

# LORNE

## Independent \$2

No 212 July 2019

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## ALL HAIL LORNE'S DUAL WORLD SAUSAGE ROLL CHAMPS

Ric Addison and Emily Miller - Page 4

Also world champ in condiment Dawn Pitt

Whale-sighting is Back

Expert John Agar's guide to everything you want to know about these creatures on pages 2-3

# WHALE-WATCH!

It's that time of the year again when those magnificent whales are seen off our coastline and if luck is with us, they'll make an appearance between now and October and we'll be able to watch them dive and surface and frolic about 100 to 200m out.

In past seasons, whales have used Louttit Bay as a playground, much to the delight of the people of Lorne but that is a rare event – the Greek god of the sea Poseidon must have smiled on us that time...

But just a note of warning – bothering a whale in any way is illegal and there are heavy penalties in place. It's also dangerous – very! So leave the surfboard and rubber dinghy at home and just watch.

There is really no good place to watch – it's pot luck. If you see a large crowd, cars parked on the side of the road and

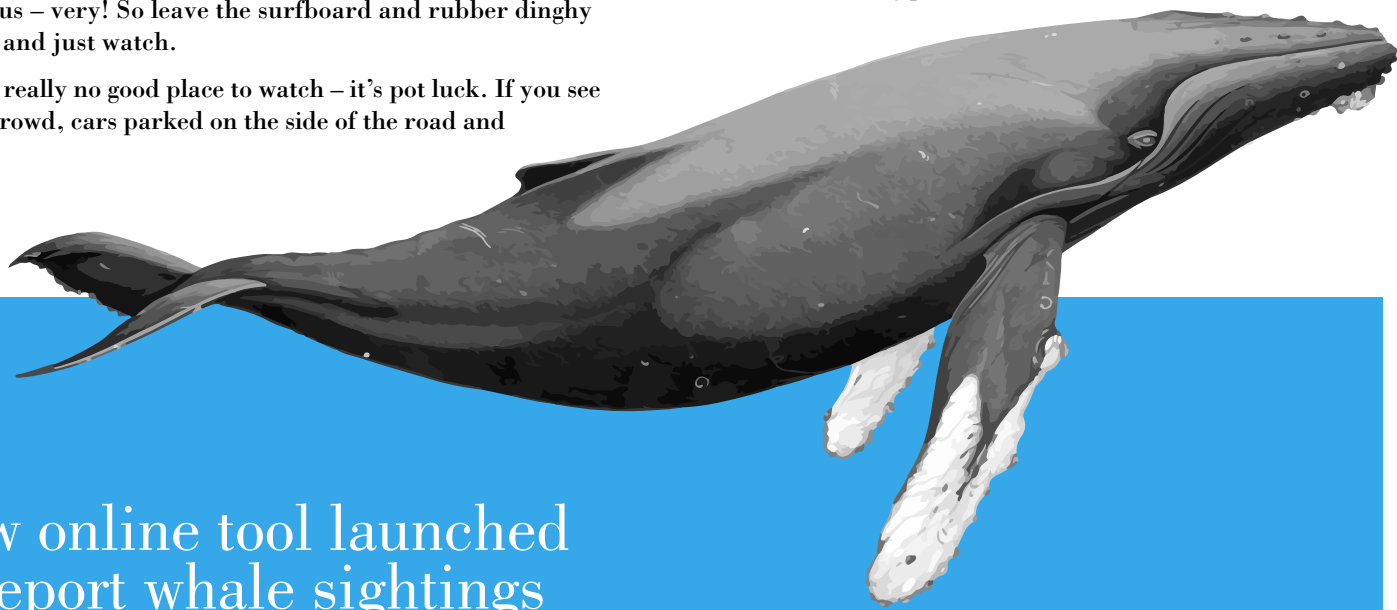
people, well-rugged up against the cold and wind, and pointing excitedly out to sea, you can be sure there are whales about.

The Lorne Visitor Information Centre usually hoists a flag when there is whale activity.

Our 'Whale-watching' expert, John Agar, says sightings can occur almost 'anywhere' but obviously a good place would be high up – the Great Ocean Road has some good elevated positions between Anglesea and Lorne, and again after Point Grey towards Wye River.

There is an email alert system offered by the [visitgreateoceanroad](http://visitgreateoceanroad.org.au) website ...

[www.visitgreateoceanroad.org.au/whale-sightings/](http://www.visitgreateoceanroad.org.au/whale-sightings/) that is a useful starting point.



## New online tool launched to report whale sightings

A new online tool has been launched for citizen scientists and casual whale watchers along the Victorian coast to contribute sightings and photographs to the Department of Environment, Land, Water and Planning (DELWP).

A partnership between DELWP's Barwon South West Region and the Arthur Rylah Institute for Environmental Research, the uploader tool allows community members to quickly and easily report whale sightings.

DELWP Natural Environment Programs Officer Mandy Watson said: "The tool is an efficient, modern way for people to contribute valuable data to the Department's whale sightings databases, including identifying images of the Critically Endangered Southern Right Whale."

"It's a very user-friendly online portal that allows people to report whale sightings on an interactive map and upload photographs in one click," Ms Watson said. "The uploader, available at [www.swift.net.au](http://www.swift.net.au), builds on our previous Southern Right Whale citizen science program, making it easier for more community members to get involved.

"Over the past two years, citizen scientists have contributed two thirds of the whale identifications collated by DELWP for this

important research and we hope to expand this program even further. "Sightings and photos which capture the key identifying features of the whales are a vital component of the South East Australian Southern Right Whale research program.

"Reports and images from the community can provide a really meaningful contribution to our understanding of this species to help us better support its recovery." Arthur Rylah Institute Scientist Dr Kasey Stamation said: "The launch of the whale uploader tool is part of a wider refresh to the State Wide Integrated Flora and Fauna Teams (SWIFFT)."

"The new SWIFFT website is a major refresh of the old site and contains an extraordinary wealth of information and resources. "It now has an interactive citizen science capability, enabling Southern Right Whale watchers along the Victorian coast to upload their photos to SWIFFT and contribute to the whale database."

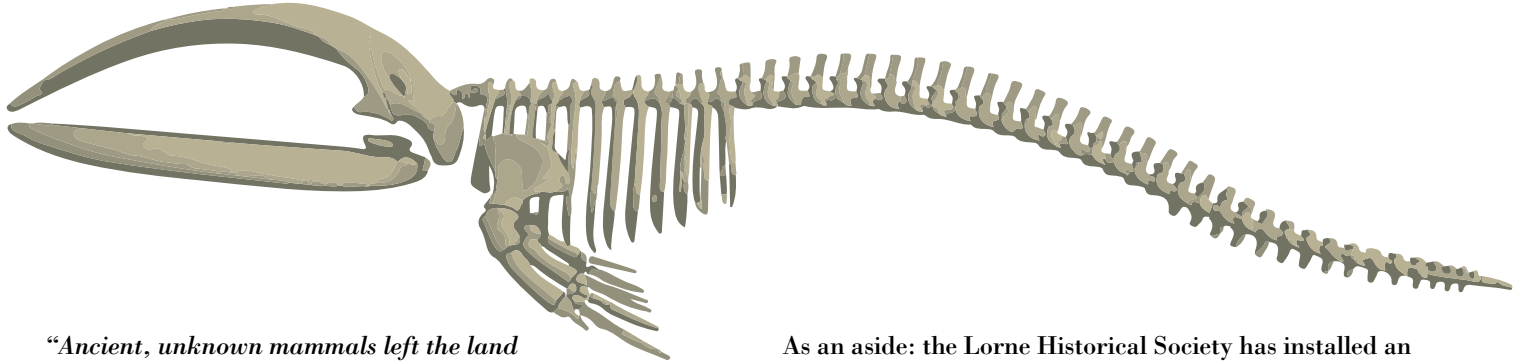
To contribute Southern Right Whale sightings to the database, go to [www.swift.net.au](http://www.swift.net.au)

and click on the 'Southern Right Whale photo identification project' page.



