

LORNE INDEPENDENT

\$2

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Finally, some real action on Lorne's cockie problem

Lorne's Men's Shed has been busy planning an almost military-style assault on the town's garbage bins to safeguard them against our cockies by fitting gravity locks on all.

Small teams of Shedders will be a common sight around Lorne as they move from house to house to fit the locks.

Sulphur crested Cockatoos have been a pain to residents for some years by opening bins and scattering the content, leaving unsightly rubbish often for days, if not weeks, especially when non-permanent residents and visitors fail to collect the bins promptly.

The Lorne Men's Shed was awarded the contract to fit the locks by the Surf Coast Shire – valued at some thousand of dollars – with the installation planned to be completed by June 30 next year.

The locks are of course free to all ratepayers.

All Shedders taking part in the project have been briefed on lawful procedure - locks will be installed while bins are at the front of properties on bin collection day on a rolling schedule.

Many bins have already had blocks of wood screwed to the underside of the lid by residents and these will be removed to make way for the locks.

Lorne residents can use a key to unlock the lid when placing their waste bags in the garbage bin for the weekly collection.

Lorne has declared 'war' on its cockie population. The Men's Shed recently was a hive of activity as Surf Coast Shire officers briefed volunteers on strategy to fit gravity locks, and what they could and could not do when working on the bins on private property.

Above, the SCS's Mark Dahlhaus with Shedder John Tuck check, tools and on the right Shedders Don Baldwin (left) and St John Sutton, work out the best way to distribute volunteer workers with Mark. The Shedders will fit the locks in teams of two or three and have been briefed on the correct way to work on private property.

Story continues on page 16



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The Lorne Independent Inc. is produced on a non-profit voluntary basis and, as a newsletter, seeks to give in its pages open access to the community. It is important to note, however, that opinions expressed by authors of articles are their own.

Advertising and publicity for community events is free, and all other contributions are most welcome. Supplied copy and pictures must bear the name and address of the author and/or organisation.

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Carols on the Lorne poster competition



Every year, the Lions Club of Lorne organises a poster painting competition among P-12 students to highlight Carols on the Lorne. This year, the winner was Kira Hollmer with Zaiya Kovacic second and equal third, Pem Hack and Aaron Griffiths. Pamela Plum with the children above, organised the competition.

More details on Carols on the Lorne, and other Lions Club of Lorne activities on page 20

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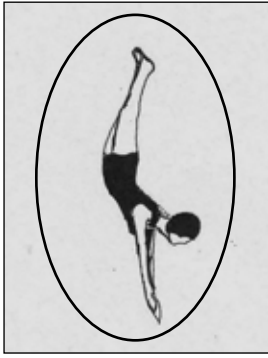
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GO WHERE THE TRADIES GO

The Louttit Loop



Don't mention the rain and no whinging about the relentless October wind. But the plague of mosquitoes rates a few grizzles – not only active in Lorne – shocking in Melbourne as well. Hopefully they'll be tricked into entering the summer fly catching hanging gadget on the verandah. Empty or move the dogs water and also the flower pot saucers – they love water. Weird to find that only the females bite, and that when they

lay their eggs they deposit two piles – each of around 250 potential new little mozzies. The Italian word for mosquito is beautifully expressive – ZANZARA – or for more than one – ZANZARE. The Z is sounded somewhere between a “ts” and an angry spit!

Senior Lornites will remember well the Otway St Riding school on the last remaining in-town paddocks, and best of all the owner – Shirley Babington. And now this iconic Monarchist and very proper lady has passed on. Miss Shirley Emily Babington was the last of her generation – outliving her siblings Edward, Erwin, Beryl and Maureen. But worry not – at the latest headcount there are ten in the next generation and twenty in the one following that – mostly in Colac – but Lorne has its own iconic Babington! Yes – the amazing Ed! Shirley is the latest arrival at the big party of recently deceased Lorne folk gathered in the wherever hopefully sitting round the ethereal campfire with a cuppa. Bless her.

When one travels in Australia and calls to Info Centres it's fantastic to meet an enthusiastic local who shares the whereabouts of 'secret' favourite local spots. So it is at Lorne Visitors' Centre. And to recommend treats further afield on the GOR route is a delight for all. So it is with those 'doing' the Twelve Apostles. For example – to travel beyond Port Campbell there are so many tempting signs and so little time - but 'The Grotto MUST not be missed' is the advice. Further on the often-deserted Killarny Beach is a well-kept secret. Until now! Mostly deserted with safe swimming in the turquoise, sheltered ocean with a small protective reef off shore. BUT The Age reports that this 20km of shoreline is in uproar since racehorse Prince of Penzance was reported as training on the beach and in the dunes. Now the car park is full of horse floats, impacting on the environment and the tempers of bathers and fishermen. The Belfast Coastal Reserve Action Group has been formed so let's hope things soon return to normal, especially for the darting tiny red-eyed, black headed Hooded Plover nesting on the sand!

The Lions Club of Lorne has sadly announced the passing of member Cherry Saw who was the first lady to join the Club. When Cherry first came to Lorne as a close friend of John Alsop, she threw herself into the many voluntary situations in a low key manner and was a fantastic asset to all. Even after she left Lorne, Cherry still returned to help run the annual Easter Art Show. Cherry loved to read, was extremely compassionate, a great friend, and in her previous life loved to dress 'to the nines' and go dancing. Those who knew her and loved her are asked to raise a glass of bubbles to the memory of this wonderful woman.

One of our newly widowed ladies organized for a youngish guy to split a pile of firewood for her. She was delighted and grateful to arrive one ffffreeeeezing day and find the job done! On ringing Mr Young and Fit, he apologized for not getting round to it. Okay. The beautiful Lorne Community at work once more. Please fess up? And thank you!

Spotted on the rear of a Wicked Camper – “A FOOL AND HIS MONEY ARE SOON ELECTED!”

All those on the books of the Lorne Men's Shed are invited to a morning tea with the very generous Op Shop volunteer workers who donated so much to the Shed to make it happen. When? 10.30 on Wednesday 23rd November at the shed itself.

