

# LORNE

## Independent \$2

No 214 September 2019

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BONNIE

100

# BONNIE'S 100th... and a matter of priority!

If you've supported the Collingwood Football Club for much of your 100 years on this earth, it comes down to priorities when messages of congratulations and best wishes come in!

Naturally when Bonnie Castle celebrated her birthday at the RSL on Philip Island she with family and friends were chuffed for her to receive letters from Queen Elizabeth, our Prime Minister Scott Morrison, Governor General David Hurley, Federal and State parliamentarians ... but nothing topped a personal message from Club President Eddie McGuire and a video of two of her favourite players, Ali Reynolds and Scott Pendlebury.

And of course there was a personally signed Collingwood jumper emblazoned with the number 100! Pure magic!

According to her close friend Vayia Kambouris, Bonnie had a 'ball' and there were quite a number of well-wishers and letters from old friends from her Lorne days. Bonnie shifted to San Remo in Gippsland following the death of hubby Bill in 2000 to join her sister Nancy and brother-in-law Ron.



*Angling Club stalwart Tony Gallaher with Bonnie*

She is well remembered by many in Lorne for her ever-helpful attitude to those around her and her community activities. The Lorne Football Club's newsletter made a special mention of her unfailing support of the Dolphins.

Not quite sure on what occasions Bonnie will wear the Collingwood jumper but for sure she will pull it over her shoulders with a great deal of pride and pleasure.

Congratulations Bonnie, from all the team on the Lorne Independent.

Incidentally, Vayia supplied most of the information for this article. She is the daughter of Angelo and Stavroula Kambouris, who operated the Grand Pacific Hotel over many years, and now runs the Aireys Inlet General Store with her brother Jimmy.

In her last email to us, Vayia was visiting her home island of Lemnos in Greece, from where the Kambouris family migrated to Australia. The Lemnos visit is only part of extensive overseas travel plans. - JV

## Les Cours de Français

Experienced, qualified, bi-lingual speaker offering individual tuition, couples and group workshops and courses in the French language.

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Recently returned to Lorne, and due to previous demand for French language tuition, I am again offering this service to the community.

Dates and times yet to be confirmed, and number dependent, please feel free to contact me with any questions, or to register your interest on: 0466669699

## Registrations opening for the 2020 Arts Calendar Competition!

**Now entering its 21st year the Surf Coast Shire Arts Calendar Competition gives artists from across the Shire the opportunity to submit their work for inclusion in this well-loved community calendar.**

An exhibition of submitted works will be held from Thursday 24 October - Wednesday 30 October at the Surf Coast Art Space.

The 12 winning entries will be selected by a panel, whilst the cover will be awarded by People's Choice. The 13 winning artists will receive a cash prize as well as display in the calendar.

**ENTRIES CLOSE FRIDAY 20 SEPTEMBER.**

For more information on how to enter and eligibility visit: [www.surfcoast.vic.gov.au/CalendarComp](http://www.surfcoast.vic.gov.au/CalendarComp)



# RECYCLING SERVICES AND FOOD AND GREEN ORGANICS

The collapse of SKM has highlighted serious flaws and mistakes in the way all communities deal with household waste.

In my opinion a vast number of our community believed they were being responsible citizens by ensuring that all paper, glass, metal/aluminium & plastic were placed in the yellow recycle bin.

Each Monday, I constantly hear the crashing and breaking of glass as it is thrown into the collection trucks. We now learn that broken glass contaminates paper & cardboard thereby reducing the full potential of clean recycling. Following the closure of SKM all household waste collected by Cleanaway is dumped directly into landfill. Ratepayers and residents have been requested through numerous communications to assist keeping as many items as possible out of landfill. Separated items of paper/cardboard, metals and glass bottle/jars can be dropped off at the Transfer Stations free of charge, these items are then collected by specialist recycling companies for correct processing.

My discussions with our community members and observations at the Transfer Station have highlighted that many members of our communities are ignoring these important initiatives. Based on the number of yellow bins on the streets last Monday I suggest that there has been little change in people's behaviour and we are just happy to see all our household waste and recyclables tipped into landfill.

So where to from here? It seems as if this recycling crisis will continue for a number of months. It's clear that the quality of Australia's recyclable material is compromised due to its high rate of contamination and kerbside collection is key to improving the separation of waste and making it easier to recycle this material.

The introduction of the Food and Organics and Garden Organics (FOGO) pilot in Anglesea commenced in 2018 and has seen a reduction of 22% of Anglesea's kerbside waste being sent to landfill. 83% of survey respondents reported to be either very satisfied or satisfied the FOGO service and remains in operation.

At this month's Council meeting, Council resolved:

- To introduce the FOGO service for all properties in the Shire receiving a kerbside collection service including rural properties.

Council approved the transfer of \$1,290,000 from the Waste Reserve to establish at project budget to introduce the shire wide service.

- To introduce an additional fourth bin and kerbside collection service for all properties that receive a kerbside collection for the specific collection of glass recyclables. The project budget of \$1,000,000 to be funded from the Waste Reserve was approved based on the assumption that a 120L bin will be introduced.
- Endorse the pilot of an additional (fifth) bin and kerbside collection service for an urban community of approximately 2,000 properties within the Shire. The Waste Reserve will fund the \$180,000 required for the project budget.
- Allocated \$350,000 from the Waste Reserve to update the kerbside general waste bin lids in line with AS4123 Mobile Waste Container colours.

