

# LORNE

## Independent

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# IS THIS LORNE'S FUTURE?

More page 2



# ARE 'TINY HOUSES' THE ANSWER TO LORNE'S HOUSING PROBLEMS?

## New direction in our thinking.

The stated objective of the Committee for Lorne (CfL) has been to increase the permanent population of Lorne from just over a thousand to about 1,500 and though there have been several attempts over the last couple of decades to formulate some plan of action, attempts have not been that successful.

The big problem is that Lorne desperately needs more housing stock – for new families settling in the area and accommodation for seasonal workers (also think nurses, teachers and doctors) – but very high housing prices and the sparse availability of suitable land have been negative and discouraging factors.

Lorne is locked into its present perimeter and it would take a drastic about face for our Surf Coast Shire to consider allowing the township's borders to expand.

As most people know, Lorne is a tourist town flooded with people during the high season, but almost a ghost town in the winter months. Many permanent home-owners primarily use their homes during the high season and then head to warmer climes to evade those chilling southerlies in winter, resulting in a very high non-occupancy part of the year.

Professor Graham Brawn, the emeritus professor of architecture at Melbourne University, and a man never short of ideas, has come up with a possible solution based on the theory that Bigger is not necessarily Better.

The so-called 'Tiny House' phenomenon now becoming more and more popular might present a possible solution.

Well-known in European countries, also in the United States and Canada, these houses are for want of a better description, tiny house or studio/one room apartments on wheels, or possible on a fixed base.

They can easily be moved into position and be suitable for singles or a childless couple, or perhaps for an older person/couple.

Recently, Professor Brawn assembled about 40 post-graduate architectural students in a Lorne workshop to discuss the idea. Unfortunately, the workshop only attracted about half a dozen locals.

"The focus is on using some of the nearby freehold land for clusters of tiny houses of various sizes from less than 25 squares to up to 45 metres, being the size of a compact studio apartment or an one bedroom apartment, but with access to shared commons as in many inner city apartment buildings," he wrote in notes for the workshop.

However, he emphasised this 'Action Plan' will require a drastic rethink on current zoning laws and land use within and close to Lorne "without destroying the character, scale and amenity" of the township.

The aim is to accommodate more permanent residents, as well as seasonal staff to sustain the school, CFA and SES, the Hospital as well as the various sporting community clubs while increasing business in the off season.

The 'Tiny House' movement is already well under way with companies offering a range of designs in Melbourne and Sydney. Those on the display site would range from budget options starting at roughly \$60,000 to higher-end designs that come with a \$120,000 price tag.

The workshop heard that some suitable land was available within the Lorne town precinct but making use of it for 'affordable housing' required a drastic change in mind-set, by both the present residents of Lorne as well as the bureaucrats at the Surf Coast Shire.

The concept of 'Tiny Houses' is certainly a good one, so let's discuss ...

- Josef Vondra



# A DAZZLING DISPLAY OF SCULPTURE

The gradual build-up of works of sculpture on the Lorne foreshore was watched with great expectations in the weeks before the opening and when the 2018 Lorne Biennale Sculpture Exhibition was finally launched, the offerings did not disappoint.

Doing the opening honours, Senator Mitch Fifield, Minister for the Arts, said that the event was perhaps the most important expressions of sculpture in Australia; no mean phrase when Sydney's Sculpture by the Sea is said to be the world's largest.

More than 40 artists worked on presenting their artistic concepts, and apart from a several glitches such as the problem of a visa for one sculptor from Iran and the tragic death of one of the main exhibitors, at least 10,000 people walked dutiful along the Lorne foreshore by the end of March to take in the artistic ambience.

The Non-Acquisition Award valued at \$20,000 was awarded to Margaret Worth for her work *Vajrasana meditation*.

Spokesperson for the judges, Max Delaney said, "Margaret Worth's work is an outstanding, complex, resonant work which is formally compelling and rich with association. Her simple, sculptural form demonstrates an extraordinary range and breadth, from her deep involvement and knowledge of 20th century modernist sculpture coupled with the experience and surprising complexity of 21st century contemporary forms and ideas."

Georgina Humphries received the \$10,000 Emerging Artist Award for her work *Tents.to.sea*. Made from reclaimed tents and rope, *Tents.to.sea*, delivers a kaleidoscopic beacon in the shape of a triangular tent or sail. Judges said her work functions as a beacon, weather vane and community gathering space in a site which engages the long view from the road, the architecture of the bridge, and the neighbourhood of community camping and collective activity.

Carla Gottgens received the Small Sculpture Award for her entry, *Cumulus 9*, and judges made two Honorary and Special Mentions: Ritchie Ares Dona for his work: High density polyethylene cocoon, evocative and fragile cone forms woven from plastic milk bottles using a traditional Filipino technique called *Puso*, which are suspended from a tree on the coast road near the Swing bridge. And, on a sadder, and yet celebratory, commemorative note, to the recently deceased Matthew Harding for his elegant work *Landbridge*, made from reclaimed pier posts, with great humility and respect for the integrity of his materials, along with a dynamic narrative and form, which would be a wonderful work to retain in Lorne.

Hearty hand-claps for Lorne Sculpture Biennale President Jill Joulbert and Curator Lara Nicholls and their very supporting fund-raising and management committee – a job well-done and thank you!



*Margaret Worth and her winning entry, Vajrasana meditation. Saturday 17 March 2018*

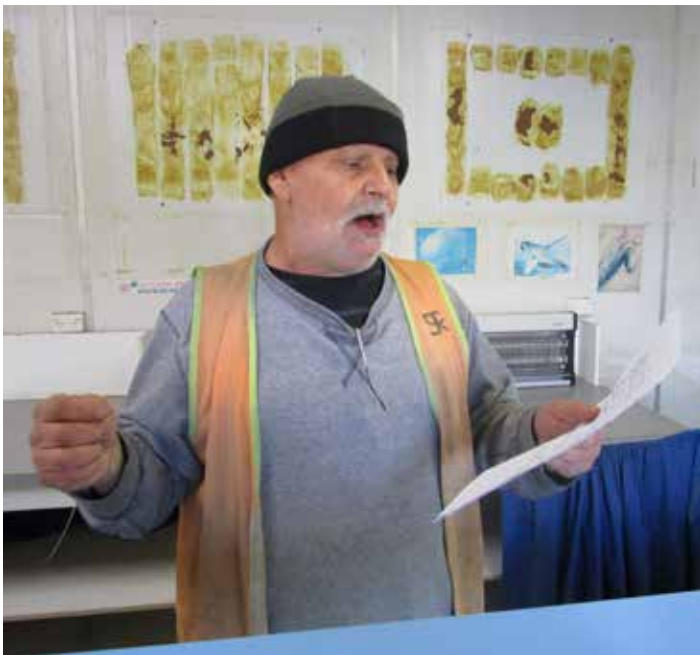


*Georgina Humphries, Emerging Artist Award recipient and her entry, Tents.to.sea. Saturday 17 March 2018*

# 'THE CHRISTOS' POETRY & FREEDOM PRIZE

## Celebrating Creative Passion & Freedom in Lorne School's New Writing Prize.

This year sees the beginning of a very special new writing prize in Lorne. 'The Christos' Poetry & Freedom Prize will celebrate Creative Passion and Freedom through the writing of the students at the Lorne P12 School.