LorneCare advises that the Corangamite Catchment Management Authority Waterwatch Program is organizing a field day on Tuesday 15th November meeting at the entrance to Kia Ora Caravan Park at – wait for it – 8am. There will be sampling of water for bugs etc. over a 2km length of the Erskine River, to correlate these with water quality. The day will end with a provided lunch at 11.30 so please RSVP to Deidre Murphy on 52249408 before Wed. 9th November if poss. (Thanks to our local dudes Gary White and Alain Purnell)

With all the terrible stories about our long suffering mates at Separation Creek and Wye River, it was heart-warming to read of local hero and school bus driver Roy Moriarty parking the bus on the Sep. Creek side of the road closure and walking his brood of Lorne school kids over Paddy's Path to get home, and back in the morning!

Billy Raskatos was leaving 'contact me' messages for Hadyn Rickey all over Lorne and Anglesea - the Rickeys' were on a week's holiday in Bendigo. The reason? Stephen Raskatos had caught a 120kg blue fin tuna. Billy had smoked some of it and a big parcel of fish was waiting for Hadyn to pick up in a certain shop in Anglesea. Imagine the surprise when they got back from their holiday.

Lucky new owners of what will probably always be called Joe Saba's house in North Lorne. One of THE most minimalist houses ever, the last owners made some awesome changes in the way of decks and wooden pathways, but retained the built-in dining table and built in lounge suite surrounding the central fire place. A very special spot with an awesome view.

Don't forget Anglesea Golf Course if you have overseas visitors staying. Their "Roo Tour" six seater 'stretch' golf buggy takes visitors up close to grazing or resting roos. Since starting the tours in July 2015 more than 7500 visitors from 52 countries have loved it. At \$10 for adults, \$5 for kids, or \$25 for a family – well, go figure! Lorne's resident roos are breeding in the usual rapid manner and are also a feature of our hilly but glorious golf course.

A delightful large group of relatives of the Grange family descended on Lorne in October for a nostalgic farewell to the family motel – Ocean Lodge. They came from almost every State and many had great memories of living in or holidaying in Lorne at the Lodge. They reported that developers have purchased the fantastic property and in 2017 'work' will begin. Still plenty of time for you to book a 'thanks for the memories' last holiday.

A message has been received for locals: "I wish to thank, very much, all the people who sent me flowers, cards and made phone calls over the last few months. Also, many thanks to the physios who have worked wonders with me and to Brock and his team at Lorne Nursing Home for their wonderful support and encouragement. We should be very proud of our Hospital and Nursing Home. Many thanks once again. Neita McConachy."

Don't forget – please support our local traders and amazing new work-in-progress supermarket. Christmas shopping in Lorne needs to be seriously considered this year so take a wander with your list and be surprised at this win-win relaxing experience.....**Lillian**

LorneCARE News

- caring for our environment

Joining in a LorneCare working bee is a practical way of learning about Lorne's magical environment and showing your love for it.

This month we expect to be working along the beautiful Lorne foreshore starting at:

10am on Sunday, November 20

For the exact location see the Community Noticeboard outside the Post Office during the previous week.

A barbeque will follow the working bee at about 12.30pm.

For more information about LorneCare contact:

Alain Purnell Tel: 5289 2906

Mobile: 0417 031 905

Michael Callanan

Mobile: 0408 891 886

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Lorne - a place of natural beauty and special significance

Don't be a wimp and get into shape!

Aquatic exercise is recognised as one of the best ways to get your body into shape and though Lorne's ladies are taking advantage of a regular weekly session at the fantastic Mantra pool, our men folk it seem are not that keen.

Body image is said to be at the core of male reluctance. Well, let me personally assure you, splish-splashing under the qualified guidance of Evelyn is painless, invigorating, and absolutely healthy, and don't forget the ladies will show you theirs if you show them yours.

Hey guys, don't worry about that all-too-obvious bulging midriff, the muscles that could be tighter, or indeed if your breath is a bit short.

Everyone understands!

If you're so worried about body image, wear a t-shirt, cover yourself with a towel until you get into the water, or just ask us all to look the other way as you make your way from changing room to the pool ...

Be a man and not a fool

**And join Evelyn
and the other boys and girls**

At the Mantra pool.

Thursday, 12.45pm at the Mantra.

Be there!

Contact the Lorne Hospital 5289 4300

- JV

Lorne Independent

Our much heralded and enthusiastically promoted tourist 'icon', the Great Ocean Road, is in big, big trouble.

With constant and steady rain falling recently, there've been an estimated 150 landslips, mostly above the road, and of course the major problem at Wye River and Separation Creek had closed the road for short and long spells.

The impact of the closures, plus the significant wear and tear by the destabilisation of the road itself, tourism and especially business of the small traders along a good section of the GOR and Lorne has been quite dramatic with a near catastrophic fall in business.

Simon Ramsay, MP for Western Victoria, told the Victorian parliament recently that after driving from Peterborough to Anglesea, a 184-km trip which took 4.5 hours due to closures and speed restrictions, he estimated that business was down by at least 50 to 60 percent.

Mr Ramsay's media release was just one of many from politicians to the Lorne Independent citing the need for repairs and upgrades which basically means money.

In the true traditions of all parliaments around the world, each of the politicians is laying blame on others.

The GOR needs money, a lot of it, to fix and upgrade many parts of it and for whoever the authority is, to do it soon.

The Great Ocean Road has already suffered, in addition to its physical woes, a down-turn in reputation – tourists and other travellers are not going to risk coming down the road if their commitment in time and effort might not result in their expectations.

Almost continuous road works, uncertainty about ease of passage, frustrating speed indicators, and a host of other irritants do not make for happy holiday touring.

More than one politician has pointed out the scandalous situation of the lack of toilets at the giant Memorial Arch with often dozens of buses, cars and motor bikes parked, and men, women and especially children heading for the low bushes for relief.

The stink on a warm day is nauseating – a real fine 'hello' to the start of one of Victoria's and indeed Australia's finest tourist attraction.

It's a well-known fact that once credence, attractiveness and reputation has been lost, it's a damn hard job to get it back.

As the squabble between politicians seems to be mainly about who has the money to fix the GOR good and proper, logic indicates that perhaps a toll of some sort might be appropriate, especially from those huge tourist buses that chew into the road surface.

But politician after politician has thrown up their hands. Oh heavens forbid! Not a toll!

What's behind this no-no attitude is that nearly all State and Federal seats in this part of Victoria are held by the slimmest of margins.

Pushing for a road toll might just lose them their seats; tough decisions in politics are always dangerous!

Dangerous to themselves!