From the Deck by John Agar

# ‘LEVIATHAN... upon earth there is not his like’



*“Ancient, unknown mammals left the land  
In search of food or sanctuary  
And walked into the water*

*Their arms and hands changed into water wings;  
Their tails turned into boomerang-shaped tail-flukes,  
Enabling them to fly, almost weightless, through the oceans;  
Their hind-legs disappeared, buried deep within their flanks.*

*Free from land-based pressures:  
Free from droughts, earthquakes, ice-ages, volcanoes, famine,  
Larger brains evolved, ten times as old as man’s ...  
Other creatures, with a larger cerebral cortex,  
Luxuriantly folded, intricately fissured,  
Deep down, in another country,  
Moving at a different tempo.”*

A short excerpt from ‘Whale Nation’ by Heathcote Williams

For those unfamiliar with Heathcote Williams ‘hymn’ to the whale, a vast, beautiful, heart-wrenching paean that is described by Amazon as “a ‘green classic’ that rarely fails to strike a chord in the hearts of those concerned with the abuse of our planet” ... find it ... read it ... hear it ... think it ... you won’t regret the experience.

You can find a video reading of Whale Nation at: [https://www.youtube.com/watch?v=5V\\_RehD4tns](https://www.youtube.com/watch?v=5V_RehD4tns) ... it is worth 45 minutes of your time!

The Heathcote Williams line: ‘Moving at a different tempo’ well describes the graceful movement of whales through our Lorne winter sea. The sight of a whale – in shore with calf alongside, breaching off Vera Lyn, or mooching along the sandbanks at the Erskine River mouth where I can watch them at play from the comfort of my deck – slow paces the rhythm of the heart.

June to October are our ‘whale months’. Rarely if ever seen when I was a child, passing whales have become increasingly commonplace over the last decade. Conversely, I remember pods of dolphin – my dad used to call them porpoises, but he was wrong - pods a hundred or more strong that churned the waters of the bay as they fed on the barracouta that supported Lorne’s then vibrant fishing fleet.

As an aside: the Lorne Historical Society has installed an excellent exhibit in the old Fish Co-op that pays homage to the ‘couta, to the fishermen who brought them in, and to the extended fisher-families of Lorne. The exhibit is open on Saturdays and Sundays (from ~12.00 to 2.30 pm) until the end of the year. It is well worth a visit.

While the dolphin have now all but gone, the whales are back! Most whales that we see around the southern coastline are southern right whales (*Balaena Australis*) – called the ‘Right’ whale because – using a quotation from the Australian Museum – ‘it was the right whale to catch because of its (excellent) meat and high oil content.’

The southern right is a member of the baleen whale family, the largest of which is the blue whale, the largest known animal to have ever existed on our planet. Others in the same family include the minke and humpback whales. Baleen whales are toothless. Rather than chewing their food, they take great gulps of seawater, then filter it through a modified membrane in their mouths made of baleen – a substance similar in structure to the keratin that forms the human fingernail.

Hunted in the 19th and early 20th centuries – almost to the point of extinction – the southern right whale is making a welcome come-back to our shores. Luckily for all – whales and humans alike – the commodities once provided by whales: meat; oil for oil lamps; baleen for corsets, umbrellas, watch-springs, upholstery, and medical trusses; blubber for soaps, detergents, and varnish – the list is endless ... have now been replaced from other sources.

But, with more than a touch of irony, many of the replacement resources that have supplanted the whale as their ‘provider’ now come from plastics, or fossil fuels – ubiquitous substances that now foul and clog the very seas that the recovering whale populations enjoy. Even as I write this piece, rescue workers are struggling to free a whale tangled in netting off the beach at Ocean Grove.

As I wait, enthralled by these majestic creatures, for the first exhaled puff of spray in the far distant sea, or the first breaching thrust beyond the pier to mark the start of our ‘season’, I am put in mind of an excerpt from Job 14: ‘Leviathan ... upon earth there is not his like ...’

# LORNE DISHES UP THREE WORLD CHAMPIONS IN FOOD

Lorne now boasts three world food champions in two different categories – two dual bone fide ‘World Sausage Roll’ championship winners and by default, a World Champion in condiments.

At the much-anticipated event at the LAAC to find the very best world sausage rolls over the Queen’s Birthday Weekend, two winners shared the crown – Ric Addison and Emily Miller, with Runner up Dwina Dombrowski and third Dick Davies.

The World title is official in that it has been registered by Commodore Keith Miller and it’s therefore as legit as one can possibly get. All hail World Champions Ric and Emily! Or to be PC correct – Emily and Ric!

The World Championship title for Best Condiments (by default) was taken out by Dawn Pitt, with Karen Pitt (no relation) taking the number two position and Barb Barber third.

Some 300 people crowded into the Aquatic Club for the event and when Dawn and hubby Max Pitt arrived, people for a moment thought that royalty was in town but no, it was only Max showing the way real classy participants arrived at a world competition. Max was a champion footballer for Collingwood but was never a world champ, so Dawn has one up on him now.

This is how Commodore Keith Miller saw the drama unfolding:

“Our three celebrity judges who hadn’t eaten anything for a week and with stomachs rumbling, arrived at 3pm and immediately started tasting and judging the magnificent range of sausage rolls and condiments.

The range was spectacular with very few competitors willing to divulge their contents and secret recipes. One competitor used kangaroo and another rabbit; the range of condiments was also diverse with relish, chutney and tomato sauce dominating.



*Left: We didn’t have a prize for the best looking sausage rolls but if we did, these masterpieces designed and cooked by Max Pitt would have won easily.*

*Above: Max Pitt (in top hat) and Dawn*

The world famous judges were:

Jorge Guerrero, local restaurant owner and world renowned sausage roll critic, Anson Cameron, best-selling author, journalist for The Age newspaper and sausage roll fanatic, last but not least, Leon Armistead, local living legend and professional sausage roll and condiment taster.

We used a system where the judges were just given numbers for the entries which avoided any chance of corruption. We were forced to do this because they were being offered huge bribes and were keen to cash in.

We apologise to all those that didn’t get any sausage rolls on the Sunday evening, we were caught out by the huge attendance and didn’t have enough.

We thought 300 would have been plenty. We will be better prepared next year”.

# LORNE'S COMMUNITY HOSPITAL IS GONE...

long live its new identity under Great Ocean Road Health

With the creation of a new identity – Great Ocean Road Health – the Lorne Community Hospital will in effect cease to exist, though there will be no change in any of its staff or services.

The creation of Great Ocean Health draws together the resources of both the Lorne CH and the Apollo Bay Hospital to create one identity to ensure the sustainability of local primary care health services, improve service delivery and deliver greater access to care for local communities, when they need it.

Patients will enjoy better health outcomes thanks to better coordinated, more efficient and patient-centred care, closer to home.

Great Ocean Road Health will be better placed to meet increasing demand from locals and tourists in Lorne and Apollo Bay, while also ensuring the health service remains financially strong.

Great Ocean Road Health will have one board of management and over time, will be able to expand the range of health services delivered locally.

For staff in both hospitals, it will be 'business as usual.' Great Ocean Road Health will keep all local hospital names, the same services and staffing levels and there will be no reduction in Government funding.



*Above: Stella O'Donnell does the honours for the Op-Shop: Sand from Lorne and Apollo Bay is mixed as a symbol of health services unity*

At Lorne Community Hospital's final board meeting, Chair Dr Damian Smith continually emphasised the community's part in making the Hospital among the best-run health services in the State. He paid tribute to the vision of the community leaders who had turned a small medical facility into the Hospital as we know it today.

He especially thanked the Op-Shop for its continuous generous contribution of funds to the Hospital's needs. There will be new arrangements with the Op-Shop, to ensure its financial help is still accessible by the Lorne Hospital.

He also paid a special tribute to Kate Gillan who resigned as Chief Executive Officer to take up a new position, that of Chief Nursing & Midwifery Officer at Barwon Health.

Work to bring the two health services together started a few years ago - the Lorne Community Hospital Board and Otway Health Boards have been exploring better ways to share resources to strengthen primary care

and improve clinical services at both health care services.

The formation of Great Ocean Road Health builds on this work even further. General Practices are now integrated and better placed to attract and keep more doctors working on the coast.