As part of the lead up to the competition, students in years prep to 10 are completing units of work around Poetry with an emphasis on freedom, liberty, and individual voice. In week two of term two, students will participate in a poetry day. A number of workshops will be held on the Poetry day to further students' understanding of poetry construction and performance.

The prize is inspired by the legacy of our poet and friend Christos Raskatos, who ran Lorne Fisheries in his flamboyant, generous and poetic style for so many years. Each week Chris would compose a new poem and write it in chalk on the blackboards in front of the co-op at the pier. The poems would chronicle daily events and people in Lorne, political events, sporting triumphs, the passing away of loved community members and the birth of new ones. The poems would often celebrate the beauty of Lorne itself and often with a strident dash of exuberant humour.

Christos was of Greek-Macedonian origin and saw our local world through the heroic lens of the Ancient Greek Gods.

Everyone's life was important, no battle was too small or insignificant to fight, and he often placed the humblest community members on a footing with the gods.

He acknowledged the private depth, difficulty and beauty of our inner lives as well as the often wild comedy of public life, whilst dissolving the gap between the two.

He wrote with great freedom and insight, in both tragic and comic modes, to weave a compelling web of metaphor, fable and wisdom which enriched our local lives and reminded us all about what is important.

For 'The Christos Poetry & Freedom Prize' no subject is out of bounds, as the judges will be focused on the quality and power of the writing itself rather than the opinions or subject matter expressed within it. Entrants are encouraged to take risks and follow their vision, to explore writing techniques in order to find the most powerful way of using written language to inspire and delight readers.

The judges of the 2018 prize will be Gregory Day and Georgia Gray. The winners of both the primary and secondary school 'Christos' will be announced in early May.

- Greg Day

## FOR SALE

The Lorne and District Men's Shed restored this beauty of a work-bench and is offering it for sale.

Perfect for the serious handy-man.

Give President Allan Walls a call on 0418 319 533



## Lorne Historical Society

This April the Lorne Historical Society is celebrating its 50th Anniversary. A Mr R Birch, who felt that Lorne with its early rich local history needed an historical society to preserve and record its history for posterity, convened the inaugural meeting on 5th March 1968. The first full meeting of eleven members was held on 1st April 1968 with Mr Birch as President. Among the eleven attendees at both meetings were local Lorne identities Doug Stirling and the late Ivy Baldry and Joan Wheal.

At the inaugural meeting Mr Stirling proposed a membership fee of \$1:00 annually which was accepted and has now risen to the princely sum of \$30:00 annually – not bad considering rise in inflation!

The early minutes book of the Society is preserved in its rooms under the Community House and makes fascinating reading. It shows the hard work and creativity of its members in seeking support, funds and sources of historical items and images. The late Mrs Joan Wheal was assiduous in promoting, collecting and preserving images and artefacts for the Society's collection. It is also fitting that we acknowledge all the efforts of past members in keeping the Society a live and valuable entity for Lorne.

The Society has now got a permanent home at the Community House and has moved well and truly into the digital age as is evident in their newly refurbished rooms, web site, Facebook followers et al. It still welcomes new members and asks any Lorne locals to remember us before you consign to the tip any items which could be of historical interest to the Society.

For its next exhibition, the Society is going to bring alive the rich history of the fishing industry which once flourished in Lorne. Because of this the Society's rooms will be closed in April.

PST.

## Necessity of burning off

Lorne has seen the summer off without suffering any incidents of bushfire though areas to the west of us were not as fortunate, and Forest Fire Management Victoria has now given notice that planned bushfire prevention works are to last until the middle of the year in the immediate surrounds of our town.

So don't be concerned if you see smoke and smell the distinct odour of burning.

The FFMVic says it is unable to give exact dates on burn-offs and decisions depend on weather conditions and local fuel moisture level. When a burn is ignited, it is then patrolled over the following weeks until it is declared safe.

## LEST WE FORGET Anzac Day, April 25

About this time a hundred years ago, there was a gradual drift in fighting on the Western Front in Europe from setback after setback to the realisation that perhaps Britain and its Allies could be victorious.

Under Australia's Sir John Monash, considered to be perhaps the greatest general in this terrible conflict, the Allies were able to win battle after battle by newly developed tactics – co-ordinated attacks using a combination of men, artillery, and the newly developed tanks until the guns finally fell silent in November. On his return, Sir John had numerous honours and titles bestowed upon him, but a little-known fact was his part in the development in the use of brown coal to generate electricity.

Sir John was born in Melbourne in 1865, of parents who had come to Australia from the then Kingdom of Prussia, an area which is now part of Poland. He attended Melbourne University and subsequently worked as a civil engineer. However, he spoke, read, and wrote fluent German and when he was appointed to head the newly created State Electricity Commission in 1920, he put his knowledge to good use.

Germany at the time was a world leader in the use of brown coal, and Sir John was able to access documentation outlining processes on turning the slow-burning coal into energy, especially as the extent of brown coal deposits in the Latrobe Valley became known. It is estimated that the region contained about 25% of the world's known brown coal reserve.

Before 1920, a number of independent authorities controlled the supply of electricity, but under Sir John, these were all joined under the SEC. Other brown deposits were subsequently developed around Victoria, but it was Sir John's engineering know how, and German documentation which had a big part in Victoria's electricity supply during those early days of fully understanding and developing the State's natural resources.

Lest we forget!

- JV

FFMVic Chief Fire officer Stephanie Rotarangi said working closely with the Bureau of Meteorology to assess weather conditions such as humidity, temperature and wind speed, and will only be carried out when conditions are suitable.

“Working with the CFA is a vital part of our planned burning program to make sure that we are using local knowledge to manage bushfire risk together to deliver maximum benefits to the community,” she said.

“We understand that smoke may cause concern for some people, but it's important we take every opportunity while conditions are right to reduce bushfire risks”.

The authority says it is important to obtain latest information on burns – visit [www.delwp.vic.gov.au/bns](http://www.delwp.vic.gov.au/bns)

You can also contact the Otway District FFMVic team on 5233 5565, visit the VicEmergency website [www.emergency.vic.gov.au](http://www.emergency.vic.gov.au) or call the Vic Emergency Hotline on 1800 226 226.