- Jo Vondra



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WELCOME TO ERSKINE DREAMING

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It's on again - another campaign to reduce wild rabbit population and this time Lorne is included

A new virus known as RHDV1 K5 will be trialled next year across 15 sites in Corangamite in an effort to significantly reduce rabbit populations and their devastating impact on agricultural production and native ecosystems.

The sites are as follows: Bambra, Batesford, Bellbrae, Birregurra, two sites across the Bellarine Peninsula, Jancourt East via Cobden, Lorne, Mt Duneed, Queenscliff, Rokewood and surrounds, Shelford, Surf Coast Shire Council, Tanbryn and Torquay.

It's been 20 years since the last rabbit biocontrol was release in Australia.

A feature of the campaign is that a RabbitScan mobile app is now available to enable people to contribute to the national data set.

Federal Member for Corangamite, Sarah Henderson, has welcomed the support from local residents who helped to identify potential trial sites for next year's release of the virus that scientists and landowners hope will significantly reduce rabbit populations

"Australia has a good track record when it comes to the biological control of rabbits. When we first released rabbit haemorrhagic disease virus in 1995, populations had multiplied to around 600 million, and we managed to reduce this by 98 per cent in arid areas," Ms Henderson said.

"This built on the massive reductions achieved in the 1950s from the release of the myxoma virus, which killed more than 85 per cent of Australia's rabbit population," she said.

Rabbit populations are on the rise again, however, and a coordinated effort is needed from all levels of government working with researchers, industry and local communities to address this pest problem.

The release of RHDV1 K5 is part of the Australian Government's \$1.2 million commitment to assist in the research and development of new rabbit controls.

Areas with high rabbit density were a priority in the site selection process, which aims to achieve maximum coverage and provide the best outcomes through a broader spread of the virus.

Ms Henderson said it was unfortunate Australia had such a large rabbit problem, but welcomed the announcement that sites in Corangamite had been selected as part of the national program to protect local industry from these types of pests.

"RHDV1 K5 won't kill every pest rabbit, but it is the best option to address population resistance to existing RHDV strains and tackle this pest problem on a national scale," Ms Henderson said.

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5277 2152.**

"Rabbits are a real problem in our local community and cause an estimated \$206 million in lost national production each year.

"I ask that local residents remain vigilant by reporting pest sightings to authorities and by recording and mapping rabbit activity in their area using the RabbitScan mobile app, which will be used to monitor the effectiveness of control measures."

Information entered in the app will provide essential data to land managers undertaking follow up controls once the RHDV1 K5 virus has been released.

RabbitScan can be downloaded from www.rabbitscan.org.au

For more details about the RHD-Boost project, visit the Invasive Animals CRC website www.invasiveanimals.com

- Media release

The honey trap

Interest is starting to gather in and around Lorne to make our town well-known for its delicious, rich and very healthy Otway-inspired honey.

A group of amateur apiarists and people just interested in learning more about bee keeping and the process of making honey recently gathered at Lorne's Community House to hear inspirational John Edmonds talk about a whole range of issues associated with honey production.

The group met in the afternoon and local Lorne identity, Laurie Knight provided refreshments.

One of Australia's biggest honey producers, John Edmonds from Mt Duneed talked about the range of honey varieties that Lorne, nestled at the foot of the Otway Ranges is able to produce.

Locally produced honey is only lightly strained and settled, and contained pollen grains which are said to be good for a range of health benefits, including building up people's resistance to allergies.

The meeting discussed the possibility of forming a formal Lorne bee keepers club and perhaps marketing honey to identify it with the region.

Contact information: John Edmonds 0412 735 179 or Laurie Knight 0408 898 955. - JV



John Edmonds showing the honey comb inside a hive. He operates over a thousand hives spread throughout Victoria



News from our Councillor for the Lorne Ward

While awaiting the results of the elections of councillors for the Surf Coast Shire, Clive Goldsworthy took his family over to the United States for a much-needed break.

This is his report:

After a fantastic trip driving 3,500kms throughout California it is great to be back home, a place that at times you need to leave to really appreciate just how lucky and privileged we are to live on the Surf Coast

We visited a number of iconic landmarks including Yosemite National Park, the Grand Canyon, Death Valley, Los Angeles, San Francisco and the iconic Pacific Coast Highway including Big Sur.

A few interesting observations along the way :

- The solar Big Belly bins are all over the State and tourist precincts, hopefully our Lorne bins will be installed in the near future.
- The beaches along the coast are impressive but don't compare to our pristine coast where the tides wash our sands daily. After heavy rain, health warnings are issued for many of the beaches which can be closed for up to 72 hours from contamination of the rain run-off into the sea.
- A disturbing statistic that was quoted to me was 25% of the US population i.e. 75 million received Veteran payments either directly or indirectly for their dependents.
- We observed that our International drivers along the Great Ocean Road are consistent with their driving techniques even in the northern hemisphere especially along the Pacific Coast Highway.
- We experienced fantastic service levels in all aspects of our travels.

A major highlight of our trip was in San Diego, we had just sat down to dinner at the front of an Italian Restaurant when I looked out to the street and observed a well known Lorne family sizing up the menu. It was great to share a meal and companionship from Lorne.

Having returned to Lorne I am now looking forward to my next term on Council, which begins on Wednesday 2nd November.

**Cr Clive Goldsworthy,
Lorne Ward,
0400 756 854
lorneward.information@gmail.com**

Help wanted to bring out Lorne Independent

**Have you ever thought of joining the
Lorne Independent team to bring out our
monthly community newsletter?**

**We are looking for people who like to write,
draw, take photos, and take a pro-active
interest in community affairs.**

**Age is no handicap and experience is
irrelevant - all we ask is for a bit of enthusiasm
and dedication.**

**We are especially interested in volunteers who
might have know-how in computer technology
and if you have any experience in layout you
would be**

**considered to have been sent from heaven.
Just remember though the Lorne Independent is
not a vehicle to sprout your own message,
prejudices or obsessions.**

**Why don't you give editor Jo Vondra a call and
have a chat.**

**He promises not to bite!
5289 1344**

Lorne Ward is unique in the make-up of the Surf Coast Shire council

Clive Goldsworthy was the only person to be nominated for the Lorne Ward which include both residents of Lorne and Deans Marsh.

Nominating to stand as councillor, Mr Goldsworthy however enjoyed the full support of Lorne's premier community group, the Committee for Lorne as well as that of other organisations such as the Lorne Football and Netball Association, the Lorne Bowls Club, the Stribling Reserve Committee, and the Lorne Historical Society.