## WE NEED YOU!

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## Volunteer Positions Vacant

Lorne SES Unit is currently recruiting for six new members to assist in keeping your community safe.

As well as emergency response, VICSES volunteers engage with the community to help them prepare for disasters.

Can you commit to two volunteer hours per week?

Can you see *yourself* in orange?

For more information phone Adrian on 0419 114 003  
or email [lorne@ses.vic.gov.au](mailto:lorne@ses.vic.gov.au)

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# How can we help you today?

Over the years, we've come to understand the needs of locals and we'd love the opportunity to meet you and understand your goals. Every path is different, but they all have the one thing in common, we're here to help.

Drop by and meet branch manager **Andrew Shaw** and the team at the CommBank Lorne branch today, or call us on **(03) 5289 1415**.

**CommBank Lorne branch**  
68 Mountjoy Parade, Lorne.



# NEW SPIRIT OF CO-OPERATION

There is a new level of cooperation and collaboration between the Surf Coast Shire, Great Ocean Road Coast Committee (GORCC) and the community of Lorne.

A recent workshop brought together over twenty members of the community with Shire and GORCC representatives, to scope future work which would address one of the key aspirations contained in Committee for Lorne's document outlining our Vision for Lorne related to accommodating Lorne's future.

It states; "With our goal of a permanent population of 1500 more evenly spread across all age groups, we will take steps to address the lack of affordable housing that is a significant barrier to achieving the long-term viability and ongoing sustainability of Lorne."

In 2009, a report and action plan called "Reversing the Trend – a strategic response to the lack of affordable housing in Lorne" addressed housing for seasonal workers and permanent residents.

Following 10 years of stop-start action by community and council, it is time to reflect - what's changed and where are we now? The Committee for Lorne, Council and the Great Ocean Road Coast Committee have, in recent years, been trying to work more collaboratively on the big issues in town.

Surf Coast Shire Council's Structure Plan (10-year land use plan) for Lorne is due for review and Council is ready to start the process but, after discussion with the Committee for Lorne, has paused to take stock on this issue of accommodation first.

The Committee for Lorne has been busy working with Melbourne University (and other research organisations) to explore short and long-term housing options within and around the town.

What have we learned? The Committee for Lorne's vision sets a goal of 1500 people permanently living in the town. In 2006, the permanent population was 967, in 2011 it was 1164, in 2016, it was 1128. Lorne's population has aged in that period – over 50's now represent 38% of the town's population, up from 29% in 2001.

A statistic that resonated with all representatives attending the workshop was that whilst the median age of Australians at the 2016 Census was 38 and the median age of Victorians was 37, the median age of the population of Lorne was 53. Interestingly, if the percentages of population by age group in Lorne approximated those on a national basis, the population projection is around 1500.

So, a recently workshop attended by all parties addressed the following issues:

- What problems are we trying to solve?
- What outcomes would we like to see?
- What's been done? What do we know? What don't we know?
- What steps should we take?
- Who needs to be involved? What skills, resources and knowledge can they bring?

This workshop was just the first step in what will be a lengthy process, but it was encouraging to take on board fresh thinking about what will be necessary to attract young families to live and work in Lorne.

What new facilities are required? What might be the jobs and work of the future which can be done in Lorne? What would be the impact on the school and curriculum as part of attracting new families to Lorne?

The next step is to start to formalise the ideas and actions arising from this workshop and involve more members of the community in developing an action plan.

With thanks, Peter Spring, Committee for Lorne

## SCORE BOARD

Lorne's Stribling Reserve electronic score board is now fully functioning.

The board represents a major up-grade for the ground, in that it is multi-purpose – in addition to the football, netball and other scores, it also allows advertising images to be projected in vivid colours and of course movement.

It is envisaged that the board will be used by Lorne's P-12 College for presentations, and other applications include entertainment.

The board is part of the continuous up-grading of the Stribling Reserve oval and its facilities, which in the near future will include rebuilding almost completely the stand and allow for new and modern changing rooms, toilets and other amenities.



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**Please note: Absolute deadline for copy is five days before the end of the month.**

# PERMANENT 'AUTHORITATIVE' ERSKINE RIVER ESTUARY SIGN BY NEXT SUMMER

A permanent and authoritative sign warning of microbiological dangers of the Erskine River Estuary could be installed by Summer following talks between the Surf Coast Shire, the Corangamite Catchment Management Authority and LorneCare.

The Estuary is one of the most beautiful areas on the Lorne foreshore but often poses significant health problems because of its high microbiological contamination.

There is a warning notice at the Swing Bridge but this is often ignored by parents and others who make use of the placid water, especially allowing children to swim and play in the water.

Alain Purnell, of LorneCare, said that "For many years LorneCare has provided water quality monitors for the CCMA's Waterwatch program.

More recently, we have also provided monitors for the CCMA's EstuaryWatch program. We recently held a meeting between our team and the CCMA Coordinator to rationalise our sampling points, so that only the EstuaryWatch points are now used.

"The main concern is the level of microbiological 'nasties' for which LorneCare is not equipped to test. We test for turbidity, pH, phosphorus, salinity and dissolved oxygen - many measures of river health. Microbio assessment requires the test to be carried out in Geelong.

"What I will suggest at the forthcoming meeting is that LorneCare take regular samples in the summer, send the samples to Geelong and discuss the results with the Shire, so that the sign at the Swing Bridge will have credible, current information.

CCMA used the local EstuaryWatch monitors to tackle a similar problem at Barwon Heads and found a source of funding. Hopefully, with their help, we can do the same."





# THE LOUTTIT LOOP

Lorne's top cop David Cooper has vacated his chair and Sgt. Jonathon Parish has moved into it! Sgt Jonathon is from Birregurra and was previously stationed in Colac. He has two kids and coaches Birrie's Under 13 footy team so he must be ok! Word is that the Lorne Police team are happy! Lorne welcomes you Jonathon!

*The ladies of Lorne will never forget Dave Cooper's first few days in town. He walked Mountjoy Parade fully clad in Police Leathers! Don't think he had his thumbs resting in the front pockets but you get the picture! OMG! A magnificent sight. Then rumours spread that he was a tough cop and "things were going to change in this town". Well, he did replace dear Bill Matthews who not only knew every one by name but all their good and bad habits as well. Tales told years later by Bill proved what a tolerant and caring cop he was. With "Super Cooper" (as he soon became known) the biggest change to be observed was in Dave himself! He pretty quickly got the hang of how the town worked, made friends and fitted in nicely. His quick actions in saving lives in the ocean will long be remembered. We wish him all the best.*

Once more we observe some enormous fallen gums which had spent their long lives leaning over the Great Ocean Road – between the Pacific and the Lorne Hotels! OMG are they ever big trees with a relatively small root system spreading out and not down. Consequently in wet times it's hard for such trees to cling on when the wind gets up! Hard to believe they manage to fall without landing on a vehicle! Praise the Lord!

*At the last Committee for Lorne community lunch at The View on top of the Lorne Hotel, the guest speakers from the Shire had so much to report to the punters that one person had to sneak out to grab a sanger! There must have been chaos in the kitchen holding the meals for so long – but as usual they were delicious! Mayor Rose took the theoretical prize for the shortest yet most sincere speech!*

One must keep one's wits about one when travelling on our GOR! Recently the signs announced "40 AHEAD" Not for road works this time – for "FILMING" A huge kerfuffle with catering vans etc and one superb gleaming huge motorbike ready to show its stuff on the curves! And all in pouring rain!

*It's all go at the old Moggs Creek bridge renewal site. A one lane Bailey bridge has been erected to take traffic while major reconstruction hits the original bridge. The Fed and State Govts have stumped up \$3.9million for this work, which is expected to be completed by Christmas. Sadly, once the new bridge is up and running, the Bailey Bridge will be removed which seems a shame as it's quite attractive and would be great for pedestrians, bikes, fisherfolk etc. Anyway, prepare to be delayed!*

A new online whale sighting tool has been launched by DELWP and the Arthur Rylah Inst. For Environmental Research! You can report whale sightings and add your photos to the site – available at [swifft.net.au](http://swifft.net.au) – click on 'Contribute' and then on the 'Southern Right Whale photo identification project'. SWIFFT? OK – it stands for State

Wide Integrated Flora and Fauna Teams. Meanwhile in sweet and simple little Lorne, keep an eye on the Visitors' Centre as they hang a lovely blue whale flag outside when there is a whale in our bay!!