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# THE LOUTTIT LOOP

So much to say, so little space! Bad news first!

*Most Lorne folk on spotting a snake at home quickly ring Ross at Snakes and Ladders in Aireys and down he comes (hopefully snake is still visible). No more. Tragically, Ross was bitten and died in Queensland on one of his adventures documenting and photographing his beloved snakes. Ross the Snake Catcher was also great with trees and with all wild animals, rescuing SO many during the bushfires. He was an extraordinarily knowledgeable, good and humble man. Loved by all. As you well know, his services came cheap, so a fund has been started to help support his partner Nora – donations to Surfcoast Wildlife Shelters Group – BSB 633-000 Account 154774061 Reference: Ross + your name. Sympathies to Nora and to the Beeby family.*

Deep breath, maybe a cuppa, and on we go!

*The first weekend of the wonderful Sculpture gig was quite the strangest ever. The long awaited so-called “gang of v. tough bikies” arrived. They were soon out-numbered by Police of all descriptions and disciplines, eliminating problems. So bikies, cops, artists, sculptors, and visitors wandered round town enjoying the creativity and cleverness of the pieces and also of the Curator Lara (Helen Smith’s gorgeous daughter). The weather added to the show by presenting a boiling hot bushfire risky day, followed by Sunday’s bouts of cyclonic wind, downpours, black skies and fifteen minutes later blue skies. All survived fairly happily and relished the rain.*

Big Security presence to protect sculpts did not deter some absolute idiots from removing several old TV’s from their mountain and dropping them from the swing bridge into the Erskine. Thank you Barry Church for retrieving and replacing them – a cold and commendable act.

*Two unofficial entries graced the Aquatic Club – a beauty by woodwork master Bryan Poynton and the usual crypticly hilarious work by Dick Davies – this year titled “Get forked”. More details of Dick as the Member of the Month in the excellent Aquatic Club Monthly Newsletter.*

Hopefully Commodore of the A Club Keith Miller is recovering from a big heart scare – the day after he promised to collect the rubbish from under the Pier on Clean Up Australia Day. Thank God he was out of town that day! However the whole of Lorne thanks Barry and Glenice for organizing a big Clean up Australia Day team all along our section of the GOR – an enormous amount of bagged rubbish more than filled their trailer!

*Couple of other great gigs last month too! The Shire shouted 120 women (and a few men) to a celebration for International Women’s Day at the Country Club. Perfect venue, divine food, one drink, a great chat from Merinda Kelly (Sculpture gig) and superb stories and music from Jessie Lloyd.*

A couple of families of kangaroos regularly appear on the 8th green to graze just when folk are enjoying their dinner. Very impressive and add to the already gobsmacking view!

*The Lorne Hotel hosted the Murray to Moyne fundraising dinner at the divine View Venue. Of course there was an enormous gap without Hugo Johnson – but the night could only be called success, financially and funwise. All the Raffle Prizes were donated by local businesses – super generous as usual. The highlight of the night was Neil Hillard who conducted the auction and was the M/C. Absolutely natural and hilarious Neil set a great tone for the evening. Even offered a prize of following him*

*round for a day as Maintenance Man at Mantra! Well done to the Lorne Hospital team for organizing the night so beautifully and efficiently.*

Duetto is closing down on at Easter and we thank Myrell for all the beautiful garments she sold us, for really taking the fashion scene upmarket in Lorne and wish her a very happy “retirement” and a healthy and wonderful future.

*Also the shops many of us still call Oaks (now Lorne Girl) are closing as the building has been sold. Two great shops which will be missed. As will jewellery and clothing store Sartoma, started 30 years ago by local artist Susan Sutton, continued by Caroline Lee from Aireys who’s been involved for 13 years.*

Seems to be lucky that Kerry Stotten has returned her ladies mini department store Coastal Diva to Lorne (the shop with the W/P ATM in its window). We’re saved for emergency knickers, ‘jamas, dressing gowns, clothing and bathers even!

*Jenny, Dahle and beautiful border collie Maggie are leaving the Post Office – boo hoo – having sold their fantastic business to Anmkur who will have Resham to help him. The new owners originally came from near Delhi in 2001 and Lorne welcomes them.*

While we’re on farewells – Jane Taylor has sold and is moving to Geelong The end of a family era. Well the kids have flown the whatever. After schooling mostly in Lorne, Clodagh is a paramedic with London Ambulances and Paddy working at a school in Edinburgh, whilst Jane works with Year 10-12 kids at the Gordon, and with pre-release programs for prisoners at Barwon and Marngoneet helping them all get their English up to scratch to face the big wide world better equipped! Wow! Go Taylor family!

*The most beautiful week-old baby was spotted in Mountjoy Parade last month! Penelope – daughter of Dom and Amelia Talimanidis, granddaughter to Pam and Costa! OMG she’s deeeevine.*

Well done to Robbo for taking on a 3 metre shark with his fists on his daily Pier to Pub swim, and winning! Seven punches to the nose while it thrashed round and even leapt out of the water!

*Just a wake-up call for the younger generation – if a helicopter comes a bit lower than usual and begins to circle, and keeps circling, get the hell out of the water as there is a shark nearby! It was horrifying to hear youngish swimmers recently saying calmly “Why’s he doing that?” as they stayed waist deep in the shallows. They expected a siren! Hellooooo. Turned out to be two hammerheads close in.*

Almost Disaster of the Month: Two carloads of O/S visitors heading out past QDOS suddenly remembered ‘no unmade or gravel roads allowed for this hire car’ and both chucked a ten point turn on a corner on a hilltop. Quite a bank up of cars all with jaw dropped drivers!

*Bit of a shock for this shy widow replying to the Invitation to the Official Opening and Awards Ceremony at Mantra on their website: [rsvp@lornesculpture.com](mailto:rsvp@lornesculpture.com) Just imagine what came up!*

Lornecare’s new ‘chum’ Hamilton (GORCC) was noted as a damned hard worker on the recent Bert Alsop Track working bee. Hope he becomes a regular.

*Poor Stony Creek is at last having its bridges replaced after the big storm two years ago – losing a little of its charm along the way – lots of concrete. However, better than being closed! The lovely short flat walk will be renamed Camel Lily Pond Walk when it reopens.*

The Deans Marsh Festival is such a very special gathering. The singing was awesome and “Amazing Grace” completed the talented choir’s performance – made even more tear jerking when charismatic leader Louise invited the Sudanese singers and musicians to join the big group. OMG.

*Congrats. to Tony and the Men’s Shed guys for the fabulous Couta Memories entrant in the Sculpture Show – located on the Pier of course! Only sort of outdone by news that the men of the Queenscliff Point Lonsdale Men’s Shed are each \$40K richer having won \$1.5million in Tattsлото! Crikey.com... Lillian.*

# SPORTSBRIEFS

John Ford

## Festival of Sport started at Easter

Easter provides a truly a great festival of sport in Lorne including football, netball, tennis and golf. While the weather is still warm and the sea temperature quite mild there should also be great beach opportunities.