Lorne is unusual to the rest of the Shire in that only one councillor represents rate-payers and general residents.

Torquay Ward, for instance, has four councillors, and two each to Anglesea and Winchelsea Wards.

Mr Goldsworthy has represented the people of Lorne and Deans

Marsh over the last term of the council and has won the trust and respect of ratepayers by his financial know-how (he comes from an international finance and business background) and by his enthusiastic participation in nearly all aspects of community life.

Votes for the Surf Coast Shire have been counted as this edition of the Lorne Independent goes to print, and a media conference has been called for the first week this month to introduce the newly elected councillor.

- JV



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Sportsbriefs with John Ford

What a Marathon

It's been a busy couple of weeks for Lorne runners Geoff Couper and Dan Walding. In September they teamed up with former Lorne resident Rohan McDonald to run the teams division of the Surf Coast Century in Anglesea, and one week later backed it up with the famous Medoc Marathon in France.

The Surf Coast Century is a 100Km running race that does a figure eight loop from Anglesea to Point Danger, then back to Moggs Creek before finishing in Anglesea. For the true running maniac it can be done in a solo 100Km mode (which Rohan completed in sub 12 hours in 2015!) but this year common sense prevailed with Rohan doing 'only' legs one and two (50 Km), Dan doing the 27 Km leg three and Geoff bringing it home for the final 23 Km.

Competing as 'Lorne Stars', the team finished a respectable 16th position. Not bad for a warm up run!

With six days between races it was off to the Airport where Dan, his wife Lila, and Geoff headed to France. The trip got off to a hilarious start at the train station in Paris. While Geoff walked down the steps from the platform, Dan and Lila took the lift with a French couple where it promptly got stuck with no way out. It was half an hour before the fire brigade arrived and rescued them all. It was a bit of excitement but not definitely as romantic as in the movies!

They took the bullet train down to Bordeaux, a fantastic city on the Gironde river near the Atlantic coast and home to some of the best red wine in the world. Just one hour from the coast and about three hours from the mountains, it's a brilliant city full of windy lanes, funky bars, paved streets and romantic apartment blocks. The receptionist and the hotel lamented to Geoff that a three-bedroom apartment in the centre of town is sooo expensive, about 400,000 euros (565,000 Australian dollars). Compare that with Lorne prices!

The Medoc Marathon is billed as 'the slowest Marathon in the world', which would normally not be the kind of race that you'd fly half way around the world for. However the reason for the slowness is due to the race being run in fancy dress, with wine handed out at every drink station!

Every year the theme of the race changes, with 2016 being 'Myths and Legends'. Geoff went as Dracula and Dan as a Convict (which as all Aussies know is both a myth and a legend). Although not running, Lila joined the support team dressed as a policewoman (to capture the escaped convict). It looked fantastic. **(Just look at them grinning in the photo above).**

In true French fashion, the night before the marathon was not spent with an early night preparing for the race. It was spent at "little" Chateaux in a vineyard where thousands of the runners were hosted by the Mayor of the town for the "Night of 1,000 plates", an evening of French food, unlimited wine

(!), music and fireworks. The event finished at midnight and then another hour on the coach back to Bordeaux. It was not the most orthodox of Marathon preparations, but Medoc is no normal Marathon.

Four hours later and it back to the coach at 5:30am for the trip to Medoc. There were a group of female Vikings from

Norway, a man in a ballerina costume, Crocodile Dundee, the Mario Brothers, Bilbo Baggins, Snow White, and some Roman Centurions.

A Marathon is 42.195 Kilometres and Olympic runners take just over two hours. Anyone who can run under 3 hours is a really good runner. Usually Marathons are serious affairs with people anxious about running a personal best or just making it to the finish line alive. Medoc is not serious and if you finish in less than 4 hours you really aren't doing it properly. It's still a darn long way to run though! The start saw 10,000 people trot off beneath the start gate in fancy dress. The only rule being to finish within 6 and a half hours.

The course began on bitumen in the town of Pauillac but soon zig zagged on dusty dirt tracks between the vineyards. Every few kilometres the course would head into the yard of an enormous chateaux where the staff would hand out cups of wine, French cheese, cherry tomatoes, sugar cubes and even for the teetotaler, water! Sixty Chateaux and 42Km later the course came back to Pauillac, with the final drink station offering steak and oysters. Dan finished in 4:24 and Geoff in 4:41. The winner did it in 2:25 and really should be ashamed of himself. At the finish line they received their finish medals and a bottle of wine each. What a way to run a marathon. If you only do one marathon in your life, this is the one to do!

- Article by Dan Walding

Golf Report

The weather has continued to interfere with the play of our regular lady players this month. A number of Tuesdays, golfing has been replaced by a get-together coffee at Kaos! Several golfing competitions, in which we were to play, were cancelled due to flooding of the courses: Barwon Valley, Colac and Winchelsea; also Apollo Bay was affected by road closures. It was suggested we might need to hold Swimming Competitions instead! Four ladies competed in the 4BBB during the Torquay Open Week; despite a windy day we managed to finish without rain.

We hope November's weather is kinder to golfers, so we can all play regularly again especially as the Open Week runs November 3rd to 6th, (phone 52891267 for further details).

The Ladies Club Championship has been rescheduled to November 15th, 22nd and 29th, play starting at 9am.



Newcomers are always welcome to join our friendly, supportive group of lady players. (Phone Lesley or Wendy as below).

Golfing Clinic Newcomers are also welcome to join us for a 4-session clinic at Lorne Golf Club, run by professional coach (from Colac Golf Club) Vicki Thomas. Vicki has a relaxed, encouraging style and we all gain lots of valuable hints to improve our golf in her clinics, along with a number of laughs!

Clinic dates: Monday 14 and 21 November, then Thursday 24 November and 1 December at 1.30. Equipment is supplied.

You can pay as you go if you cannot commit to the four sessions.

Phone Lesley Goldsworthy 0437 028 169 or Wendy Hutchison 0419 878 089 for further information about Lorne Ladies Golf, including lessons.