*It was strange to learn that there is a length of the coastline from Stony Creek towards Aireys which is actually the responsibility of Vicroads – not the Shire or GORCC. And in this area natural growing tea tree bushes are not acceptable plants. But on GORCC and Shire areas they are left in place and look great and history tells us they date back to Captain Cook's time as when brewed a healthy acceptable cuppa could be enjoyed.*

Thanks to Suzanne Deviny who provided a cake to accompany the smoko cuppa at June's Lornecare gathering, and a divine coleslaw (complete with fresh dill sprigs – now there's a hint) AND home made relish to enhance the barby. Dear Camel would have rooted round in the creek to find some edible watercress salad greens for the table had he been really present and not simply a powerful spirit lingering above us!

*QDOS announce on their website a couple of interesting 'art' talks on Sunday 7th July. An original comment at the end reads: "\$10 includes drink and nibbles. People of Aboriginal descent free."*

Have you popped in to the old fish Co-op building near the Pier (actually Point Grey)? GORCC has tarted the building up and it's now a wonderful place for our Historical Society to mount some fantastic memorabilia relating to the Lorne fishing industry and also of this particular building's history. There are also tributes to the late Christos Raskatos, who together with his brother Bill and Bill's wife Julie and son Stephen ran the business. This fun fishy exhibition is open on Saturdays and Sundays between midday and 2.30 p.m. depending on availability of volunteers.

*Like many organisations in Lorne, the Historical Society is totally dependent on volunteers – and the numbers are severely depleted in winter when so many of us depart for warmer climes! Please contact Vice-president Peter Spring (0417 514807) if you could consider just being on this roster, or even joining the tribe at the Society! You would be welcomed with the proverbial open arms!!*

Can you just imagine the fun and games when two and a half (?) Lorne couples met in a tiny town in Umbria for a week of typical Italian lifestyle? Views to die for, very very friendly locals, lots of other expats, great little shops and bars whose owners renamed two of the ladies "Suzanna Uno and Suzanna Due"! Best meal? Easy – tagliatelle with amazing olive oil drizzled over it and then covered totally in a generous amount of – wait for it – black truffle shaved at the table from a truffle the size of a big man's fist!!!! OMG. Thank you dear Roberto and spunky son Luca.

*Recently Peter Spring wrote in the Surfcoast Times "Lorne" page of the 11,000km taxi ride taken by 68 year old spinster Miss Ada Beal (and friends Lil and Eileen) with taxi driver Charlie Heard. A three month return trip from Lorne to Darwin. All documented beautifully in the film "The Long Fare", and the book "The World's Longest Taxi Fare". The Year? Would you believe – 1930. Well four ladies are about to follow in the steps of Miss Beal – minus fur coats and a taxi, but still in style with many champagne dinners under the stars. Marg Cartledge and Marg Reardon together with two Cath's are off on one heck of an adventure albeit in more civilized transportation! Watch this space for reports of how it all went!*

Keep warm, travel safe, be nice to tourists, shop in Lorne and please remember if you turn on your wipers, also turn on your headlights!! Please. ....Lillian x x x

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# NEW ARRANGEMENTS FOR LESTER BARKLEY



After many years in public practice, well known Lorne entity, Lester Barkley is reducing his workload and will concentrate on audit services exclusively.

The accounting and income tax practice of Barkley & Associates has now been taken over by the Lorne Accounting Group and will continue to operate Monday to Friday out of the same premises at 1st Floor, 136 Mountjoy Parade; staff will continue on in their current roles.

The new principals of the Lorne Accounting Group are Ben Meeke, Nathan Martin and Glenn Hauenstein who each have over 17 years of experience in public practice accounting.

Nathan and Glenn previously worked with Lester when he was part of Illingworth David, before Lester went out on his own to become Barkley & Associates.

The Highton practice of Barkley & Associates will also see the accounting and income tax practice taken over by the Lorne Accounting Group, which will trade under the name Highton Accounting Group.

All existing staff out of Highton will also continue on (Angela, Sharleen, Vair and Sally) and will help service the Lorne and Highton clients.

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# SOME SHIRE BY-LAWS A 'DOG'S BREAKFAST

To do justice to our 'four legged citizens', there is really no other way to describe by-laws affecting our canine friends on where they can walk on- and off-leash, or are prohibited al-together but as a 'dog's breakfast'.

If people are serious at legally walking their dogs within the Lorne township, they would have to clutch in their hands, in addition to the essential pooper-scooper, a detailed map on what areas are 'off leash', 'on leash' and where our 'four legged citizens' can roam and inter-act with their other canine friends.

One thing is certain – dogs within the proper town precinct are definitely banned complete (especially near kid's playgrounds) and in and around the grassed area of the foreshore.

Given the complex Surf Coast Shire provided map, it takes serious study or at least a 'dogologist' qualification to work out and define legal and illegal areas.

Lately, Shire bureaucrats have taken the issue seriously, and people have been accosted by the 'dog police', but dog owners do have a responsibility to make sure their charges don't bother other people, or indeed cause inconvenience to their fellow canine citizens.

Ah for the days when an official 'dog catcher' roamed the streets of Lorne equipped with a mobile doggy calaboose – in addition to trying to keep out streets safe from canine recalcitrant, the dog catcher also provided much need mirth.



Above: Interstate visitors photo opportunity

# THE LIONS CLUB WELCOMES NEW MEMBERS

Two new members were inducted into the Lorne Lions Club at a recent meeting - Jillian Chapman and Alvis Svikers.



Above: Lions President John Bliss welcomes new members Jillian Chapman and Alvis Svikers

Lions Lorne has a small, but very hard-working team at the Lions Club, and picture shows them being welcomed by Lions Club President John Bliss.

"We are only a very small group, but we raise a lot of money and are happy to help community groups in need. We get many requests for funds each year which are tabled at meetings, and voted on by all members," John Bliss said.

"Our main distribution of funds is done in May, but we are willing to help at any time of the year. We are always looking for new members to help with Lions projects, so if you would like to know more or attend one of our meetings, please email me at [lornelions.information@gmail.com](mailto:lornelions.information@gmail.com)" President John said.

In May this year members voted to distribute funds raised during the past 12 months. A total of \$40,000 was given to many worthy groups and charities, including the Lorne P-12 College, Lorne Community Hospital, Lorne Country Club, Lorne Nursing Home, Lorne SES, Lorne CFA.

# AQUATIC CLUB

Keith Miller - Commodore

## News from the Lorne Angling and Aquatic Club

We are still recovering from our spectacular Queen's Birthday Long Weekend Festivities or what will soon be renamed nationally "The Sausage Roll Long Weekend".

We started off on Friday night with free sausage rolls and "Toss the Boss". Happy Hour on Saturday night, we handed out free sausage rolls again and ran our famous three prize raffle.

On the Sunday morning, we held our Major Fishing Competition Number 4 which was followed by a sensational roast beef lunch which is free to all competitors and only \$10 for members.

Now that everything is back to normal we are still open 6 days a week only closing on Tuesdays.

The inside and outside heaters are all fired up and FOX SPORTS is always on so drop in and enjoy our cosy little clubhouse and take in our beautiful views.

We've had some very high tides recently and when the swell is up some of the waves are touching the deck of the pier.

What better place to settle in and enjoy watching Mother Nature at her awesome best and don't forget our world's best and coldest beer.

### Reduced Half Year Memberships Now Available

The year is half over so we've reduced our membership fees: Pensioner \$15; Single \$30; Family \$45; Boat \$60

So join up now and be part of the A team.

### Upcoming Events

We will be holding our second Winter Cup Fishing Competition on Sunday July 7th, sponsored by Gary Keane Scaffolding and Brick Laying.

All fish must be weighed in by 12.30pm and straight after the trophy presentations we will be dishing up a free scrumptious mixed grill to all competitors and members.