Council also noted in relation to the Waste Reserve :

- Council's Budget 2019-20 anticipates an opening cash reserve balance of \$9,121,000 and has sufficient capacity to accommodate the \$2,820,000 for the above initiatives without the need to review any garbage charges for the 2019-20 financial year.
- A further review of demands and financial projections will be undertaken prior to the development of the 2020-21 budget.

Council believe that the introduction of reformed kerbside collection services are considered to be positive reforms that are more aligned to environmental objectives and community expectations regardless of whether SKM Recycling resumes operations or Council has different supplier arrangements in the future.

The establishment of temporary community hubs for recycling at Torquay, Aireys Inlet, Deans Marsh and Moriac was endorsed by Council.

Further information will be available on the Councils website in due course.

– Clive Goldsworthy

# LIBBY'S VISIT TO LORNE

Corangamite's freshly minted MP Libby Coker paid her first official visit to Lorne recently and assured residents that she had every intention to be a proactive 'hands-on' representative to the people of the township as Liberal's Sarah Henderson has been in previous years.

She also said that the promises made by Ms Henderson would be honoured.

During her Lorne visit, Ms Coker visited the Lorne Community Hospital, P-12 College, the Lorne Angling and Aquatic Club and the Lorne and District Men's Shed. "It's a privilege to represent the Lorne community and to hear more about the issues that impact this stunning area."

"As part of the tour, I met with community and sporting groups, businesses and locals across Corangamite because I want people to know I'm here, listening and keen to advocate for our region and communities," Ms Coker said.

"While in Lorne I really enjoyed speaking with locals, learning so much more about what's important to the region's future and I look forward to visiting this again soon."

"While in Lorne I was also fortunate to meet with the Committee for Lorne which raised the issues of housing affordability and the shortage of labour supply for the region, particularly at peak times.

The workforce shortage is a challenge facing the communities of Lorne and Apollo Bay and is something that many people raised with me."

Ms Coker has been a councillor and mayor on the Surf Coast Shire council for many years and as a resident of Aireys Inlet has a pretty good grasp on the various and often complex issues affecting our little corner of the Surf Coast.



*Libby Coker at the Aquatic Club:  
From left, Ian Hutchinson Club manager, Vice Commodore Doug Williams, Libby Coker MP next to Commodore Keith Miller, then Ange Quinn, Leon Armistead and Donna Issell.*

## Surf Coast Shire Grant Opportunities 2019-20

# Open 1 September Close 30 September, 2019

Surf Coast Shire Council invites applications for the following Grant Programs:

### Small Grants

Secure up to \$5,000 for community strengthening programs and activities.

**Categories:** Community Initiatives, Culture and Arts, Environment and Recreation and Leisure.

### Event Grants

Secure up to \$5,000 for Community Events or up to \$10,000 for Major Events.

Event must be held between **1 July 2020 and 30 June 2021.**



All Applicants must speak with a Council officer prior to submitting an application. Council officers are available to provide assistance during the month of September. **Bookings essential ph. 5261 0600**

For more information including guidelines and online application forms visit [www.surfcoast.vic.gov.au](http://www.surfcoast.vic.gov.au)



# DOCUMENTARY TO HIGHLIGHT GOR 100th ANNIVERSARY

September 2019 marks 100 years since the creation of the Great Ocean Road. With State government funding and support from local government and local tourism associations, Great Ocean Road Regional Tourism have facilitated projects to commemorate this occasion.

Creative studio, The Social Crew has produced a documentary, 'The Story of the Road', plus a variety of experiences which will show how the road came to be – detailing its construction by World War I returned servicemen and their lives as they built the 243-kilometre road, joining the isolated towns lining the western Victorian coastline.

Bringing to life 'The Story of the Road', Clothesline Content filmmakers Jac Tonks and Claire Faulkner provide a half-hour documentary which explores the rich history of this important stretch of coastline and uncovering the harsh reality of life for those constructing the road.

With untold stories of returned ex-servicemen and civilians who built the road, the documentary take us on a journey that explores the industry, community and surf culture that makes the Great Ocean Road what it is today, uncovering truths and discovering some of the stories that were once thought lost.

Launched as part of an event series, the half-hour documentary will be shown within a screening experience at Lorne Theatre and Apollo Bay's Mechanics Hall. The screenings are followed by a program of short-films housed in five art-deco inspired pop-up cinemas, bespoke installations which encompass a

curated art piece and tell stories through QR points activating augmented reality experiences along a trail.

These projects will capture the history of the road and create a deeper connection for visitors and locals alike, encouraging awareness and future generations to better appreciate what the road means to Victoria.

## GALA SCREENINGS:

### WHEN:

Wednesday 18 Sept - Lorne Theatre Screening - 450 tickets

Thursday 19 Sept - Apollo Bay - 2x Screenings 150 tickets each

### TICKETS:

On sale now via [www.visitgreateoceanroad.org.au/iam100](http://www.visitgreateoceanroad.org.au/iam100)

Adults \$35+bf Concession \$30+bf Child \$15+bf includes screening, live music and drinks for purchase

**POP UP CINEMA SESSION INFORMATION:** Located in Torquay, Anglesea, Lorne, Wye River, Apollo Bay

Sessions to be held every 10 mins from 0900 - 1700 daily. Evening Sessions on Thursday - Sunday within school holidays until 1900

Free and accessible for all ages – registrations can be made for preferred times at [www.visitgreateoceanroad.org.au/iam100](http://www.visitgreateoceanroad.org.au/iam100)

We are still seeking volunteers to be part of the Pop-Up Cinema experience so if you want to get involved in the project please register your interest at [www.visitgreateoceanroad.org.au/iam100/volunteers](http://www.visitgreateoceanroad.org.au/iam100/volunteers)

# NEW AUTHORITY TO MANAGE GREAT OCEAN ROAD

A new authority, The Great Ocean Road Coast and Park Authority (GORCPA), is due to begin its work in 2020, replacing GORCC and other land managers along the Great Ocean Road.