**Happy hitting
Wendy Hutchison
Lady Vice President**

Third Award For Jack

Lorne's Jack Steven has won his third Best and Fairest Award for AFL Club St Kilda after an excellent 2016 season. He won the award ahead of second placed Jarryn Geary and Nick Riewoldt third. Jack also won the award in 2013 and 2015. He was a crucial player in the Saints climb up the ladder - also polling well in the Brownlow Medal. He is a favourite among Saints fans and is highly respected by all football followers. Well done Jack!

Remember to tell us who you would like to see in Sportsbriefs!!! Articles to John Ford at 35 George St, or email to byswerdi2@bigpond.com

News from the Lorne Aquatic and Angling Club



**ANNUAL GENERAL MEETING
SATURDAY 3RD DECEMBER 2016**

LAAC Clubrooms – 5.30pm

**Notice is hereby given of the upcoming
AGM of the Lorne Aquatic & Angling Club.**

**Anyone wishing to nominate for
the General Committee**

**is invited to collect a nomination form
from the Club.**

**Presentation of Annual Fishing Awards
will follow.**

Commodore's notes -

After a very wet and windy month and the associated problems with the Great Ocean Road, our Club continues to trade and cater for the needs of our members & their guests.

Unfortunately, our fishing competitions have been plagued by the same bad weather and the numbers of competitors and the number of fish weighed in have been minimal. Congratulations to those who tested their skills against the elements.

Committee News.

- A great afternoon was had by all on Grand Final Day. Many thanks to all who helped to make this day so successful.
- Jason is currently providing members, guests & visitors with the best coffee in town on Friday, Saturday & Sunday mornings.
- Committee member Doug Williams has Club approval to operate an ice cream cart from within the lease hold of the LAAC. Hopefully the weather will improve to support this venture.
- BBQ renovations and PA servicing are currently being completed. A new stainless steel barbecue has been ordered and painting will be done shortly.
- Bait Sales. Various baits will be available to members and the public from the LAAC during opening hours.
- A working bee will be organized for Saturday 5th Nov to complete painting & maintenance tasks. If you can spare a couple of hours between 8.00 – 12.00 it would be appreciated.
- Annual General Meeting will be held on Sat 3rd Dec – 5.30. Fishing Awards presented at 6.00. Nomination forms for all committee positions will be available from the clubhouse in November and need to be posted on the noticeboard at least 2 weeks prior to the AGM. Due to the overwhelming member support that I have recently received, I will be standing for the position of Commodore.

Pt Grey Report

The final report from the Business Case process should have been presented to the GORCC Executive on Friday 21st October.

Due to the delay in this decision making process, the general committee has sent a letter to GORCC stating the urgency for information re the Point Grey Redevelopment. The essence of our letter was the unsightly state of the co-op and restaurant building, as well as our inability to complete major works on our club house.

Major Fishing Competition No 5 was held on Sunday 2nd Oct. Sponsor – Lorne Beach Books & Music; The winners were – Senior – Andrew Clarke.

Junior Winner – Zane Lodge. No Fish Caught prize went to Dave Manfreda

Current leaders – Snapper Comp (Steve Bacvar); Garfish Comp (Brett Stewart); Bream Comp (Miah Atwell).

**PLEASE REMEMBER - IF YOU WISH TO USE THE
CLUBHOUSE FOR A FUNCTION, PLEASE CALL IAN
– 5289 5108 (after 4)
Graeme Norton
Commodore**

What to do if you or your family encounter a bite or sting?

Australia has many animal and insect species that bite or sting. In general, first aid includes bandaging the wound and keeping the person immobile until medical help arrives. Try to keep the person calm and reassured. Don't tourniquet or cut the wound.

Pressure immobilisation for bites and stings

The pressure immobilisation method is useful for some bites and stings, but not all. It is ideal for Australian venomous snakes and for funnel web spiders, blue ring octopus and cone fish. It is not recommended for any other types of bites and stings.

The pressure immobilisation method is designed to slow the movement of venom through the lymphatic system. The lymphatic system is a network of tubes that drains fluid (lymph) from the body's tissues and empties it back into the bloodstream.

Bandaging the wound firmly tends to squash the nearby lymph vessels, which helps to prevent the venom from leaving the puncture site. If you don't have any bandages at hand, use whatever is available, including clothing, stockings or towels. Firmly bandage the wound but not tight enough to cause numbness, tingling or any colour change to the extremities.

Immobilising the limb is another way to slow the spread of venom, sometimes delaying it for hours at a time. This is because the lymphatic system relies on muscle movement in order to squeeze lymph through its vessels. Splint the limb if necessary.

In general, try to keep the patient calm and reassured. Always seek immediate medical help.

Don't tourniquet or cut bites or stings

In the past, a tight tourniquet was recommended as the best method to cut off blood flow and prevent the circulation of venom through the body. This is no longer advised. Do not cut a bite to release the venom or try to suck the venom out of the wound. Don't give the affected person alcohol to drink.

First aid for common bites and stings

Bee sting

Remove the sting by sliding or scraping your fingernail across it, rather than pulling at it. Wash the area and apply ice to reduce the swelling. If the person has an allergy to bee stings, they can fall into a life-threatening state of anaphylactic shock. The only treatment is an injection of adrenaline. Immobilise the person, apply pressure to the bite and seek immediate medical help.

Red-back spider bite

Wash the affected area well and soothe the pain with icepacks or iced water. Do not bandage the area.

Snake bite

Seek immediate medical help. Not all Australian snakes



Dr David Mullen

are venomous but you should follow the basic first aid techniques, just in case. Don't wash the skin, as traces of venom left behind might be needed by medical personnel to identify the snake. Use a pressure immobilisation bandage and splint the limb. If the person was bitten on the torso, make sure your bandaging doesn't restrict their breathing.

Tick bite

If a tick has burrowed into the skin, grasp it behind the head with fine tweezers, as close to the skin as possible. Gently pull it straight out with steady pressure, making sure you remove the entire body. After removal of the tick, wash the site with warm soapy water and then a mild antiseptic. Cover the site with a 'bandaid' type dressing for 24 hours. Keep the removed tick for identification purposes in case the person's condition gets worse. Do not use methylated spirits, alcohol or anything else to kill the tick before removing, as this may cause the tick to inject more poison. In the case of the Australian paralysis tick, antivenom is available. A tetanus injection might also be needed.

European wasp sting

Clean the affected area with soap and warm water. Use an icepack to reduce swelling and pain. Use pain-relieving medication and creams. Be alert for signs of anaphylaxis, which is a severe and life-threatening type of allergic reaction. Prolonged swelling at the site of the sting may respond to antihistamines – see your pharmacist for further advice.