Remember our facilities are available to any member for weddings, parties anything. Just book well ahead with Hutch to avoid disappointment.

We have just purchased a new marquee so we can now supply two which now supplies plenty of outside shelter.

### Pier To Pub Preparations

Following last year's successful but overcrowded event at the Club house on P-2-P day we received comments from our members and the general public that we have taken notice of and in response have formed a P-2-P sub committee to take on board all of the comments received.

In the following months we will progressively advise everyone of the decisions made and any changed arrangements.

All final changes will be advised several months prior to the event via this newsletter, our website, Facebook and signage at the clubhouse.

Our intention is to avoid the overcrowding that occurred last year and make the event more enjoyable for everyone.

### Recent Events

I've already covered the World Sausage Roll Championships. Earlier that morning we held our 4th Major Fishing Competition sponsored by Lorne Concreting's Tom Dawson. Conditions weren't the best but we had about 30 Anglers braving the elements and 5 boats venturing out into a stiff northerly wind.

Despite the weather a good variety and quantity of fish were caught and some of the shore Anglers also caught some nice fish.

The winner was Ric Addison with a good size snapper = 3490 points; It was a hugely successful day for Ric who later that day also became the World Sausage Roll Champion.

Runner Up was Richard Coghlan with a snapper = 2690 points; Third was myself also with a snapper = 2660 points

### Footy Tipping

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Machine is still out in front on 79; There is also a traffic jam for second all on 76 - Big Kev, Donna, Grangey and Whealy

### Fads News

Fisheries Victoria send out a monthly newsletter by email to many thousands of Victorian fishermen and Angling Clubs and in the last issue we got a mention regarding our successful application for FADS off Lorne.

(Continued page 13)

(From page 12)

## Fishing Report

The fishing here over the last 6 weeks has been nothing short of sensational when the weather is cooperating. We've been getting the boat out at least twice a week in between cold fronts. The water temperature has plummeted, dropping back to 14 degrees which is back to normal for this time of year but it hasn't affected the fishing, if anything it's improved it. Huge snapper are being caught in large numbers, some as big as 78cm.

Plenty of small flathead about with the odd big yank, around the 65cm mark out deeper. Yakkas and Blue Mackerel are still abundant and they are now joined by Couta. I don't know if the Couta are just swimming with them or hunting them.

There's still the odd school of salmon busting up but they aren't real big. King George Whiting are still being caught by those with patience. We caught a 50cm monster on a snapper hook in 40m last week which is quite unusual. Gummies have been consistent and last week a 19kg School Shark set a new club record. The pier has been a bit quiet but still a few anglers have been catching a nice feed.

## Member of the Month



*Above: It was Ric's Day – not only did he catch the biggest snapper in the fishing competition but was also crowned dual World Sausage Roll making champion.*

Ric Addison was born in Footscray and grew up in (you won't believe this) Droop Street. He was known as Dick from Droop. Ric went to Footscray Primary School and then Footscray Tech. He was a member of the Footscray Boy Scouts and was chosen to carry the medals for rifle shooting in the 1956 Olympic Games. It was a great experience allowing him to watch a few other events. He went on to study at RMIT and then got a job working for Bogle Banfield Architects in 1961. He married Sue in 1965 and shortly after they moved to Perth to work for Howlett and Bailey architects but soon returned to Melbourne. They have two children – Adam and Meghan.

Over the next few years Ric worked with a number of very inspiring architects, including Sir Roy Grounds and spent 18 wonderful years working on the Melbourne Art Centre Concert Hall.

Later on he joined the Buchanan group, travelling around Australia doing various retail projects for Myer eventually semi settling in Sydney, flying in and out every week. He did that for 15 years.

After many holidays in Lorne they purchased a holiday home in Hall St in 1983 just after the Ash Wednesday Bushfires; it soon became their permanent home. They now have four grandchildren, three step grandchildren and one great grandson.

Ric is a passionate and expert fisherman, and heads out at every opportunity. He is a valued committee man for the LAAC and over the last couple of years has spent countless hours drawing and redrawing trying to put together viable plans for our proposed new club house. It's very frustrating for him but he's doing a wonderful job.

He is a keen Bulldogs supporter so was a very happy man a couple of footy seasons back.

Last year he was our Club Person of the Year and as of last week he is the World Sausage Roll Champion. He also won our last fishing competition. He's become a bit of a legend and is an invaluable member of our team.

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# FROM OUR COUNCILLOR

For the Lorne Ward Cr Clive Goldsworthy - 0400 756 854 [lorneward.information@gmail.com](mailto:lorneward.information@gmail.com)



NAIDOC Week will be celebrated from 7 to 14 July 2019. The Shire is partnering with event organiser, Qdos Arts for the Art Talks events, which are centred on this year's NAIDOC Week theme 'Voice Treaty Truth – Let's work together for a shared future.

Decorated artist and curator Maree Clarke and award-winning author Jock Serong will headline two events at Qdos Arts Lorne.

"Revisiting the Past" with Ms Clarke.

Ms Clarke is a Yorta Yorta, Wamba Wamba, Mutti Mutti, Boon Wurrung woman with a 30-year history working in the global contemporary and cultural Indigenous arts sectors.

In Revisiting the Past on Sunday 7 July Maree will discuss Aboriginal sovereignty and why she is driven to revivify Southeast Australian Aboriginal art practices and how the past and present come together in her work. To be held from 2pm to 4.30pm on 7 July.

"Rewriting the Past"

Award-winning author Jock Serong will lead Rewriting the Past. It will focus on using fiction to think about the truth of white settlement. Rewriting the past will be held 14 July from 2.30pm to 4.30pm.

I encouraged people to attend the first of the Art Talks events at Qdos Arts.

It's special to have two inspiring guests in Lorne for these inaugural Art Talks workshops, so I hope both locals and visitors will support them."

The cost for each event is \$10, which includes drink and nibbles. Bookings can be made via [qdos@iprimus.com.au](mailto:qdos@iprimus.com.au).

The Shire is also hosting a free community event titled Talking Treaty in Torquay on Wednesday 10 July. Wadawurrung woman Corrina Eccles will lead a thought-provoking discussion about what treaty is and what it might mean for Wadawurrung and Victoria.

Talking Treaty will be held at Council Chambers, Torquay from 7pm.

For more information about NAIDOC Week, visit [www.surfcoast.vic.gov.au/NAIDOC](http://www.surfcoast.vic.gov.au/NAIDOC).

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##### 3/33-35 Armytage Street, Lorne

• 2 bedroom, 1 bathroom - \$370 pw - available now

##### 3/5-7 Cora-Lynn Court, Lorne

• 2 bedroom, 1 bathroom - \$360 pw - available now

# REGULAR HEALTH CHECKS AND SCREENINGS



Regular health checks and screenings, in combination with a healthy diet and regular physical activity, can assist in the prevention of disease or illness. The government offers a '45-49-year-old health check' – a once-only check with your doctor for those at risk of developing a chronic disease.

## 45-49 year old health checks

The 45 to 49 (inclusive) years old health check is part of the Australian Better Health Initiative (ABHI) announced by the Council of Australian Governments (COAG) in February 2006. This health check is bulk billed so there are no out of pocket expenses. The health check assists with the detection and prevention of chronic disease and enables early intervention strategies.

A chronic disease or condition is one that has been, or is likely to be present for at least six months, including (but not limited to) asthma, cancer, cardiovascular illness, diabetes mellitus, a mental health condition, arthritis or a musculoskeletal condition.

## What does a health check involve?

A health check in your mid to late 40s can assist you in making the necessary lifestyle changes to prevent or delay the onset of chronic disease.

The health check involves bulk billed blood tests and ECG 1 week prior to your appointment. The assessment then involves taking your history, noting your current health issues and risk factors as well as looking at your family history of chronic disease. Information and advice, including strategies to achieve lifestyle and behavioural changes will also be provided. Records will be kept and a written report about the health check can be provided to you.