GORCPA will become the Crown Land manager and therefore will be responsible for the management of the foreshore and implementation of the plan moving forward. A clear delivery plan that stages works over the life of the master plan will be presented to GORCPA.

This move will in effect take away much authority GORCC now has had over Lorne over the past decades, but it is still not clear if GORCC will cease to exist or continue its responsibilities in some other way in line with its present mandate.

Meanwhile, GORCC is still in search of feedback for their proposed Lorne Foreshore Master Plan.

Chair of the Committee for Lorne, Ian Stewart said that the draft master plan identifies works to improve the foreshore, considering accessibility, use and enjoyment, and will guide the management of the precinct over the next 10 to 15 years.

“The key themes highlighted during the initial round of consultation included upgrading the Doug Stirling walk, retaining public open space, new and upgraded facilities and improving path connectivity and accessibility”.

If you haven't been able to view the plan go to [www.gorcc.com.au/projects/lorne-foreshore-master-plan/](http://www.gorcc.com.au/projects/lorne-foreshore-master-plan/) where the draft master plan and accompanying documents are available.

# FOPA – WHO’S WHO AND WHAT’S WHAT!

Lorne’s famous Festival of Performing Arts (‘FOPA’) is gearing up for a huge festival with a change of dates and an additional full day of exciting shows, street performances and free events.

The new dates are Thursday 3 to Sunday 6 October, with the town’s biggest night – the Opening Gala – moving to the Thursday night. This is during the school holidays, so the festival is adding more kids entertainment on the Friday and Saturday daytimes, and grown-up shows at night. The closing Sunday will be a relaxing day with activities including an Open Mic and the After FOPArty.

Selected highlights

## Opening Gala

Experience highlights of shows from across the festival in one extravaganza of music, cabaret and comedy, hosted by multi award-winning comedian, actor & writer Damian Callinan. Cumberland Lorne, 7pm Thursday 3 October.

## Family Gala

Featuring a tasting plate of performances suitable for children ... that adults will love! Cumberland Lorne, 4:30pm Friday 4 October.

## Piano Bar

Enjoy the live, interactive, spontaneous fun of a piano man playing your favourite songs and requests on demand. You’ll be singing at the top of your lungs to songs you never knew you remembered the words to! Lorne Central, 9pm Thursday 3, Friday 4 and Saturday 5 October.

## Faulty Towers The Dining Experience

Basil, Sybil and Manuel are gearing up to bring a healthy dose of mayhem to your table, serving up a 3-course meal and two full hours of laughter. Anything can happen and it usually does in the show that’s 70% improvised. We’re at one of the most beautiful vantage points in Lorne, so as an added bonus we’re providing piano entertainment pre-show so you can enjoy the sunset. The Peak at Lorne Country Club, 7pm Friday 4 October.

## Creatures Of The Deep

Creatures Of The Deep is a family-friendly documentary style cabaret, featuring fun-filling original songs, costumes and storytelling. With the help of Jacques Cousteau you will be taken on a journey beneath the surface to meet a plethora of beautiful, wild sea creatures who are given a voice to share their unique perspective beneath the waves. Winner: Best Cabaret, 2018 Melbourne Fringe Festival. Cumberland Lorne, 6pm Friday 4 and Saturday 5 October.

## Pisca: Head in the Clouds

There is an egg in Pitter Patter Pond that won’t hatch like all the others. Quite the catastrophe! Pisca the little duck can’t figure out what’s wrong by himself, he needs your help! Through a combination of clowning, play and light hearted music,



Pisca and his new found duckling friends will discover a world full of creativity. Suitable for ages 10 and under. Cumberland Lorne, 11am Saturday 5 and Sunday 6 October.

## The Wine Bluffs

A comedy wine masterclass with Damian Callinan & Paul Calleja. After intoxicating sold out audiences across the country The Wine Bluffs are here to do what they do best: bullshit about wine. Well-cellarred comedians Damian Callinan and Paul Calleja are ready to decant the good stuff, with an interactive, cellar door masterclass with a comedic twist. Lorne Hotel View Room, 8:30pm Saturday 5 October.

## FOPA Open Mic

An open mic afternoon where you can strut your talents or sit back with lunch and a drink to enjoy the talent or terror of the brave souls stepping up to the microphone. To register your act, email [info@fopa.com.au](mailto:info@fopa.com.au) before end August. Lorne Hotel Beer Garden, 2:30pm Sunday 6 October.

Lorne FOPA is coordinated by the Lorne Community Arts and Culture Foundation which is comprised of hard-working locals.

Tickets range from free roving performances, \$15 for the Piano Bar up to \$100 for the three-course dinner and show as part of Faulty Towers The Dining Experience. See the website for full details. FOPA Friends receive a discount on all tickets – sign up via the website.

Info and bookings: [www.fopa.com.au](http://www.fopa.com.au)

For further information or interviews please contact David Read, Hot Ticket PR, [hotticketpr@gmail.com](mailto:hotticketpr@gmail.com) / 0402 099 222

# EDITORIAL

The Great Ocean Road – like our Bonnie Castle – turned 100 this year and there will certainly not be a formal congratulatory letter from Queen Elizabeth and the Governor-General though you can be sure as wattles bloom gold in Spring, many of our politicians will make use of it as best they can.