Important things to remember

- In most cases, firmly bandage the site of the wound and keep the person still.
- Don't use tourniquets, cut the puncture site or try to suck out the venom.
- In the case of ticks, don't try to kill the tick before removal as this may cause it to inject more poison.
- Always seek medical advice as quickly as you can - call triple zero (000) or contact your local doctor.

Dr David Mullen

Lorne Medical Centre

Power of the community newspapers

The recent annual conference of the Community Newspaper Association of Victoria – of which the Lorne Independent is a member – was told that a journalist from the Chewton Chat planned to walk to Canberra in an attempt to change Australian legislation to decisions on taking part in armed overseas conflicts.

Michael Smith who left Chewton late last month, intends to present politicians to initiate a private members' bills that any decision to armed conflict is debated by both houses of parliament and approved by cabinet.

As it stands, Australia's decision to go to war has been a 'captain's pick' – the Prime Minister of the day just made the decision and then informed cabinet and thus the Australia public.

Mr Smith, a former ministerial adviser and staffer, but now a freelance journalist, carried legislation drafted by a team of international lawyers in the hope of changing Australian legislation.

His walk has captured the interest of media and Mr Smith told the ABC, in a special program, that currently, Australia's constitution and defence legislation do not require the government to gain parliamentary approval before going to war or deploying forces overseas.

Mr Smith argues parliament was set up in 1901 for the government to make those decisions, but the Senate was set up as a house of review.

"At the moment the Senate doesn't get the chance to review a government's decision to go to war," Mr Smith said.

The key elements of Mr Smith's legislation states that a resolution to go to war or deploy forces overseas must be approved by both houses of parliament.

In addition, any such resolution must be supported by a report presented to MPs, containing critical information on the scope of the deployment as well as the reasons and authority behind it.

"In the event of an approved deployment, Parliament must be updated regularly on the reasons for continued deployment," Mr Smith said.

"Throughout the entire period of deployment, the responsible minister must provide both houses with regular reports on the status, scope and legality of the deployment."

He plans to arrive in Canberra about four weeks after leaving Chewton, and is hopeful of a good hearing in Parliament.

"Ultimately it's up to the MPs in the Parliament and also the Australian people, whether or not they want the parliament to have a say in whether we go to war, and whether they want the parliament to have a say in when we get out and come back," Mr Smith said.

After leaving high profile journalism, Mr Smith settled in Chewton and is one of the Chewton Chat's contributors who helps to bring this award-winning community newspaper out each month.

Mr Smith does not own a car. In his walk to Canberra, he is relying on the kindness of strangers to put him up each night but media attention has assured him a high profile reception from politicians once he hits out capital.

- JV, ABC, various

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Unlucky in Love!



Jade Plant (*Crassula Ovata*)

“A rose by any other name would smell as sweet” said Juliet. Remarkably tolerant of her one might think, considering the hostility between their two houses, but the truth is she was completely, head-over-heels in love. In her state of mind she was looking at the world through rose coloured glasses but, as luck would have it, fate was about to play a cruel trick on both her and the lovely Romeo. Typically for Shakespeare, fatal mistakes were made and their cunning plan to elope to escape social pressures was to come unravelled and provide a story combining both high drama and deep tragedy. They just needed a little bit of luck.

Some commentators speak of the duality of plants in the play, how the lovers met in an orchard and died after imbibing a potion brewed from plants. Probably Deadly Nightshade or hemlock perhaps, it’s not made clear. Miscommunication was their undoing; as I see it they were simply out of luck. But things might have turned out differently if only they had had plants working in their favour instead of beguiling them with scent and poetry and then ruining their young lives (Juliet was only thirteen years old).

What if, for instance, the priest had known a little bit about feng shui? If so he would know that lemons and limes, symbols of longevity, wealth, health and prosperity should be placed in the entry to a house as should a jade plant. *Crassula ovata* to botanists, most of us know it is best kept in a pot either near a doorway or in the south-west corner of a room where it can strengthen energy and the flow of money. It is easily grown as an indoor plant but does need some direct sunlight. Not like the money Tree, *Pachira aquatica*, which is happiest in a moist situation and in a bright but not too sunny position. It is considered lucky because its five-lobed leaf represents the five *feng shui* elements of fire, water, earth, metal and wood. And then in a shadier spot you can grow Lucky Bamboo (*bambusa vulgaris*) which should be grown in a glass container filled with river pebbles and an inch of chlorinated water. If you grow it in a ceramic container you must add a coin. At Chinese New Year you should tie a red ribbon around a stem to represent fire.

Although a considerate person, that priest was a hard-headed character who would certainly have recognised the merits of growing rosemary - known by the Hindus to aid memory and relaxation - but would doubtless have been

ignorant of Tulsi Basil which is considered to be Lord Krishna’s wife and therefore a holy plant which can purify food and water. Because a little knowledge is a dangerous thing and the path to Hell paved with good intentions no clichés would have saved the star-crossed lovers and at the end of the day their luck had run out. At the end of the play it had too.

Doug Williams is a retired gardener and landscape contractor who still makes himself available for consultations and specialised work as well as continuing to maintain his Mobile Nursery.

Contact number 0418 522 011

Give Alister a call on 0400 096 084



This and that



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From page one: Lorne's garbage bins to be 'locked up' by free locks fitted by our Men's Shedders



When it is time for collection, the gravity lock is designed to be emptied by the waste truck without having to unlock the lid. For more information on the gravity lock project, please call Surf Coast Shire Council on 1300 610 600 or visit www.surfcoast.vic.gov.au/My_Property/Waste_and_Recycling.

President of the Men's Shedders, Alan Walls, said the project is a good example of Shedders being able to contribute to the community in a real and useful, positive way.

"People have criticised the Men's Shed in the past, but at last we are able to show the community just how useful our members can be," he said. - JV

The photos on the right show the lock on top of a garbage bin lid, and the lock which clips down into a clasp. A lock under the lip of the bin allows residents to unlock, and deposit refuse.

With garbage collection, trucks lift the bin up and over and gravity then releases the lid to discard rubbish.

The locks, paid for by the Surf Coast Shire, are free of charge to all Lorne rate-payers.