## The health check will look at:

- Lifestyle risk factors such as smoking, physical inactivity, poor nutrition or alcohol misuse;
- Biomedical risk factors such as high cholesterol, high blood pressure, impaired glucose metabolism or excess weight;
- Family history of a chronic disease.

Also other examinations or investigations considered necessary by the GP.

## After the health check

By checking your lifestyle for health risks, you receive personalised advice on how to reduce your risk of illness by making some healthy changes. You will receive practical advice to help you improve your health, and we can put you in touch with expert advice, information and support.

# NEW RULES ON DISPOSING E-WASTE

Electronic waste will no longer be accepted in kerbside bins or landfills from 1 July, with Surf Coast residents instead able to take it to transfer stations in Anglesea, Lorne and Winchelsea. The service is free of charge.

The Victorian Government has now introduced an e-waste bin ban to help protect the environment. E-waste refers to an item with a plug, battery or cord that is no longer working or wanted.

This waste is growing three times faster than the rate of other types of municipal waste.

E-waste can contain hazardous materials including heavy metals that can leach into the soil and groundwater and cause lasting environmental contamination.

For more information about Council's e-waste drop-off points, visit [www.surfcoast.vic.gov.au/WasteAndRecycling](http://www.surfcoast.vic.gov.au/WasteAndRecycling). To find out about more about the e-waste ban, visit: [www.ewaste.vic.gov.au](http://www.ewaste.vic.gov.au).

# ROAD RUNNER AND WILE E. COYOTE

Doug Williams

Royal poincianas provide an intense show of scarlet, vermilion flowers against the dusty urban landscapes of Cairo. These are the flowers of *Delonix Regina* which can be grown from Queensland world-wide as far as its origin on Madagascar and they have been planted here in profusion.

Cairo is a city in transition with many new concrete towers mushrooming up to cater for a population which some locals claim is well in excess of twenty- five million people and the urban landscapes reveal thousands of derelict multi-storey buildings set for demolition, yet there is some effort being put into beautification despite a limited budget. It's not a wealthy country.

On the way from the airport one can see extensive plantings of a selection of palm tree varieties, including many date palms. Date palms grow successfully in the Lorne environment of course.

Interspersed with them are tall cacti plants of the type we recognise as saguaro cactus. It is found in the deserts of Arizona, California and northern Mexico.

The ones we saw were tall - up to three metres tall, some of them - but, alas they will never grow any taller. Why? Because they are artificial. That's right, and this might be hard to say if you read it too quickly - plastic cactus!

They look just like the ones that feature in cartoons featuring the Road Runner and Wile E Coyote. Appropriate to plant in a country that is ninety-five percent desert, not viable in Lorne of course any more than are the royal poincianas which require hot, even torrid conditions in which to grow.

And then, out the window, I saw flag past the tallest palm tree I have ever slapped my peepers on. "Wow", I exclaimed. "Extraordinary!" And then there was another giant a bit further on down the road.



*Mature Saguaro cactus – Photos - National Parks Service, US*

But wait a minute. It has a telecom fitting attached to the crown and there is a ladder extending all the way up its trunk as well as various cabling and other satcom fixtures.

Of course no palm tree could be that tall I realised, gravity would not enable it. Or be that straight; it was thirty metres from the ground to the top. Perhaps Lorne needs a couple of these to enhance our NBN.

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## LorneCARE News

- caring for our environment

*Joining in a LorneCare working bee is a practical way of learning about Lorne's magical environment and showing your love for it.*

*This month we expect to be working along the beautiful Lorne foreshore starting at:*

**10.00am on Sunday 21 July**

*For the exact location see the Lorne Community Noticeboard outside the Post Office and on Facebook during the previous week.*

*A barbeque will follow the working bee at about 12.30pm. Visitors and new starters will be made especially welcome.*

*For more information about LorneCare contact:*  
Alain Purnell Tel: 5289 2906 Mobile: 0417 031 905  
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# LETTERS TO THE EDITOR

## Surf Coast Shire Arts Trail shares an image of menace

I was staggered to see an image of a sulphur crested cockatoo depicted on the poster announcing the next SCS Arts Trail. These birds are a menace throughout the Surf Coast Shire, but especially in Lorne:

- Aggressive behaviours to the extent that young children have been pecked by the birds
- Disgusting rubbish left lying around on nature strips due entirely to the fact that these birds have learnt how to open garbage bins. Recent work by the Men's Shed to attach locks to the lids has not been successful.
- A cost to householders of \$1,000's due to their pecking of wooden window frames
- Miserable sight of birds moulting and enfeebled by tourists who feed them the incorrect food.

Yet the Surf Coast Shire chooses to use these 'vermin' to highlight an 'artistic trail'. The King parrot, indigenous to the region, would have been a far better choice.

An example for poor research by the event organisers.

Juliet Beatty  
Deans Marsh



## YOUR COMMUNITY, YOUR VOICE!

If you have the time and the interest to spend a little time each month helping the Editor to put together the stories and opinions that chronicle life in Lorne, your enthusiasm and assistance would be much appreciated. You can contact the editor for further information or to register your support.

Ring Jo Vondra on 0401 744 152

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# DATES FOR 2019 SURF COAST ARTS TRAIL

The start of winter means the countdown for the Surf Coast Arts Trail is well-and-truly on, with people encouraged to mark 10 and 11 August in their calendar.

The creative community is abuzz with artists, studios and galleries preparing their artwork and art spaces for the annual event. This year, the Surf Coast Arts Trail will run the weekend of 10 and 11 August, from 10am to 4pm each day.

It will showcase around 50 venues that will take you through the beautiful hinterland and along the coast. With 10 new venues joining favourites from previous years, the Surf Coast Arts Trail has it all – from pottery wheels to blacksmithing, painting easels to jeweller's benches, printmaking studios to woodworking sheds and so much more.

With many artists only opening their doors to the public during the Arts Trail event, the weekend provides a rare opportunity for the public to see artists and studios demonstrating their crafts.

This year will also see the launch of an exciting interactive digital map, as an addition to the tried-and-true printed version that will be available from early July.

The new digital map will allow each visitor to design their own trail, and discover artists based on location, artwork medium or other nearby attractions.

The digital map will be available beyond the event, providing artists an extra opportunity to promote their work and studios throughout the year.

For more information and to stay up-to-date with the artists featured in this year's event, visit:  
[www.surfc coast.vic.gov.au/artstrail](http://www.surfc coast.vic.gov.au/artstrail).

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# RATEPAYERS, THIS WILL MAKES YOU THINK:

## Councillors Need to Be Able to Represent Their Ratepayers

Member for Western Victoria Region, Bev McArthur in State parliament recently raised concerns over the flawed Local Government Act's description of the role of Councillors and its problematic consequences for the relationships between Councillors and the council administration.

She directed her concerns to the Minister for Local Government to review the Local Government Act to ensure that CEO's cannot refuse to provide information to councillors unless their intended purpose is improper, and expand the representative role of Councillors beyond the confines of the chamber, like all other states in Australia.

Bev McArthur referenced a survey conducted by Markstone Consulting which revealed that 80% of Councillors across the state are concerned about their relationships with council administration. This figure demonstrated the clear structural problems in local government relating to the relationships between councillors and their CEOs and officers.

She said "this situation is clearly inadequate, given that the vast majority of council decisions are made outside the chamber through delegated authority. This prevents Councillors from properly fulfilling their role in assisting residents and investigating issues of their concern that are not put before the council in the chamber by the CEO."

Bev McArthur said "the Act's description allows CEOs to manipulate information flow to Councillors, negating their capacity to properly serve their function as democratically elected representatives of the municipality. Presently, the role of Councillors is unfairly limited to making decisions as a member of the council within the chamber, legally entitling them to only access information associated with those decisions."

She mentioned that "A significant proportion of Councillors report that their organisations run their own agendas, with defensive directors and managers often unable or unwilling to answer questions and be held accountable."

"Councils should be governed at a similar standard to other organisations, like hospitals, water boards, statutory corporations, public and private companies, where the members of governing bodies are required by law to understand the operations of their organisations," she concluded.