The road is a magnificent experience as you start at the GOR Memorial Archway, then drive towards Lorne and continue nudging the nose of your vehicle towards the south-west through Wye River, towards Apollo Bay with the sheer rock face on your right hand side, and the steep cliffs down to the sea on your left.

And as you drive along the road, it often narrows to the point where you really slow down and ease it past on-coming traffic with just a slight increase in your heart rate. Your thoughts are flooded with images of men with picks and shovels and you wonder how they could have cut a pathway through the cliffs armed with these primitive tools.

Much has been written about the Road and there are plenty of tourist venues the impress with the story of its construction; viewing those often grainy, out of focus black and white photographs make building of this pathway all the more awesomely impressive.

It is little wonder that the GOR now commands position number one in the tourist industry as the most visited icon in Australia, beating the Great Barrier Reef, Uluru and the Gold Coast.

A short drive from the start of the GOR - a few km's along, from the imposing Memorial Archway at Fairhaven nestles Lorne. And let me assure you, the GOR really starts at the Fairhaven Memorial Archway, not at Torquay or indeed Werribee as some ill-advised people are prone to declare. That's fake news!

There are some people who look on Lorne as a Golden Egg that some mystical goose has lain in the Otway Ranges in that Lorne's got it all – a stunning, safe bay, the township guarded from the fierce westerlies by its crescent shape and those stately eucalypts, and a mean climate that is always a few degrees warmer in winter than say Melbourne, and cooler in Summer.



*'Diggers constructing Ocean Road'. The Great Ocean Road was built as a tribute to soldiers of the First World War. Surveying of the road commenced in August 1918 and construction in 1919. Thousands of veterans were employed for the construction, using picks, shovels and horse-drawn carts. The road was officially opened on 26 November 1932.*

And here is the rub: What was once a small, cute settlement has now morphed into a full-time holiday resort. Locals blanch when they think of the flood of people – often at 20,000-plus – that take over the town in mid-season.

Perhaps the Indian family from a couple of summers ago, Papa with turban, Mother with a beautiful silken sari and two black haired youngsters, is a good indication on what Lorne had become. They had placed chairs on the edge of the footpath in Mountjoy Parade and there they sat, and watched the lunacy of the passing traffic.

By the very fact of its definition, Lorne is a tourist town and welcomes visitors. But the question of parking and being able to cope with this large number of people is a dilemma much on the lips of our town elders. Tourists are good for the town, they bring money, but can Lorne really cope with this increasingly large number of people?

What about the discomfort of the residents in this traffic circus? Do they have any rights at all, or is the quest for money all powerful and rubs out concern?

The dilemma is not unique – take Venice in Italy for example, and those wonderful holiday resorts on the coast of Spain. Venice is now 'rationing' tourist entry into the city and many Spanish holiday resorts simply shut their doors.

A road toll has been discussed for vehicles using the GOR. Also turning land in and around Lorne into parking lots with a shuttle service (already in operation in a minor way but could be expanded) that brings visitors from their parked vehicles into the town proper.

It is hoped that Lorne's elders will put parking during the high season on top of their agenda when next they meet to solve many of the town's many (there is also affordable housing, what to do about the Point Grey Precinct, regulating the many increasingly bigger sporting events, the pain of foreign motorists and, among other things, the plague of sulphur crested cockatoos) but please, please don't dither too long.

It's uncomfortable to think that perhaps we had it wrong – the goose with its golden egg could have been nothing more than a chicken destined to become a parmigiana.



## WE NEED YOU!

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For further information call:

John Bliss - 0419 156 166

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## Volunteer Positions Vacant

Lorne SES Unit is currently recruiting for six new members to assist in keeping your community safe.

As well as emergency response, VICSES volunteers engage with the community to help them prepare for disasters.

Can you commit to two volunteer hours per week?

Can you see *yourself* in orange?

For more information phone Adrian on 0419 114 003  
or email lorne@ses.vic.gov.au

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# How can we help you today?

Over the years, we've come to understand the needs of locals and we'd love the opportunity to meet you and understand your goals. Every path is different, but they all have the one thing in common, we're here to help.

Drop by and meet branch manager **Andrew Shaw** and the team at the CommBank Lorne branch today, or call us on **(03) 5289 1415**.

**CommBank Lorne branch**  
68 Mountjoy Parade, Lorne.



# TRIBUTE TO CARLY

There is only one way to describe Carly Enticott in pursuing her many personal and community achievements – as a human dynamo. What Carly has done over the last years is quite formidable and especially breathtaking in its scope ...while also mother to Kobe and Neve.

In recognition, she is this year's recipient of the Doug and Mary Stirling Cup, a community biannual award to honour outstanding service to and leadership in the Lorne Community. The Cup was first awarded to Doug and Mary at a community dinner in 2013

The Cup was an initiative of the Lorne Lions Club and it has also been awarded to Henry Love in 2015 and to Jan and Peter Spring in 2017. The Cup was forged in the 1920's and was once a door-stop in a Scottish ancestral home. As is befitting a cup made of Sterling Silver, it is now the symbol of Lorne's leadership and service award, a far more worthy use.

Carly moved to Lorne in 2006 to work at the Lorne Community Hospital as a registered nurse. She immediately began to be a diverse and tireless volunteer and organiser in our township. She took on a leadership role as the coach of the Lorne Football Netball Club, not in one grade, but in all grades of netball in the Club.