Photos: JV and Nelson Knight



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VICTORIA POLICE

**Victoria Police Lorne Community meeting
Mantra Resort
Tuesday November 8, 2016
7.00 pm – 9.00 pm**

This is an open invitation for the Lorne Community to attend and participate in a Lorne Police information session to be conducted at the Mantra resort on Tuesday November 8, 2016.

This meeting will give local Victoria Police members the opportunity to discuss the most recent crime statistics and how police can work with the community to fight crime and reduce road trauma.

The meeting will focus on the following points,

- Crime and road trauma statistics
- Crime trends and local issues
- Victoria Police intended vision for the next six months
- Community concerns and expectations of local police.

The meeting will be an excellent opportunity to increase your knowledge of crime and road trauma issues while providing an opportunity for discussion in relation to community expectations of local police.

Your attendance would be greatly appreciated as it is hoped that this session will provide valuable information on current crime trends and crime prevention.

**David COOPER
Station Commander
Lorne Police Station**



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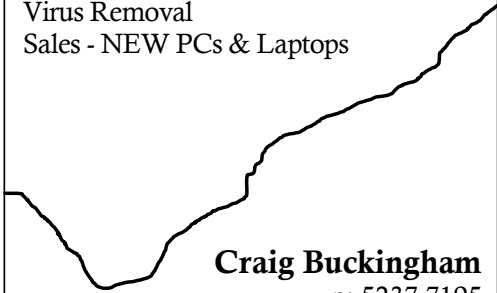


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Whales, Sherpas and the Outback coming to Lorne!

Lorne Film has launched launch of its 2016 program for this year's Lorne Film Festival to run from November 10 to 13.

Amongst the highlights are the Opening Night screening of the outback documentary *Hotel Coolgardie* – likened to a real life *Wake in Fright* and described as 'doing for bogans what Jaws did for sharks.

SHERPA is currently on the international festival circuit, having screened at many festivals including Telluride, Toronto, London, Sydney, Melbourne . It has won numerous awards, including the Grierson award for best documentary at the London Film Festival.

It has also been nominated for a BAFTA award for best feature documentary. *SHERPA* - described as 'moving' and 'majestic' - takes us into the eye of a tragic incident on the slopes of Mt Everest, offering an incredible insight to ancient Sherpa culture.

The recent Australian sleeper hit and darling of film festivals (Berlin, Stockholm, Buenos Aires) – *GIRL ASLEEP* – is a journey into the absurd, scary and beautiful heart of the teenage mind and takes a hilarious and sometimes disarming look into adolescent life.

Described as 'rapturous', 'effervescent' and 'exuberant' – the film comes to Lorne from Adelaide via the creative genius of Windmill Theatre.

The jaw-dropping beauty of the Faroe Islands is on full display in *THE ISLANDS AND THE WHALES* – a searing examination of the fight to preserve a culture in the face of global change – and the role of the ocean as a barometer to the health of our planet.

And for only the second time Lorne Film features a return screening with the smash hit *BROKE* screening once again at the Lorne Theatre. Tracing the tragic fall of a former rugby star the film shines a light on the challenges of addiction and a subsequent road to redemption.

Independent offerings include the Australian/Finnish psychological drama *INNUENDO* and the gripping boxing documentary *INSIDE FIGHTER* – with filmmakers in attendance to meet audiences and talk to their films.

Due to an avalanche of submissions, Lorne Shorts – an international short film competition – has been scheduled into three separate screenings.

Over twenty short films will feature with finalists being judged live at the sumptuous 350 seat Cumberland Resort Auditorium.

After the success of its inception last year – Lorne Thought returns. Filmmakers and industry notables from around Aus-

tralia will descend on Lorne to attend Lorne Thought 2016: *Going it Alone* – an examination into the rise of the independent filmmaker in Australia – a subject very close to Lorne Film's collective heart.

Lorne Film 2016 will also two live screenplay readings with the Victorian College of the Arts and The Lorne Film 2016 Screenwriter Award featuring in the program.

In all – Lorne Film 2016 will feature over 30 films as filmmakers, producers, directors, actors and crew will flock to Lorne to rub shoulders with our loyal patrons – once again creating our now famous Lorne Film community during the weekend of Lorne Film 2016.

- Lorne Film media release

Free Green waste disposal for the month of November

Council wants to help residents clean up their properties before the fire season and reduce your fire risk.

Free green waste disposal will be available at the Anglesea, Lorne and Winchelsea transfer stations from 1-30 November, prior to the declaration of the fire danger period.

The service is available to all Surf Coast Shire residents and commercial customer's undertaking works on behalf of residents. To receive free tipping, bring identification (rates notice, utility notice and or drivers licence) showing a Surf Coast Shire property address. Up to 3.0m³ of green waste can be deposited per day per property.

Please note the only materials that will be accepted free of charge are tree prunings, garden clippings, grass and leaf litter. Material that will not be accepted and charged as general waste include *Agapanthus* and noxious weeds in seed. Tree trunks will also be charged. Gatehouse attendants will assess each load and make a determination if a fee applies.

For further information on transfer station opening hours please contact Customer service on 5261 0600 or visit: <http://www.surfcoast.vic.gov.au/wastesites>

Fire-fighters on the ready for coming bush fire season



Fire-fighters on the ready for the coming fire season

With indications that the coming fire season could be a bad one, authorities are already carrying out operations to reduce bark hazards around the outskirts of Lorne.

With heavy rainfall over the last months, there is an increase in danger with vegetation drying out.

Department of Environment, Land, Water and Planning and Parks Victoria firefighters has already carried out candling operations between Fairhaven and Moggs Creek to reduce bark hazard in a bushfire asset protection zone (APZ).

Moggs Creek and Fairhaven residents and visitors travelling along the Great Ocean Road may see or smell smoke from the small operation near Forest Drive, north-west of Fairhaven.

Forest Fire Management Victoria's Otway District Manager David Rourke said: "The APZ is an important part of reducing bushfire risk for Fairhaven so we are taking the opportunity of improved conditions to undertake candling to improve the effectiveness of the APZ.

"The forest is very wet at the moment and the available fuel in this area suitable for burning is the elevated bark. Burn security is our highest priority and all trees that are ignited will be extinguished.

"We understand that smoke from planned burns may cause concern for some people, but it's vital that we take every opportunity to complete these burns

We really don't want a repeat of last Christmas fire emergency when Lorne was evacuated and fierce fires burned only a short distance from the town. Local Ian Wadding took the spectacular photo.

whenever conditions are suitable and it is safe to do so.