# SPORTSBRIEFS

with John Ford

## Dolphins' Great Form

Lorne's senior football team has maintained its position in second place on the CDFNL Ladder after a very strong win over Western Eagles on 22nd June. Lorne was never really challenged during the match, winning 22.16:148 to 7.3:45. Lorne had clear winners all over the field including George Steven, Lochie Donne and Chris Mihicnac, with 17 of Lorne's goals being shared by Tom King, Lewis Hollmer and Jack Hollmer. Mark McCormack keeps providing great drive in the ruck and his mobility around the ground is impressive every week.

Lorne's Under 18 and Reserves teams are also playing very well and are both in second place on their respective ladders. Young players are pressing hard for senior selection and this will provide a great base not only for this year's finals campaign, but for future seasons.

Lorne travels to Apollo Bay for the 29th June match and then has their following three matches at Stribling Reserve. The match on 6th July against ladder leaders South Colac should be a true test as to both teams' finals aspirations – remember to get there early to support the junior grades and the netballers!

The new electronic scoreboard at Stribling Reserve allows spectators from all around the ground to clearly see the scores and other information including the elapsed time during each quarter and the name of the player to kick a goal. Other information displayed includes the starting times of all the football and netball matches as well as some local advertising. The display was very clear even in the bright sunny conditions last Saturday. Another great achievement by the Stribling Reserve committee of management!

## Successful Aussie Women!

As I write this article three Australian women have achieved wonderful sporting success in the last 24 hours. Ashleigh Barty's success at Birmingham – following her French Open Singles Title – propelling her to World No.1 has been admired by all sports fans. Hannah Green's win in the PGA tournament in Minnesota, and Sally Fitzgibbon's surfing No.1 ranking are inspirational to us all.

Australia's women's soccer and cricket teams are also performing well on the world's stage. The dedication, leadership and sportsmanship of these players is to be truly admired.

## Ladies Golf

Winter is here but the Lorne Golf Course still has the best views on the coast and maybe the country. I am sure we are some of the fittest ladies in Lorne. The hilly course is a challenge but conquering it is well worth the effort.

A bit of excitement at Clifton Springs when Lorne went back-to-back to retain the Clifton Springs Bowl on Friday 14th June, Sue Neill, Paula Hayden and Chris Angus managed a combined score of 74, which was 2 points clear of the runner-up. Those scores showed just how tough it was for everyone!!

At Torquay we did not win the Challenge Cup but our team came 2nd in a tie with Apollo Bay. We rugged up, gritted our teeth and braved the elements for the Singles Knockout Competition. Congratulations to Chris Angus who won from runner up Carol Tutungi, well done ladies.

Lorne Ladies have also played at Apollo Bay where Chris Angus won B Grade Scratch 27 holes.

And Beeac where Caz Bartholomew won B grade and Chris Angus won A grade. We are a well-travelled group of winning golfers. "Go Lorne."

If you would like to join this friendly group of ladies, for the day, or for the year we meet every Tuesday at 8.30 am, play commences at 9 am.

Did I mention how much we get to laugh?

For further information regarding the Ladies Golf, please contact Wendy Hutchison on 0419878089 or Sue Neill on 0418 674 062.

**Sue Neill – Vice President Lorne Ladies Golf.**

**Remember to tell us who you would like to see in Sportsbriefs!!! Articles to John Ford at 35 George St, or email to [byswerdi2@bigpond.com](mailto:byswerdi2@bigpond.com)**



Above: Sue Neill, Paula Hayden and Chris Angus

# SHARE YOUR VISION FOR A COASTAL TRAIL

The Department of Environment, Land, Water and Planning (DELWP) has commissioned a study to assess the value, benefits and potential options a new coastal trail.

Communities along the Great Ocean Road are being encouraged to have their say on a potential trail, between Fairhaven and Skenes Creek.

Regional Manager Forest and Fire Planning David Rourke said: “The study will focus on the 60-kilometre coastline between Fairhaven and Skenes Creek (near Apollo Bay) taking in Lorne, Separation Creek, Wye River and Kennett River.

“This section of coast is just spectacular, but it’s currently very difficult to walk or ride along here,” Mr Rourke said.

“A trail could provide a unique and sustainable way for people to experience the natural beauty of the Great Ocean Road while also providing a great asset for locals.

“The study will look at the opportunities and challenges associated with a trail and assess the social, economic and environmental benefits it could bring.

“A key objective is to attract visitors to stay for longer and across different times of the year, so that more of the benefits of tourism flow into local communities.

“We really encourage people to get involved and share their ideas and knowledge so that we can get the best possible outcome.”

The study was recommended in the Renewal Plan for Wye River, Separation Creek and Kennett River which called for new trails to encourage sustainable tourism, enhance



liveability and protect the environment and landscapes of the Great Ocean Road.

Watch this space! We hope to give you more information on how to make your input heard soonest.



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# EDITORIAL

Lorne still has quite a number of problems, perhaps one of the most urgent being that of affordable housing, and it's a positive to note that there seems to be a newly-minted spirit of co-operation between the community and various agencies that govern our way of life.

The 'thawing' of communication between the community and the Surf Coast Shire, the Great Ocean Road Coast Committee (GORCC) and all those other 'agencies' has long been overdue.

But communications is a two way traffic – there was a time when decisions affecting Lorne were simple made by agencies and absolutely no come-back was available to the community. People without faces and usually in their positions for only a short tenure made important judgements that affected the Lorne way of life for years, even decades.

Sure, phrases such as 'community consultation', 'surveys', 'peoples' input' and others along similar lines were bandied about but proved in many cases, to be nothing more than weasel words. After the 'consultations' the agencies often reneged on the direction the community wanted to go, just ignored the will of people, and in too many cases, just did nothing at all.

Now, it's quite obvious that the voices of the Lorne community are being heard and most importantly, those in power are actually listening, a big change from the times when the Lorne community was simply told "This is what is going to happen and you had better get used to it!"

Hopefully things can only get better from this point on ....

It would be remiss not to acknowledge and welcome Libby Coker, our new representative in Canberra for the seat of Corangamite while at the same time, thank Sarah Henderson for her unfailing support of the Lorne community over the last years.

Libby Coker, former teacher, journalist, community worker and for many years representing Aireys Inlet and the Anglesea area on the Surf Coast Shire council, including two terms as mayor, is a formidable political presence. She is honest and firm in her convictions that Labor is the answer to governance on a national, State and municipal level.

Good luck on your tasks Libby, and perhaps one day soon you'll come down to Lorne and say 'Hello' to the community. We didn't see much of you during the pre-election period ...but please take on board that on our good days, we are quite a friendly bunch.

When Sarah Henderson burst on the scene in 2009, unseating Labor's Darren Cheeseman in 2010, she was like as the proverbial 'breath of fresh air' to the Surf Coast communities. Sarah understood the Surf Coast and the Lorne community will, to be sure, greatly appreciate and thank her for all she has done for the town.

There is some talk that Sarah will compete for the vacant seat in the Senate and obviously we hope she is successful. Meanwhile, a great big 'thank you' Sarah ...and it's over to you, Libby!

# FOSTERING THE ARTS

At the 2019 annual general meeting of the Lorne Community Connect (formerly the Lorne Senior Citizens) the members accepted the proposal that the centre become a hub for the Arts in Lorne and the surrounding communities.

This is not a serendipitous moment. The Lorne community now has a rich tradition of fostering the Arts. The Lorne Sculpture Biennale, Lorne Film and the Lorne Festival of Performing Arts are all well established in our community.

However, I do believe in the challenge of developing a centre that fosters the Arts, in an ongoing way.

In Lorne over the past decade we have directed significant resources into recreational and sporting facilities and we are very well served as a community by these spaces and clubs.

The time is opportune to look to our creative needs.

There is a strong link between social connection, mental health and well-being and the Arts. The committee of the Lorne Community Connect has met with the Shire's Arts Development Officer with a view to the progression of a long-term creative strategic plan for the centre.

We have started consulting with our members and some very good suggestions have been made. In the short-term we will build upon existing programs, for example, the painting and life-drawing group, the quilting group, movement activities, art exhibitions, community lunches and providing administrative space for cultural activities.