Carly married Wes Enticott in 2008. During this time, she also found the time to participate in the Murray to Moyne cycling event which raises funds for the Lorne Community Hospital.

The list of her continued involvement in our community is a formidable one, including as a driver and volunteer for the Murray to Moyne cycling event, in 2011 coaching the A grade and under 17 netball teams, and as an organiser of the Relay for Life for the Cancer Council.

She also became a member of the Committee for Lorne in 2012, a position she still holds, organiser of the Australia's Biggest Morning Tea in 2014, and a year later Carly started a social woman's basketball competition and became a netball umpire.

Other activity included becoming a committee member of the Lorne Football and Netball Club, and she became Vice-President of the Club in 2015; she's also on the Stripling Reserve Committee.

In 2017 Carly ran the New York marathon and also managed to coach the Lorne A grade netball team to a premiership - remarkable and she also started Catch, Chat and Play aiming to improve the fitness and health of young girls

In addition to her many community involvements, Carly and husband Wes started in 2007 Lick and Sip, now the Lorne Larder.

Come and celebrate Carly's many achievements at a dinner to be held at the Lorne Hotel on Friday, October 25.

Contact Stephen Hishon - 0419123695 - Event Coordinator

**THE 2019 DOUG AND MARY STIRLING CUP PRESENTATION DINNER**  
**HONOURING CARLY ENTICOTT**  
 ALL PROCEEDS RAISED ON THE NIGHT GO TO LORNE COMMUNITY PROJECTS

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**LORNE HOTEL**

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The Lorne Independent Inc. is produced on a non-profit voluntary basis and, as a newsletter, seeks to give in its pages open access to the community. It is important to note, however, that opinions expressed by authors of articles are their own. Advertising and publicity for community events is free, and all other contributions are most welcome. Supplied copy and pictures must bear the name and address of the author and/or organisation. The editorial committee of the Lorne Independent reserves the right to cut, alter or otherwise work the articles to make them suitable for publication. The committee also reserves the right to reject articles and/or photos if it deems the material to be unsuitable for publication.

**Please note: Absolute deadline for copy is five days before the end of the month.**

# OP-SHOP BUZZ

Well here we are in Spring, with the light dawning earlier and brighter on sunny days. The roads leading out of and into town are lined with cheery wattle blooms. Spring is in the air and all those tanned folks who travelled North or Overseas to avoid the Cold Coast winter are coming back. And what does one do in Spring when one has fallen in and out of love? We spring clean our houses! The Op Shop looks forward to a steady supply of quality goods from this traditional seasonal event.

One exciting thing about our Op Shop is the amount of interesting goods that arrive, sometimes anonymously, at our doors. Goods are provided by the human life cycle of buying, using and discarding. Of course this is due to our present consumer society providing numerous opportunities for excessive buying and gift giving. The Op Shop allows us all to recycle our unwanted items like the wedding present that we always hated, and now Auntie Flo has died we can recycle it to a new home where it will be regarded as a real treasure or "find".

Many of our customers come back to tell us of their good fortune provided by Op Shop donors. Last week a man who had selected some earrings as a gift discovered in the jewellers they were 'real'. He returned to look for more treasure.

Recently we had an article which had featured in the Saturday Age Magazine. A few weeks ago a similar article was given to the shop. Many suggestions were made as to its possible uses, some rather clinical, but the volunteers were quick to refute those improper suggestions. Of course it was recognised as an expensive glass or crystal decanter. Its unusual shape meant perhaps it was not to everyone's taste but after a short time languishing in our window, someone snapped up this treasure, or simply took home a curiosity that appealed to them, not realising its huge monetary value.

The most dedicated treasure hunters are the children. During the holidays the toy supplies dwindled and the huge tub full of children's books was emptied. How good is this? Children learning early to recycle their used toys and books instead of providing endless plastic to landfill. They also grow up with the treasure hunting spirit which means every visit to an Op Shop (and especially the Lorne Op Shop) is an exciting event full of potential.

So empty those boxes under the house, on the high shelves or below the stairs and bring the excess treasure down to your waiting Op Shop. You are on your way to being an eco warrior! – Janet Goud





# THE LOUTTIT LOOP

*Cr. Clive reports that on 19th September 2019 World War 1 returned servicemen commenced construction of the Great Ocean Road. This 243 km road joined isolated towns lining the western Victorian coastline. Hop on to [www.visitgreatoceanroad.org.au/lam100](http://www.visitgreatoceanroad.org.au/lam100) and see what events are planned to mark this historic birthday. Apparently 6,000,000 visitors travel on this incredible road each year.*

Lorne's Festival of Performing Arts (FOPA) returns to town on Thursday October 3 with the Opening Gala night at the Cumberland through to Sunday the 6th when there will be an Open Mike and After FOParty!!! Lots of fun in between for kids, night owls, and oldies too. Personally I'm drawn to the Faulty Towers – The Dining Experience at The Peak up at the Lorne Country Club on Friday October 4th. Check out [fopa.com.au](http://fopa.com.au).