"We work with the Bureau of Meteorology and will only do planned burning when fuel moisture and weather conditions, such as humidity, temperature and wind speed, are suitable," Mr Rourke said.

Stay up to date on where and when planned burns are happening near you at vic.gov.au/plannedburn, download the FireReady app or call the Victorian Bushfire Information Line on 1800 240 667.

For more information on the Victorian Government's new approach to bushfire risk management go to <http://www.delwp.vic.gov.au/safer-together>

If you are experiencing any symptoms that may be due to smoke exposure from planned burns, seek medical advice or call Nurse-on-Call on 1300 60 60 24.

- Dept of ELWP media release



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Mobile: 0423 768 979

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Letters

Yet more on the traffic problems on the Lorne-Deans Marsh Road

I would like to report an incident which could have well resulted in serious injury.

I was driving back to Deans Marsh from Lorne at 12.40pm recently. I drove passed the newly erected Bicycle Hazard solar powered sign. The lights did not start flashing.

However five minutes further along the road, commencing a turn at one of the tightest bends and driving at 40kmh, I came across a cyclist struggling up the hill, in the centre of the left hand lane. The edge of the road was badly eroded so the fact that he was so far out was understandable.

My line of sight was no more that 10-20m, so I had no option but to slam on my brakes causing the cyclist to turn around and wobble so much that he nearly fell off the bike!

The rider was wearing dark clothes and had no visible red reflector at the rear nor a fixed flashing red or white light.

The rider was demonstrably in breach of VicRoads Rules, and Vic Road had failed to maintain the road in a safe condition.

This was not the end of the incidents I experienced this morning. After passing the second warning sign (no lights flashing) I came across another rider alongside the final turnout before Benwerrin. As is always the case, the rider made no attempt move out of my way.

Fortunately the road was sufficiently clear ahead so I was able to cross the double white lines (an infringement??) and overtake him safely. It was my understanding from VicRoads, at a recent meeting, that arrangements were in place to have these

signs calibrated. However it would appear that this is still not the case.

An increasingly concerned resident.

Juliet Beatty

Deans Marsh

Great Ocean Road suffering

Richard Riordan MP, member for Polwarth, recently stood up in Parliament and gave a Members Statement on his recent visits to the Great Ocean Road.

He said:

“Many communities and business operators along the Great Ocean Road are in a state of despair at the moment, with the *Geelong Advertiser* reporting that some tourism enterprises are suffering a 70% downturn in trade due to the on-again off-again nature of road closures on the Great Ocean Road.

“I have personally spoken to business operators in Lorne, Wye River, Kennett River and Apollo Bay, who all suffered great losses at Christmas due to bush fires and are now suffering because of this Government’s lack of real commitment to solving the landslip issues on the Great Ocean Road.

“At a public meeting in Wye River, VicRoads was unable to confirm when it plans to start its remediation works. How much they will cost, and how long satisfactory repairs will take, and when the uncertainty of the Paddys Path land slip will be resolved?

“Despite VicRoads claiming they are doing all they can, I witnessed first-hand — for over 2 hours after the road closed last Friday — no functioning road block or advisory in Lorne to warn people they were about to start driving for 45 minutes in the wrong direction.

“Advisory signs were on the wrong side of the road and facing away from the road.

“This demonstrates more than anything VicRoad’s lack of concern about this problem,” Mr Riordan said.

- Media release from Mr Riordan’s office

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Mental health awareness

Mental health is a state of wellbeing in which individuals cope with the normal stresses of life, work productively and fruitfully, and make a contribution to their community. Mental illness, on the other hand, describes a number of diagnosable disorders that can significantly interfere with a person's cognitive, emotional or social abilities.

Clearly, mental health is an issue affecting many Australians. Each year, approximately one in every five Australians will experience a mental illness. Mental illnesses are the third leading cause of disability burden in Australia, accounting for an estimated 27% of the total years lost due to disability. Prevalence of mental illness decreases with age, with prevalence greatest among 18-24 year olds. Women are more likely than men to seek help for anxiety disorders (18% compared with 11%) and mood disorders (7.1% compared with 5.3%). Women are also more likely than men to use services for mental health problems. A higher rate of anxiety disorders is the main contributor to the higher overall rate for females, who are almost twice as likely as males to report post-traumatic stress disorder.

In 2007, 45 per cent of Australians aged 16–85 years reported that they would have met the criteria for a diagnosis of a mental disorder at some point in their life. One in five (3.2 million) Australians had experienced symptoms of mental illness in the previous 12 months.

An individual's ability to relate to their family, friends, workmates and the broader community can be affected by their mental health. Mental illness can cause significant distress and disability, leading to isolation of, and discrimination against, those affected.

People with a mental health disorder may also find it difficult to fully participate in the labour force. This has an individual impact in terms of the person's income, social participation and self-esteem, but also a wider economic impact. The annual cost of mental illness in Australia has been estimated at \$20 billion, which includes the cost of lost productivity and reduced labour force participation.

Mental Health Week raises community awareness about mental health issues and is held in October each year to coincide with World Mental Health Day on 10 October. The 2016 theme is Act-Belong-Commit with a focus on suicide prevention, 'Together we can save lives'.

The aim of Mental Health Week is to:

- Promote social and emotional wellbeing to the community
- Encourage people to maximise their health potential
- Enhance the coping capacity of communities, families, individuals and increasing mental health recovery.

Mental Health Week encourages people to seek help, or for family and friends to encourage people to seek help, when necessary. There are many highly trained professionals who specialise in mental health. General practitioners (GPs) for example, are able to treat and refer patients as appropriate.

Your local pharmacy can help too. One of the key aspects to managing mental illness is medicine management. Pharmacists are medicines experts and can assist you with understanding how your medicines work and any possible side effects. Pharmacies also offer services which can help people living with mental illness maintain their independence. These include home delivery and medication management services such as Dose Administration Aids. Visit your local pharmacy and find out how they can help.

Pharmacies can also provide advice on ways to maintain your mental health, and cope with stress. There is a series of mental health information cards available from pharmacies providing the Pharmaceutical Society of Australia's Self Care health information program. These cards cover a number of topics such as Anxiety, Depression and Post Traumatic Stress Disorder.

There are also useful Fact Cards covering a range of related topics such as Relaxation Techniques and Sleeping Problems, all with helpful tips.



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