Please send us your idea at [lornecommunityconnect@gmail.com](mailto:lornecommunityconnect@gmail.com) or speak to Gary Allen, Lesley Goldsworthy, Wendy Hutchison, Faye Peddie or Clive Goldsworthy.

**Gary Allen - President**

# PERFORMING ARTS FESTIVAL OFFERS SOMETHING FOR EVERYONE

The famous Flying Fruit Fly Circus, the international acclaimed Djuki Mala Aboriginal dance team from Arnhem Land, in addition to a host of music and cabaret acts will once again feature in the Lorne Festival of Performing Arts to be staged in the first weekend of October.

The philosophy behind FOPA is to bring entertainment to Lorne that is not normally available outside major cities. Over the years, the FOPA team has worked closely with the wider community to engage and entertain people of all ages.

FOPA was first staged in 2011 to encourage visitors to come to Lorne in the off peak months and experience a wide variety of performances including comedy, music, cabaret and something for all ages.

As previously, the Lorne Business and Tourism Association (LBTA), in conjunction with Lorne Community Arts and Culture Foundation (LCACF) is behind bringing FOPA to Lorne, with the aim of offering something for everyone – young, old, and those in-between.

The program for 2019 is coming together - there will be a gala night showcasing many of the acts who will appear over the weekend.

There will also be street performers and the chance to part of a choir learning and subsequently performing sea shanties as a homage to Lorne and its rich history of the sea.

The team engages the company responsible for the Melbourne Cabaret Festival to recommend performers for the program and engage those performers for the weekend of the Festival.

The main objective since that first Festival in 2011 is to promote Lorne as a destination in the off-peak season and to provide a weekend of performance so that people will stay in Lorne and enjoy not only the Festival, but all that Lorne has to offer.

Statistics from previous years show that there is a significant increase in visitors to Lorne on the weekend of FOPA. Increasing visitation is important, but just as important is to stage and event for the people of Lorne.



*Djuki Mala*

This year the date has been shifted to coincide with the second week of the school holidays and the program is structured to provide a range of entertainment for children of all ages.

Staging FOPA is a time consuming and costly exercise. Financial support comes from the Surf Coast Shire and a number of very generous patrons many of whom have provided support from the start, also grant funding from Geelong Community Foundation and Regional Arts Victoria.

We are always looking for more support - whether by way of cash contribution or by volunteering to help during the staging of the event.

If you would like to help us by either volunteering or making a donation, we would love to hear from you. Donations of \$100 or more are tax deductible.

Please contact us at [info@fopa.com.au](mailto:info@fopa.com.au)

**The Team at FOPA**

# GRANDPA'S DAY AT THE MEN'S SHED

The boyz at the Lorne and District Men's Shed are enormously proud on what has been achieved over the last couple of years and are holding a Grandfathers' Day on Sunday, September 22 between 10 and 11am to show the young and those young at heart some of the treasures behind those grey walls on Stribling Reserve.

A feature will be a display of our eight model T37 sailing boats, now carefully stored in a specially designed and built cabinet for the duration of the winter. Naturally, the kids will be able to handle the yachts and there will be a number of 'yachtsmen' to explain how they work.

The kids and Grandpas, (also Grandmums, Mums and Dads if they're interested) will be shown the large and varied machinery and tools the Shed has acquired and a number of work projects in progress and those finished off.

Naturally, the visitation will be conducted under the strictest conditions of safety in accordance with our comprehensive safe workplace guide-lines.

We'll also put on a few nibbles and drinks and we'll make sure the Little Ones don't become hyper on any fizzy or otherwise unhealthy beverages.

Watch this space for further details.

Allan Walls, President



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# OP SHOP BUZZ

It is sad to see so many empty shops along Mountjoy Parade - businesses that have come and gone trying to meet the rent and still eke a profit from a very seasonal market.

This brings to mind the band of truly amazing Lorne women who had the great foresight so many years ago to buy the land and build the little Lorne Op Shop. Because of them, we don't have to pay any rent for our premises, and even in the quieter months of the year, with our volunteer staff, we are still able to turn a tidy profit. Paying rent for a shop in prime position on Mountjoy Parade would certainly have made a big hole in the funds available for return to the community. These fabulous "founding mothers" are starting to fall from the perch now.

Over recent times we have lost many of them to old age - Joan Wheal, Marie Enticott, Eileen Quick and Helen Stewart to name a few (with apologies to friends and families for any omissions). But, although they are gone, they are never forgotten and their legacy lives on and helps to create the well-resourced hospital and community that we rely on.

Winter has arrived with a vengeance. If you are thinking of clearing out some of those cupboards full of unwanted bedding, now is the time! The Op Shop gets a lot of customers looking for a warm blanket or doona. They are often young travellers who might be sleeping in tents or in their cars and who have set off without realising how cold it can get at night!

Perhaps they have been seduced by Australian tourism ads that show our country to be eternally warm and sunny, not realising that the Great Ocean Road is just across the ocean from Antarctica! Those of us who live here know just how cold those chilly winter winds from the south can be! So, if you are upgrading your bedding and have no further use for old blankets, doonas, sleeping bags, etc, give them a wash and bring them in to the Op Shop.

On the same note, we would welcome donations of coats and jackets, warm jumpers and woolly scarves, but would ask you to keep your summer clothes donations aside at home till later in the year, as we just don't have room to store things and are unlikely to sell them until the weather warms up again. Thanks!

Speaking of winter and cold weather and the escaping thereof, many locals are heading off northward or overseas for a few weeks. This includes quite a few of our Op Shop volunteers. We wish everyone safe travels, and thank those staying behind who keep the Oppy open and operating during the colder months. A quieter time is in store for a while, before we all gear up again for another busy spring and summer!

Mandy Calder



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# AIMING TO REDUCE OPIOID DEPENDENCY

A recent study from the University of South Australia has highlighted the significant number of patients at risk of developing opioid dependence post-surgery, calling for greater support for patients from healthcare professionals during recovery.

The retrospective cohort study analysed data from 24,854 Australian DVA gold card holders aged 18–100 years, who were admitted to hospital for surgery in 2014 to 2015. The study was limited to patients who had not been prescribed opioids in the preceding six months.

Of the patients admitted, nearly 16% were discharged on opioids. About 4% of these were identified by researchers as chronic opioid users after they continued to take the medicine for more than 90 days post-discharge.

Researchers noted that if the study is indicative of the general population, it could mean that of the 2.2 million Australians who undergo surgery every year, more than 13,000 of them may become persistent opioid users.<sup>1</sup>

The opioid most frequently prescribed post-discharge was oxycodone (43%), followed by codeine with paracetamol (37%), tramadol (10%), and oxycodone with naloxone (8%).

As opioid dependency continues to impact Australian communities, researchers said that the results show healthcare professionals the importance of follow-up in at-risk patients after surgery.



**Your monthly health newsletter brought to you by the team at the Lorne Pharmacy & Beauty Retreat**

Renea Forsyth is our regular Wednesday pharmacist, specialising in women's health issues, mother and baby care, skin problems and fashion ... Come in for a chat any Wednesday

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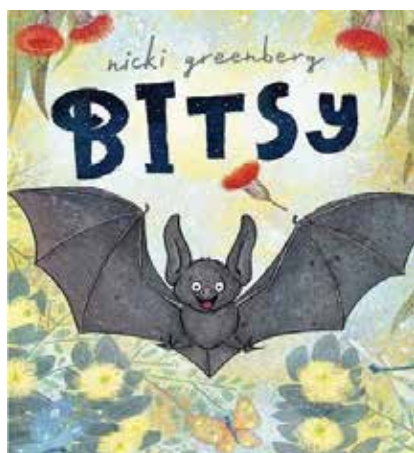
Jackson Brodie has relocated to a quiet seaside village in North Yorkshire, in the occasional company of his recalcitrant teenage son Nathan and ageing Labrador Dido, both at the discretion of his former partner Julia. It's a picturesque setting, but there's something darker lurking behind the scenes.

The highly anticipated return of Jackson Brodie, "like all good detectives, a hero for men and women alike" (The Times)

**Big Sky, Kate Atkinson, \$32.99**  
Recommended by David

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