The football and netball season begins with the opening round clash between Lorne and Birregurra at Lorne's Stribling Reserve on Saturday 31st March. This promises to be an exciting match-up between two teams that consider themselves to be near the best in the competition. The netball clashes should also be entertaining and of high standard. Junior football and netball matches begin during the morning, with the main matches starting at 2.00pm. If you get there early you will get to witness the unfurling of the 2017 netball Premiership flag – and be able to buy lunch from the canteen.

The Dolphins need us all to support their teams, and not just as spectators. Memberships are available which are very good value, and football and netball volunteers are needed to help with a range of duties. If you think you could be of assistance on match days or throughout the week, you can contact Kevin van Deuren on 0410 400 032 or Ross Umbers on 0412 114 314. I look forward to seeing you all at the matches. Go Dolphins!

## Tennis

Lorne Country Club will be holding its annual Easter Tennis Tournament on Sunday 1st April. Members and visitors are welcome to this mixed 'round robin' tournament and the details are as follows: Arrive at 9.30am, players are guaranteed four sets of tennis with different partners, and your \$20 entry fee includes morning tea and a barbecue lunch. Prizes will be awarded from 1.00pm. Juniors who are experienced at playing with and against adults are welcome. To enter you need to contact Kevin Diviny on 0407 829 296 or myself, John Ford on 0418 372 709 to allow for catering.

Recently a section of fence was removed to allow tree pruning of the upper courts – and it was replaced temporarily to allow for clean-up works. The following day four large kangaroos had entered the courts and simply would not leave despite players opening all the gates. Because they had been there so long, one tennis player asked whether they had brought racquets with them. The quick response from another player said "not but a couple of them definitely had balls!" Of course kangaroos are quite common around the golf course, but this was clearly a first for them to be on the court surface.

## Ladies Golf

Autumn has finally arrived but the days have still been very warm. The golf course is looking good with still plenty of run on the ball.



This month we held our annual June Hunt Memorial Cup. Congratulations to the winners; Sue Neill and Wendy Hutchison.

Lorne is currently 2nd on the Otway Pennant ladder. The girls have all playing well. The other teams have been terrific to play against, very friendly rivalry.

Our guest day held on the 27th February was very successful. We played a 9 hole Ambrose. We had ladies playing of all levels and the morning was enjoyed by the regulars and their guests.



Golf Lessons: if we have enough interest a new clinic could be arranged for after Easter, group or private, male and female. Please register your interest with Lesley 0437028169.

So far this month Lorne has been represented at Kingswood, Anglesea and Birregurra.

Summer Cup winner – Jane Purdie

If you would like to join our friendly Tuesday morning, please contact Lesley Goldsworthy on 0437028169 or Wendy Hutchison 0419878089. We run a 9 hole or 18 hole competition and all levels of players are welcome.

## Happy hitting

Lesley Goldsworthy - Lady President

## Mens Summer Golf

Welcome to a new and exciting year. The course is in fine condition and interest amongst current and new players as been strong. Fields so far this year have been between 15 and 20 each week and these numbers have been building. We have welcomed a number of members from other clubs who have taken the opportunity to play in the competition whilst in Lorne for the weekend.

First Sunday competition was stroke, won by Geoff Couper (net 65) with runner up Dale Ridgeway (net 66). The next three rounds saw the playing of the Summer Cup, each week being stableford, with the best two rounds aggregating to decide the winner. First week's winner was David Wyles with 40 points, runner up Peter Lynch on 38, the second week saw a win to Dale Ridgeway on 38 points on a countback from Robbie Dalziel and the final week's winner was Geoff Couper on 44 points with Harry Hill runner up on 41 points. The aggregated Summer Cup result was extremely close with Geoff Couper on 76 points just pipping Dale Ridgeway on 75, Robbie Dalziel on 74 and David Wyles and Frank Gleeson on 73. It was great to see Harry Hill (OBE!) completing all three rounds of the summer cup and posting a wonderful 41 points in the final round.

The Qualifying Round for the Doubles Knockout was held on March 4th, winners on the day being Peter Ironmonger and John Bliss with the outstanding score of +10.

The semi-finals of the knockout were held on March 11th, with Peter Ironmonger and John Bliss continuing their strong form, enjoying an emphatic 4/3 win over Peter Wheal and Geoff

Couper and it was the same margin as Emilio Graziani and Paul Greenwood triumphed over Geoff Balderas and Dale Ridgeway.

The individual event of the day was won by Peter White with a great score of 43 points, closely followed by another quality round from Earl Darcy with 41 points.

The final of the doubles knockout was held in wet, wild and windy conditions on March 18th and the experienced pair of John Bliss and Peter Ironmonger carried the day with a 2/1 win over Paul Greenwood and Emilio Graziani in a game that was played in great spirit.

John and Peter held the lead nearly all day and when John made a great recovery shot out of the trees on the 17th hole the victory was guaranteed!

The other exciting news is the re-entry of the club into South West Golf's pennant competition, this year in the handicap division, playing at Winchelsea, Apollo Bay, Colac, Inverleigh and Bannockburn. This year's captain is Boe Trickey and there is plenty of enthusiasm for a successful year with the emphasis on our younger golfers leading the way, good luck to our team!

Earlier in the month, on Thursday March 8th, the annual Kingswood day was held, with over 30 golfers travelling from Lorne to enjoy the great hospitality of the Kingswood club in Dingley whose CEO is past Lorne resident and friend to many, Heath Wilson. The event was an individual stableford, mens and ladies competition with the following golfers being victorious:

Ladies: Jenny Long Runner Up: Sue Neill

Mens: Dale Ridgeway Runner Up: Earl Darcy

The bus travellers apparently arrived home sometime after 11pm following an entertaining trip back! The venue for next year's event is still being investigated with the Kingswood course closing and the club merging to become Peninsula-Kingswood, located in Frankston North. - **Geoff Couper**

**Remember to tell us who you would like to see in Sportsbriefs!!! Articles to John Ford at 35 George St, or email to [byswerdi2@bigpond.com](mailto:byswerdi2@bigpond.com)**

## Allen Reservoir update

Barwon Water's \$4.2 million upgrade of Allen Reservoir, designed to help secure Lorne's water supply in the future, is progressing well with the project expected to be completed in May.

The 186 million litre reservoir, built in 1958, is Lorne's sole water source of drinking water. The upgrade will increase the reservoir's flood level capacity, strengthen the dam wall and reduce the risk of infrastructure failures.