*It appears that GORCC has ramped up its presence in Lorne with a terrific team attacking the coastal undergrowth – removing weeds and undesirable plants and trees and replacing them with small green plastic cages of what we can only call “wait and see” plants. Some new Norfolk Island Pines have been planted in the main street - lining the road on the beach side. No prizes for guessing where these much loved trees originated – but they will enhance the street when they grow and hopefully the view will not be obliterated. There are two wonderful specimens round near the Pacific Hotel which add to the ambience of the area.*

GORCC must wonder why so few of us respond to their requests to view the latest gung-ho plans for the Pier area. After fifteen years of making suggestions and attending all types of weird and wonderful community feedback gatherings, some of us are just simply over it. We said a million times we wanted very little to change – tart it up, provide a take away fish and chips shop, add seats and benches, and enlarge the unique oh so friendly Aquatic Club whilst retaining the most amazing view – certainly NOT erecting a brick windowless wall as envisaged in the plans by the award-winning latest plans or a public pizza oven. The area is what we always search out when travelling the world – quaint, character-filled with cute old buildings and friendly locals – and a bonus would always be a pier to take a stroll and maybe some selfies of the view of the little village and a beer with the locals.

*Huge kerfuffle in town at the rather large elevated double pipe and taps fenced in with an ugly wire ‘cage’ set up in the middle of the ‘village green’. Ian Stewart writing in the Surfcoast Times reckons this latest POP UP may be Barwon Water’s entry into the 2020 Sculpture Biennale! A sign claims the work has been carried out by Tricky Bros. But they plead Not Guilty – just carrying out instructions from Barwon Water. This is the third ugly box on the beautiful open area on the main street but by far the very worst! Could it not be relocated in the bushes nearby? Or at least covered by a creative merbau sort of meditation box with a locked lid for access? We’ve had no luck getting the skate boarders shelter removed from prime position on the main street. The skaters never use it so whose brilliant idea was this? It is a seriously strong erection which appeared very quickly and many have eyed off how to make it fall over.*

While we're talking about uglification of Lorne – that absolutely dreadful roof area over Pavilion's outdoor café area has to go! Must investigate if they had a permit for that! Sadly, the level of taste of those building willy-nilly on our village green is weirdly low!

*Welcome to several new enthusiastic puppies on our wonderful dog beach. The older regular dogs are not handling all this puppy attention too well. Tiny darling Bordoodle Daisy left the beach on her first visit bleeding from one floppy ear after a 9 year old border collie got his teeth tangled with it whilst air-snapping his warning. A King Charles Cavalier got so fed up with puppy pestering his owner had to carry him on his ‘beach walkies’. GD Constructions latest addition hits the beach in a couple of weeks – a schnauzer.*

One owner of a beautifully behaved six month old brown lab. from Big Hill asks his dog to sit or stop annoying the big bossy local bad tempered old dogs by saying very firmly “MANNERS!”

*Speaking of Big Hill ... can you believe someone stole the orange esky containing locally ‘grown’ eggs for sale on the side of the road! Not just the Esky, but the eggs AND money too. What sort of a-hole would do that?? New one???*

When travelling in Oz one comes across many “BIG” things! Such as? The Big Banana, the Big Artists Easel, the Big Koala, etc. Well we now have the Big Scoreboard!!! It is unbelievable! Go up (or down) William Street when there's a game on (cricket coming up?) and you will be gobsmacked. Makes the footy oval a future venue for outdoor movies, pop concerts with big screens – or even international basketball games!

*Bit of a kerfuffle and goss doing the rounds about the suggested closure of the camping ground track to the Swing Bridge area and its superbly positioned café. Sure, this would please campers for a total of how many weeks? Four? Can you imagine what would happen at the back of Mantra?*

Smallish local group are pushing for a fantastic pump track to be constructed (at ground level) in part of Erskine Paddock which would be great for small and large kids to play on all year round. More details to follow.

*Congratulations to Carol Fox for being awarded Life Member of the Lorne Surf Life Saving Club. Carol has an incredible record of competing, winning, and volunteering. She held both Junior and Patrol Captain jobs over the years since gaining her bronze medallion at SLSC in 1981. Currently in her fourth year working as Club Secretary, she is also President of Women Sport Australia! Carol certainly deserves this honour.*

How great to learn that the Lorne Country Club is converting two en-tout-cas courts into two modgrass courts. One suspects that John Ford's Sports Briefs may need laundering after that long-awaited announcement!!

*Congratulations to the organisers of the eighth Surf Coast Arts Trail which saw over 170 artists throw open their studios or creative spaces. A very gentle event well supported by kids and adults, all following maps of sometimes well hidden spots, but with artists delighted to share their talents and even their cheese and bikkies with many many curious and appreciative folk. Don't miss it next year.*

“From little things, big things grow!” A request to place a vase or ? in your kitchen close to your recycling container to collect milk container lids for Envision's call for Lids 4 Kids! These will eventually be converted into artificial arms for children in third world countries. Go Google. Seems such a worthy cause.

*Graffiti idiots have come out of hibernation and have struck in North Lorne and at the GOR arch which was defaced with a pro Hong Kong message in Chinese.*

After about 40 years of cooking in Lorne, dear Luke has retired from the Lorne Bowls Club gig. Thanks for all the triffic meals, deevine bunches of trees and flowers, eclectic table cloths and china, lemon tarts and for being YOU! AND – Anna & Simon have taken over the restaurant contract and their new Italian-styled menu starts at the re-opening in October.

*Good news: News agency shop has been let and will sell kids clothes and home wares, and Kerry from Coastal Diva has moved next to the C/Wealth Bank and we wish both the very best of luck and fun and many sales.*

Enjoy the wattle season! Gold!!! Lillian xx

# FROM OUR COUNCILLOR

For the Lorne Ward Cr Clive Goldsworthy - 0400 756 854 [lorneward.information@gmail.com](mailto:lorneward.information@gmail.com)



## Climate Emergency

At last Tuesday night Council considered declaring a Climate emergency. The vote was 4: 4 and as there was an equality of votes the Mayor had a second vote. It was therefore resolved that Council would declare a Climate Emergency. .

