hepatitis C, and you can find all of these products in pharmacies.

World Hepatitis Day usually fall during the middle of the year, so consider what changes you can make to improve the health of your liver. Your local pharmacy is your health destination. You can get more information about hepatitis B and C from pharmacies around Australia delivering the Pharmaceutical Society of Australia's Self Care health information. Self Care Fact Cards available from these pharmacies include topics such as Alcohol, Staying a Non Smoker and Weight and Health. Additionally, many pharmacies also offer services to assist people with quitting smoking and losing weight.

- John Bell



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# Lorne Beach Books

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New Andy Griffiths book, **78 Storey Treehouse**, released 9th August



**Brett Whiteley**  
Art, Life and the Other  
Thing Ashleigh Wilson

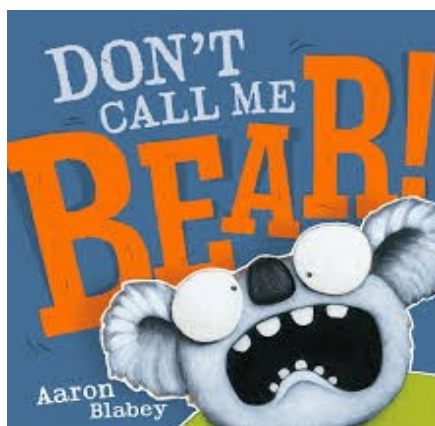
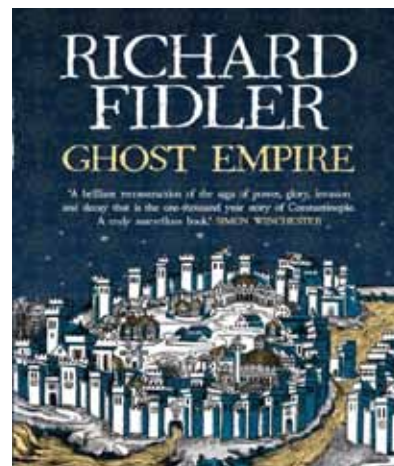
'With relentless precision, Ashleigh Wilson has provided a peerless grasp of the life and genius of Brett Whiteley. This storied journey of one of Australia's most mercurial twentieth-century artists will be impossible for the reader to put aside until it is finished. It is the dispassionate biography Whiteley has long needed: a career clarified from the brilliant clouds of myth.'

Barry Pearce, Emeritus Curator of Australian Art at the Art Gallery of NSW

***Brett Whiteley: Art, Life and the Other Thing,***  
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Ghost Empire is a rare treasure, an utterly captivating blend of the historical and the contemporary. In 2014, Richard Fidler and his son Joe made a journey to Istanbul. Fired by Richard's passion for the rich history of the Byzantine Empire - centred around the legendary Constantinople - we are swept into some of the most extraordinary tales in history.

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Meet Warren, the koala.  
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