To date, work has involved removing unsuitable material in the embankment crest and raising it with new material. Preparation works to start upgrading the spillway have also been completed.

Concrete trucks will be travelling along Otway St, Allenvale Rd and Greenbreak Track one to two days a week from 5.30am to midday. The trucks will be spaced about 20 minutes apart.

Lorne residents can be assured the work has been timed to minimise impact to Lorne's water security.

# FROM OUR COUNCILLOR

## For the Lorne Ward



Cr Clive Goldsworthy - 0400 756 854  
[lorneward.information@gmail.com](mailto:lorneward.information@gmail.com)

### Have Your Say – Protecting and Growing The Great Ocean Road

An expert taskforce charged with the job of protecting and growing Victoria's iconic Great Ocean Road has released an issues paper for public feedback.

The Governance of the Great Ocean Road Region identifies proposals for better coordination between the key agencies responsible for the road and the tourist destination, so that they are working in tandem with the one common goal – protecting and growing the Great Ocean Road.

Last year, the State Government invested \$1.3 million to establish the Great Ocean Road Taskforce, and appointed former Victorian Ministers for Public Transport Peter Batchelor and Terry Mulder as its co-chairs.

It also features G21 chief executive Elaine Carbines, former chair of Victorian Coastal Council Diane James AM, Great Ocean Road Tourism chair Wayne Kayler-Thomson and the chief executives from five local councils. The Taskforce has worked closely with nearly 40 relevant organisations and local groups.

The issues paper notes that although more than 14 public agencies have responsibilities in the region, they're often disconnected from one another – and don't have clearly defined partnerships.

Other proposals in the issues paper include the establishment of a lead agency, action to secure funding sources for the plan, and a 20 to 25-year strategy covering the entire length of the Great Ocean Road, to ensure the iconic tourist destination reaches its full potential.

The Great Ocean Road region attracts twice as many visitors as the Great Barrier Reef and Uluru combined – generating \$1.3 billion in visitor expenditure and creating around 9,200 jobs.

The Government will consider the Taskforce's recommendations after the community has had its say. Submissions can be lodged before the end of April.

The discussion paper can be viewed at [engage.vic.gov.au/great-ocean-road](http://engage.vic.gov.au/great-ocean-road)

\* source Victorian Government Press release 21st March 2018

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**For more information about LorneCare contact:**  
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# LETTERS TO THE EDITOR

**Dear Editor**

## **North Lorne Pine Tree Removal**

Further to my letter of 15 October published in the Lorne Independent with regards to many lorne people's concern regarding the state of the 4 remaining pine trees and the deteriorating state of the serious erosion of the embankment adjacent to the car park, a frail picket and wire fence has been placed in front of the roots of the trees and sand heaped onto the exposed roots and nothing done regarding the serious erosion of the embankment.

In my letter I commented that our above concerns had been forwarded to those responsible who had previously commented that "they have no concerns notwithstanding that GOORC had carried out a review with experts of this and other coastal areas in 2012, yes, 5 plus years ago and advise that they are keeping a watch of the situation".

Well they are now.

Today I was advised that they now propose to remove one of the 4 remaining pine trees, so I visited the site and its all "roped off" in readiness for the removal of the tree.

It distresses me and others that due to the neglect of this area, not notwithstanding that the body responsible for the area having been previously advised over the years of the issues it has come to this.

I'm betting that nothing further will happen other than the tide will continue to erode the embankment into the car park area and will undermine the remaining pines, that will result in another lorne landmark being permanently removed.

So sad, so irresponsible, when a simple solution could be implemented to assist in saving both the car park embankment and remaining landmark trees.

**Ric Addison, Lorne, 3232**

**Dear Editor**

## **Need to address rural bicycle safety issues**

The Amy Gillett Foundation (AFG) in Melbourne is a national organisation dedicated to bike safety and among the educational material they have produced is a small booklet "It's a two-way street" which is terrific, but it does not address RURAL riding safety and conditions. With this in mind wouldn't it be beneficial to produce a similar booklet for all cyclists who traverse our rural roads?

Along with AGF, our various Bicycle Network Organisations have the power to address similar issues.

VicRoads's message "be bright (lights/reflectors), be seen (bright clothing), be safe" should be implemented into all their educational initiatives, whether metropolitan or country. They have the power to lobby government for new legislation to make ALL road users have lights on 24/7. This would allow motorists to see the cyclists much sooner in all weather. A similar motorcycle rule has seen improvement in safety.

I encourage all road users to write to the Minister for Roads; VicRoads; AGF; Bicycle Network; Cycling Victoria, etc. We need a ground swell movement to change the legislation and make this a new "safety" law.

**Jillian Chapman - DMLR Safety Group  
(Deans Marsh Lorne Road)**

**Dear Editor**

## **Lorne Pier needs some attention**

I am writing to draw your attention to the extremely poor condition of the Lorne Pier. I am quite disabled with Motor Neurone disease and today I was wheeled out to the "Couta Boat" sculpture on the pier.

It was only by good luck when a wheel caught in a degraded deck plank that my carer was able to stop my four wheeled walker from overturning and tipping me out on to the pier deck. The deck planks are showing severe degradation due to rotting of the sapwood on what appear to be sub standard planking.

In my opinion, the pier deck needs urgent replacement of at least the decayed timbers. In the meantime you should consider at least placing warning signs at the entry to the pier.

It is hardly a good advertisement to tourists and the Sculpture exhibition attendees for GORCC to be responsible for the poor condition this structure.

To go back about 28 months, I drew your attention to the condition of the sealed apron at the foot of the pier. This continues to be a hazard for the disabled and I would appreciate an update on plans to rectify this problem.

**Richard Chandler, Lorne**

**Dear Editor**

## **Response to the letter from Basil**

Each morning every second week end, Steffie and I walk the beach between the Swing Bridge and Stoney Creek. I am a tall and elegant chap who escapes the unwanted attentions of the smaller riff raff, such as Basil, the King Charles spaniel, by running into the sea where I can luxuriate in the deeper water where shorter legs fear to tread.

Steffie, a short aging Jack Russell-style dog, follows along happy to snarl in her grumpiness at any dog impertinent enough to attempt the traditional dog genitalia introductory routines.

I love to run free, as in my past racing career, chasing a tennis ball while the small one brings up the rear. My only discomfort comes from March flies which mercilessly attack my sensitive skin.

**Long Legs of Lorne, Mickey of Fernleigh Tee**



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# EDITORIAL

There are some of us who have trouble with the definition of what exactly is a 'sculpture' – a three-dimensional piece of art? Two dimensional? Is the material used part of the definition – terra cotta, marble, stone, iron, aluminium or whatever? Is sculpture a pile of logs and then ceremoniously burnt to the ground? Is a sculpture a permanent piece of art to decorate a corner in a house, building, displayed on a granite slab in a public garden, or is it coloured cotton buds sprinkled on a tree? Or marks in the sand or on a rock?