I believe and acknowledge that there is a global climate crisis evidenced in part by current warning trends that is almost certainly secondary to human activity since the mid-20th century and proceeding at an unprecedented rate.

I did not support the motion as I fear it will simply be a “virtue-signalling” exercise that unnecessarily takes up Council resources on issues we have limited ability to change. Council can have much greater influence by focusing on developing a climate change response plan in partnership with the community. Local government is there to support our communities in all aspects of the Local Government Act such as our proactive approach to the disastrous recycling issues and should not become involved in political grandstanding.

## Skate Park update

A number of community members have been working behind the scenes on resolving the Skate park situation. I have also been working with Shire Officers to determine the appropriate outcome. Special thanks to Juliet Beatty and Ian Stewart for their involvement and assistance..

## New Safety Standards for private swimming pools and spas

The Department of Environment, Land, Water and planning have prepared draft Regulations that aim to reduce incidences of young children drowning in private swimming pools and spas through improving compliance with safety barrier requirements.

The Building Amendment (Swimming Pool & Spa) Regulations 2019 will introduce mandatory requirements for owner of private pools and spas to register their pool or spa with their local Council by 14 April 2020. In addition, owners will be required to engage a registered building surveyor or building inspector to inspect and certify the compliance of their safety barrier every three years commencing from October 2020.

The Surf Coast has in excess of 1,500 plus pools and spas across the Shire. Councils are responsible for the administration and enforcement of the Building Regulations within their municipalities. At this point the Shire is not in a position to determine what resources will be required to undertake this initiative.

Further information can be found on the following link [www.engage.vic.gov.au](http://www.engage.vic.gov.au)

## Lorne Football & Netball Club

The Club has had a very successful year with four football teams and one netball team making the finals. Grand Finals will be played on Saturday September 7th. Junior Presentation night to be held 20th September, and Seniors on 26th September, both at Lorneview Hotel.

I would like to acknowledge our many sponsors for their support and also the ongoing commitment and assistance of all volunteers through 2019.

GO DOLPHINS!

## Lorne Ladies Golf

The Lorne Ladies golfers continue to dominate around the region, their latest feat was to win the East Geelong, Norma Wallace Perpetual Salver. This is first time Lorne has won in the 56 years of the tournament.

GO LADIES!

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**MAMMOTH  
CYCLING  
EVENT FOR  
LORNE**

Just a reminder that Lorne will host again the Amy's Gran Fondo (Saturday, September 14 and Sunday, September 15) and as usual, there will be road closures, and a lots and lots of people.

There will be at least 5,000 riders, so the organisers say, in addition to the usual camp-followers (wives, husbands, children, friends and other supporters), totalling close to 10,000 bicycle enthusiasts.

Road closures over the two days will affect both Lorne as well as sections along the Great Ocean Road and Lorne's backroads, so please plan your day carefully as there will be a lot of disruptions. The event is also expected to take over most of the Lorne foreshore.

You can get detailed information on the following:

The contact email for any traffic concerns is [granfondo@amygillett.org.au](mailto:granfondo@amygillett.org.au)

For all other enquires please head to [www.amysgranfondo.org.au](http://www.amysgranfondo.org.au)

In addition, as shown in previous years, many cyclists take the opportunity to ride in and around Lorne and especially along the GOR and the Lorne-Deans Marsh road either before the event or in the days afterwards.

Just take extreme caution with these recreational riders on the roads.

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# AQUATIC CLUB

Keith Miller - Commodore

## News from the Lorne Angling and Aquatic Club

We are now down to the last month of winter and the days are noticeably longer.

We've had a great whale season with heaps of Southern Right Whales and the odd Humpback frolicking our in front of the clubhouse. There have also been a lot of dolphins this winter with schools of them rounding up bait fish and taking turns to devour them. It's a great spectacle watching the gannets join in the hunt, diving within centimetres of the Dolphins in a feeding frenzy.

I can't think of a better place anywhere in the world to sit by the heater and watch all the action while enjoying Hutch's famous cold beer. We are still open every day except Tuesday with our happy hours on Wednesday and Friday nights, meat tray raffles on Saturday nights and lots of free nibbles and sausage sizzles. The TV is always on FOX SPORTS with the volume down and ALL VISITORS ARE MORE THAN WELCOME.

Remember our club house and facilities are available to all members for Weddings, Parties, Anything.

We just had a party for Hutch and Annie's grandson Liam, who turned 5 and we've also had 30th, 40th, 50th parties and upwards. We cover them all.



Liam and his mum, Marina (Hutch's daughter) enjoying the festivities Pot of gold at the end of the rainbow. Photo by Luke Nisbet.

### Upcoming Events

Our next fishing comp is our last Winter Cup comp for the year which is on Sunday September the 8th and is sponsored by Surfcoast Gardening and Mowing (Rob & Kerry). All fish must be weighed in by 12.30pm and a free mixed grill for all Anglers and members will be served straight after the presentations.

**AFL GRAND FINAL.** As usual we will be having a big day for the Granny with two inside TV's and an outside one under our marquee. We will have plenty of nibbles, a sausage sizzle and happy hour prices during the breaks. ALL WELCOME.