In line with our modern times, the definition of a sculpture has moved from the classical to the so-called contemporary, and in line with this definition, is modern sculpture a collection of coloured bottles stuck in the sand simply because the artist said it was?

The 2018 Lorne Biennale Sculpture Exhibition offered plenty examples of all from the above, and there were a number of quite stunning and eye-catching pieces in which the artist-creator was thoughtful, philosophical, showed artistic endeavour and true inspiration. They took the breath away by their intelligence, beauty and clear meaning; they so impressed that a second viewing was absolutely essential.

## Lorne P-12 College



### Caretaker Position

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The successful candidate will be employed for two days per week.

Please forward an application C/O Geoff Couper, Assistant Principal, Lorne P-12 College, Grove Road Lorne 3232 by Wednesday April 18th 2018.

Applications must address specific criteria, a copy of which can be obtained by contacting Mr Lee Gordon, School Council President on 52894461.

Wandering among the selection, however, a couple of times the classic tale of the Emperor's New Clothes by Hans Christian Andersen came to mind. Was the 'artist' taking the mickey, or did he/she just dare us to comment that the sculpture was just plain silly?

It was the exact definition of what is a sculpture that bothered most.

Without going into a long 'art-speak spiel' (now there is a phrase for you!), Curator Lara Nicholls might have made things easier for us all by splitting the whole event into clear categories!

Most of us know what a sculpture constitutes in both the classical as well as the modern sense, and an easy definition would have been simply: 'Modern Sculpture'.

Then there were the installations. A simple enough concept and there were a number of displays which clearly would have made sense to be described as 'Installations'.

Some of the displays were somewhat obscure – one had the feeling that neither the artist nor the curator had a handle on what the creation was/is. Fair enough, no problems, mate. Just slot it under 'Miscellaneous'.

And thank goodness for humour. Nothing wrong with humour in art as Picasso, Dali and numerous others demonstrated ...

Why wasn't there a section titled something like 'Art with Humour?' A section thus dedicated would have made it clear that the artist wasn't giving us the 'bird' but was motivated to entertain.

Lorne has in the past acquired some fine pieces of sculpture – the metal Dart, the canine Pack, perhaps even the red and white 'Top Model' though many feel the jury is still out on that piece – it's hard to see how some of the lauded sculptures from this year's crop could be part of a permanent collection.

But getting back to humour in sculpture, with our now defunct fishing industry a not-to-distant memory, perhaps a great subject would have been a lone Lorne fisherman taking a lobster for a walk on a string?

Oh sorry, the French intellectual de Nerval did that nearly 200 years ago.

- Josef Vondra

## Slap? Sledge ?

Let others know how you feel  
Write a letter to the Editor

Jo Vondra

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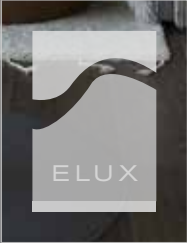
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VISITING LORNE WEEKLY

# AQUATIC CLUB

## Committee notes

Keith Miller - Commodore

Autumn has arrived which is normally the best season of the year but this year we've had heat, bushfires and now a strong easterly. I'm sure it will come good before Easter.

We are still open seven days a week so drop in and say G'Day to our friendly members and staff.

Since my last newsletter we've had lots happening at the Club with lots of members and guests enjoying our facilities with the best cold beer and views in the world.

On the Sunday of the Labour Day long weekend we had the Vulcans playing live.

It was free entry as usual and everyone had a great evening.

Also, a big congratulations to David Griffiths AKA Griff, Griffo or Croc, our much-loved life member who recently got married to the lovely Jill. (Poor Girl)!

### Upcoming Events

Easter Sunday, we have a fishing competition with the fish being weighed in about midday. Everyone's welcome to come and watch. This will be followed by a roast lunch for members and guests about 1pm. Adults \$10. Children \$5.

Then from 4pm till 8pm Local Rock Legend Ron Hollmer and his NDY BAND will be playing live music. Entry is free.

### Courtesy Bus

Our bus will be running on Good Friday, Saturday, Sunday and Monday from 4pm onwards. Phone 0498 03 1234.

### Coffee and Bait

Jason our barista is operating Thursday, Friday, Saturday, Sunday and Monday starting at 7.30am making his world-famous coffee, tea, hot chocolate, homemade energy balls, muffins and Muesli. We would like to thank Jason who very generously gave free hot drinks to our Clean Up Australia Volunteers recently. He also quite often does the same to participants attending the many meetings we have at the club house.

We have just restocked our freezer with bait for the Easter period. We are now stocking baby cuttlefish which is a great bait for King George Whiting.

### Merchandise

Check out our range of Long and Short Sleeve T Shirts, Caps, Polo Shirts, Hoodies, Stubby Holders, Stickers and Gift Vouchers.

### Fishing Report

The fishing continues to be excellent. Autumn is traditionally the best time of year for fishing with light winds and warm water. King George Whiting up to 48cm have been caught with some anglers catching their bag limit. Flathead and Pinky Snapper are plentiful and a few nice gummy sharks have been landed. There have been a few schools of good size Southern Bluefin Tuna spotted but they have been elusive.

Recently James Prasevic caught a big Mako Shark and Ralph DeBon caught a good size Thresher Shark.

### Unusual Fish Caught Locally



This is a Flying Gurnard or Butterfly Gurnard. They are quite rare in our waters. We only catch one every year or so. They grow to about 60cm and are normally caught in deep water but over the summer months they come into shallower water. This one was caught in 30 metres. They don't have spikes like other gurnards and are good eating. They are targeted as a food fish by trawlers and marketed under the name Latchet.

### Fishing Competition Results

We held our second Major Fishing Comp on Sunday March 11 which was kindly sponsored by Paul and Maxine Spizzica of Lorne Breakdown and Towing.

Unfortunately, the weather wasn't kind and we had a 20 knot south-westerly wind which kept most of the boats out of the water.

We had 15 anglers with only 6 fish weighed in. The winner on the day was Barry Hayward with a nice mullet who narrowly beat his wife Glenice who also caught a mullet. Third was Ian Middleton with a good size salmon.

Paul Staley is currently winning the Major Comp on 4580 points. Our next comp is on Easter SUNDAY. All welcome.

## Member of the Month



I'm introducing a new segment where I'll be writing a profile on a club member each month. The first one is a very well-known and likeable bloke called Richard (Dick) Davies.

Dick was born in Kerang and was educated at Ballarat College.

In 1964 his father purchased a holiday house in Lorne, so the family holidayed here at every opportunity. Dick fell in love with Lorne and as soon as was old enough he got a job as an apprentice carpenter with a builder by the name of Ted Purdie who was the father and father in law of Linda and Ian Stewart.

Dick played over 70 games of football for Lorne and I've been told he was pretty handy. He played in 4 grand finals and won 3 which is a pretty successful career.

Dick runs his own building business in Lorne with his son Harley. He is very highly spoken of around Lorne as an exceptionally good carpenter.

He has been a member of the LAAC since the early 80's which makes him one of our longest serving members.

Dick loves fishing and is a garfish specialist. He currently holds our club record for the biggest garfish. He also won our Salmon cup a few years back.

Dick also has a hobby of making sculptures. He has displayed a sculpture in every Lorne Biennale Sculpture Exhibition since its inception in 2007.

This year his masterpiece is called "Get Forked"

## Clean Up Australia Day

Our thanks to all the volunteers who helped out on clean up day. They did a wonderful job making our roads in and out of Lorne spotless. A special thanks to Barry and Glenice for organising it.

## Point Grey Report

The 4 selected architects from the 39 people of interest have been announced via a press release and are all very well credentialed professionals and it will be very interesting to see their outcome.

We forwarded a letter to each of them inviting them to meet with us so that we could explain to them our specific requirements and thoughts on the redevelopment of our club house.

This didn't happen as we were advised by GORCC that this couldn't happen but we will get the opportunity to meet and discuss the selected winners concept plan before proceeding further.

The winner will be determined at the end of March and we look forward to this opportunity when advised by GORCC.

The LAAC chaired a meeting last Monday to address and clarify some matters that had been raised by some interested community members including members from Lorne business and Tourism, Friends of Lorne and Committee of Lorne regarding the redevelopment of Point Grey.

The outcome of the meeting was that we believed they left the meeting with a better understanding of what is proposed and we are addressing the list of written queries provided.

This morning (Thursday) the building sub-committee had a further update meeting with GORCC representatives to further understand and advance matters to the next stage of the redevelopment.

With the current GORCC CEO Mr Richard Davies retiring, they have announced a replacement, Ms Vanessa Schernickau and the LAAC committees look forward to meeting with Vanessa and working with her and her team to complete a successful community project. - Ric Addison

## Lorne Mens Shed Sculpture

In 2017 the Lorne Men's Shed had a competition to design a sculpture based on an abstract Cousta Boat. It was won by local artist Tony Wolfenden with his design called "Cousta Memory".

Members of the Lorne men's shed spent many hundreds of hours building the sculpture for this year's Biennale. They have done a sensational job and the LAAC would like to congratulate them. It is now on display at the end of the pier.

Voting for the people's choice award will continue throughout the Biennale.

Voting forms are available on the trail, swing bridge cafe, our club rooms or online [www.lornesculpture.com](http://www.lornesculpture.com)



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# COMMON HIP PROBLEMS RESOLVED



If you're walking like a pirate but don't captain a large ship, your swagger may be preventable and treatable, and the remedy doesn't involve buying an eye-patch and a parrot. Gluteus medius tendinopathy (GMt) is a relatively common condition that affects the outside of the hip. The gluteus medius muscle is a powerful abductor and internal rotator that primarily acts to stabilise the hips during walking and running.

The primary role of tendons is to transfer load. When too much load is repetitively placed on the tendon (walking/stair climbing), it becomes irritated, which can lead to tendinopathy. Tendinopathy is essentially tendon irritation resulting in changes to the structure of the tendon, making it more susceptible to further damage and ultimately reducing its ability to transfer load.

## Common Causes & Symptoms

There are two prime contributing factors:

- Compression is thought to be a key factor and needs to be taken into consideration in any rehabilitation program.
- History of increase in load over previous weeks, such as a long, hills, stairs, running, hopping, skipping, horse riding; just about any action that results in repetitive flexion through the hip.

Presenting symptoms can include outer hip pain, hip pain that extends into the outer thigh and pain that is worse at night. Often the hip is aggravating when side lying, getting in and out of the car, standing on one leg, climbing stairs or walking up a hill (which is often hard to avoid in Lorne).

## Where to Start?

The first thing to avoid is activities that aggravate the hips and minimise compressive loads (carrying heavy items). Exercise physiology serves to correct these issues by improving walking gait (biomechanics and posture) and improving muscle activation patterns by strengthening key muscles.



For a GMt rehabilitation program to be effective, education is paramount as this will result in reduced hip pain, better adherence, improved postural awareness, and better long term results.

Finally, sea legs may be good fun, but they should only be temporary. Walking with an altered gait will increase the load on the glute med muscle and adds further compression to the tendon, resulting in lateral hip pain. Encourage people to walk normally if possible and avoid rest as it will only further weaken the musculotendinous complex.

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# KELPERS AND KOMBU

Doug Williams

On King Island and in Tasmania there is a well-established industry based on harvesting seaweed. In Tassie, as well as kelp, *Undaria pinnatifida* is part of the crop and this is a seaweed that originates in Japan but has appeared in Australian waters probably in ballast water from visiting ships and is widely regarded as a pest.

As a foodstuff, seaweed is an ingredient in many foods. It is the nori used to make sushi rolls and in miso soup it is kombu. Edible seaweeds are extremely nutritious and apart from fibre they contain zinc and iodine as well as magnesium and are very high in vitamins A, B and C. And then they have very high levels of Vitamin B12 and contain antioxidants. There are many health benefits in eating seaweeds since they help with vascular and anti-inflammatory conditions and with osteoarthritis. In the food industry they are used in sauces, creams, syrups and ice cream. They can be eaten in salads and used to make salad dressing. The best of the locally obtainable salad seaweeds are sea parsley and sea lettuce (obvious really, don't need to guess with names like that). Should you wish to bring a little home for the dinner table check with your local authority or look for signs posted at beaches to be sure you are allowed to do so. Generally speaking it is legal throughout Victoria to pick up weed as long as you don't go overboard, so to speak, although of course you'd have to go overboard to collect weed off the beach. The regs vary across the country – in Tasmania you are allowed to take home one hundred kilograms of the stuff per person per day. Which would mean that you are not going to gorge on the stuff but want to use it as fertiliser.

I don't blame you because, even better than chook poo, seaweed is **THE WORLD'S BEST FERTILISER**. All those trace elements and other goodies that are so beneficial to you are also great for the garden. Most seaweed varieties contain growth hormones and, as a soil conditioner, they assist soils to increase their nitrogen uptake. There is no need to rinse salt off the weed so don't go to the trouble of soaking it or hosing it down. It can be composted easily and is great for soil structure and for moisture retention. Trenching it or digging it in is best but it can also be placed straight on the surface of the soil in your garden beds. When it dries out it remains efficacious and has other advantages. Slugs and snails can't deal with it because it is sharp edged and it also deters birds, dogs and cats. It breaks down rapidly in your compost as well and can be used to make a liquid fertiliser in under three weeks. Just place it in a bucket and add water. When the liquid has the colour of tea (or whisky) it is ready to use on your flower garden or vegetable patch.



Bull Kelp - *Durvillea potatorum*

Bull kelp is processed commercially as fertiliser on King Island where it is a multi-million dollar industry. The weed is collected off beaches by self-employed 'kelpers', hung over racks to air-dry then it is heat-dried further before being milled and bagged. Surprisingly, much of the product is exported to Scotland. Bull kelp, or *Durvillea potatorum*, can grow to six metres in length and thousands of tonnes of it are harvested under licence annually. It was named after yet another of the French explorers and cartographers who visited Australian waters in the early part of the nineteenth century and whose name was Jules-Sebastian Dumont D'Urville.

A fascinating character, he was also a naturalist and an intellectual, a polymath who was a scholar of Chinese and Polynesian languages as well as ancient Hebrew, kept a pet cockatoo and rivalled James Cook as an intrepid explorer and adventurer. He was present when the *Venus de Milo*<sup>1</sup> was excavated on the Aegean island of Melos and promptly purchased it for France. Aside from bull kelp, he collected between 5,000 and 6,000 species across his three far-ranging expeditions which included visits to Antarctica where he named the Adelie penguin after his wife.

Monsieur D'Urville had the misfortune to later achieve fame when he and his entire family were among those who were incinerated in France's first ever train crash<sup>2</sup>.

1. Remember this and you'll have the answer to the quiz question that asks for the connection between bull kelp and the Venus de Milo.
2. This was in 1842; the first Paris railway dates to 1837.

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# PROPER USE OF ANTIBIOTICS

Before the invention of penicillin in 1929, a small cut or blister often became infected with drastic results. Antibiotics are medicines used to treat infections caused by bacteria. The first antibiotics were prescribed in the late 1930s and since then antibiotics have become an essential part of our health system.

Unfortunately, many bacteria are now resistant to commonly used antibiotics. Infections caused by these antibiotic-resistant bacteria have become very difficult to treat. This is what is known as antibiotic resistance – when antibiotics can no longer cure bacterial infections – and has been a growing concern for years.

Wise use of antibiotics can help slow antibiotic resistance so that simple cuts and grazes can continue to be treated with ease. To ensure wise use of antibiotics, a key understanding is that the common cold and many other upper respiratory infections, as well as some ear infections, are caused by viruses, not bacteria.

If antibiotics are used too often for conditions they are unable to treat – like the common cold or other viral infections – they can stop working effectively against bacteria when really needed. International efforts over the past few years have resulted in fewer children receiving unnecessary antibiotics. But over-use, or inappropriate use, still remains a problem and continues to fuel an increase in antibiotic-resistant bacteria.

Antibiotic resistance is considered one of the world's most critical public health threats. It is also an economic burden on the healthcare system. Resistant infections cost more to treat and can prolong use of healthcare resources and decrease productivity.

Taking antibiotics for viral infections, such as the common cold, most sore throats, acute bronchitis and many sinus or ear infections will not cure the infection. It will not keep other people from getting sick, and will not help you or your child feel better. They may cause unnecessary and harmful side effects.

It is important that everyone joins the fight to ensure antibiotics remain effective. Taking antibiotics when you or your children

have a virus may do more harm than good. Rest, fluids, and over-the-counter products may be your or your child's best treatment option.

In the past, there was a feeling that unless a patient left a doctor's practice with an antibiotic prescription they felt they had been attended to poorly. That mindset has changed significantly. Consumers today are urged not to demand antibiotics when a doctor says they are not needed.

Effective treatment of symptoms is usually all that is necessary for upper respiratory tract infections such as the common cold. Choose products which are specific for your needs and ask your pharmacist to recommend appropriate symptomatic relief. For instance, the use of anti-inflammatory lozenges has been shown to be far more effective than antibiotics in relieving the symptoms of a sore throat.

Of course, you can also minimise the need for antibiotics with some simple and sensible lifestyle and behavioural strategies, by making sure your (and your children's and grandchildren's) immunisation schedule is up to date.

The problem of antibiotic resistance is so serious that the World Health Organization (WHO) has predicted a return towards the health problems of the pre-antibiotic era within a decade. This was a difficult time in health when safe surgical procedures were almost impossible, and when small cuts and grazes could lead to amputations. Your local pharmacy is your health destination. Talk to them about antibiotic resistance, avoiding infection, and treating common viruses. Many pharmacies also offer wound care services.

More advice about preventing or reducing the risk of infection can be obtained from pharmacies around Australia which provide the Pharmaceutical Society of Australia's Self Care health information. You can get detailed information on antibiotics from the Self Care Fact Card titled Antibiotics.

For the nearest Self Care pharmacy location phone the Pharmaceutical Society of Australia on 1300 369 772, or go to [www.psa.org.au](http://www.psa.org.au) 'Supporting practice' then 'Self Care', and then 'Find a Self Care pharmacy'.



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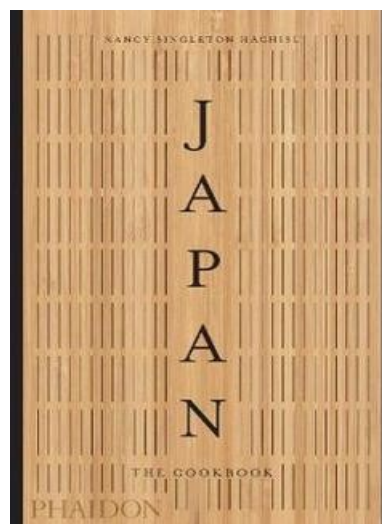


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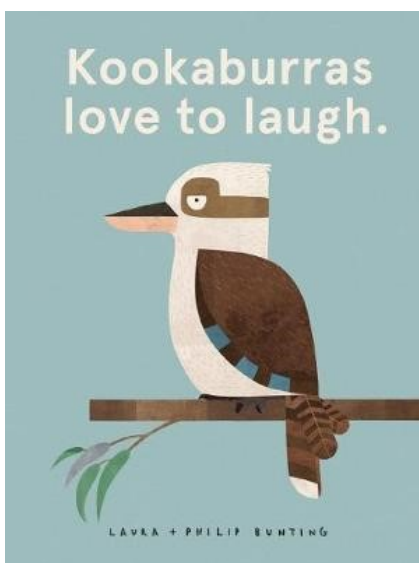
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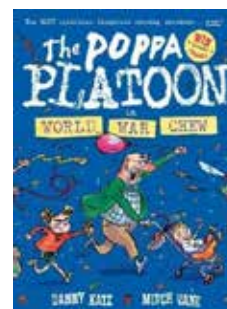
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