**WINE TASTING.** On Saturday the 2nd of November which is the Saturday of the unofficial Melbourne Cup long weekend we will be holding a wine tasting event along with some local produce and cheeses. There will be more information closer to the date but lock it in your diary.

### Recent Events

On Sunday the 4th of August we held our third Winter Cup Fishing Competition sponsored by Steve Hill of Hillec Electrical Services Camperdown. Numbers were down slightly with a lot of our regulars up north for the winter but we still had a pretty good turn up with some good size snapper coming in.

The winner was Andrew Clarke with a snapper = 3330 points; Runner Up was myself with a snapper = 3080 points; Third was Kev Van Deuren = 2710 points.



Our Current Club Champion and winner on the day, Andrew Clarke receiving his first prize

We have a group of young ladies and a few not so young called 'The Lorne Snappers' who meet at our club once a month on a Friday evening for a catch up and a glass or two of wine.

They all have a great time if the conversation and laughter coming from that end of the room is any indication.

The Lorne Snappers

### Footy Tipping sponsored by Smyth Real Estate

Machine is still front on 113; Ric Barham isn't far behind on 111. We have 3 all level in third spot on 110: Michael (Chook) Finnigan, Stack Staley and ZARX (we don't know who ZARX is so if you see this please let me know)

Continued page 15.

From page 14.

## Fishing Report

The fishing has been pretty good considering it's winter and the water temperature is about 12 degrees. The ever reliable flathead are biting well with some anglers catching their bag limit.

There's plenty of nice size snapper around the 40cm mark but they are moving around a lot. We found them in 45 metres one day and then the next day they were in 25 metres. Plenty of gummies about but the swell sharks or draughtboard sharks are a real nuisance at the moment and are beating the gummies to the bait. We caught and released 16 of them the other day.

I've just read that in Tasmania they are selling them as flake so obviously they can be eaten but I don't think I'll be tempted. Schools of Australian Salmon are still popping up occasionally.

The Yakkas, Mackerel and Couta are still about but in smaller numbers.

The Lorne Pier is still producing plenty of fish with Salmon, Mullet, Calamari, Grass Whiting (which are actually a wrasse) and King George Whiting being caught.

## Happy 100th to our Oldest Life Member

Bonnie Castles has just celebrated her 100th birthday. I never met her personally but everyone that knows her tells me she is a living legend, was extremely popular around Lorne and a wonderful member and contributor to our club. Tony Gallaher and his wife Jenny visited her on the big occasion to present her with an Aquatic Club Cap, T-Shirt, Stubby Holder, one of our new Life Member Badges and of course a birthday card. They had trouble finding her because she was at Pilates and I'm not joking. She told Tony that the card and badge meant everything to her.

**Hooroo, Keith Miller - Commodore**



*Glenn Monaghan with nice Winter snapper*

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# NEW PHYSIOTHERAPIST AT THE LORNE HOSPITAL

Luke Portelli is the new physiotherapist at the Lorne Hospital. He has worked in both the private and public sectors (Epworth Hospital and Launceston General Hospital) over the last five years and brings a wealth of knowledge to our medical practice. He is also a qualified yoga teacher. In this article, he comments on the Older Shoulder.

The shoulder region is one of the common areas pain may present itself as we start to age. It is an area of high mobility and versatility, but as a result of this, they become more vulnerable to an array of injuries.

Natural wear and tear within the shoulder can be a common cause of shoulder pain amongst the aging population. Diagnosis like 'rotator cuff injury', 'bursitis' and 'arthritis' are frequently found within the senior population. These conditions can lead to pain in everyday activities, resulting in decreased mobility and decreased strength.

Symptoms such as these can lead to a frustrating reduction in function and an overall poorer quality of life.

Managing your shoulder pain can help improve your quality of life. Some simple management strategies for an acute sore shoulder is to apply ice on the area for 20 minutes a few times per day and resting it.

If the condition is longer standing, heat may help reduce the pain, allowing the muscles to relax. It is also important to keep it moving with some regular gentle exercises. Simple pain medication may be of benefit, however, consult your General Practitioner prior to mixing medications or taking anything new.

If you have persistent or intense pain, you should have it assessed by your physiotherapist, whom may be able to assist in the reduction of your symptoms. Your therapist may use an array of techniques, including but not limited to: a range of manual therapy, offloading techniques and a graded exercise program designed specifically for you. With your therapist you should be able to focus on reducing your pain and improving your strength and function.

Prevention of pain is the ideal first point of call. There are some simple things that can be undertaken to reduce the likelihood of some of these conditions presenting themselves within the shoulder girdle.

Working on good posture helps to offload the shoulders, whilst staying physically active can keep the shoulders strong and healthy. Warming up and using proper technique prior to lifting anything heavy or doing any laboursome tasks. As well as taking regular breaks when you find yourself doing activities with higher physical demand.

Remember these conditions are very common, ensure you keep your shoulders healthy and if you are finding it difficult managing your current symptoms, you could benefit from a thorough assessment.

## Mindfulness 4 Week Course

October 9, 16, 23 & 30 @ 10.30am  
Lorne Community House



Join experienced yoga practitioner Peta Walker for a 4 week mindfulness course. Learn techniques to focus your awareness on the present moment by participating in mindfulness exercises that you can then incorporate into your daily life.

This course will also include the practice of Yoga Nidra.

Cost: \$40 (4 week course)

This course will run on Wednesday 9, 16, 23 and 30 October from 10.30am to 11.30am

Enjoy a free tea/coffee with any food purchase at Lorne Larder after each class.

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# CALLING ALL SHEDDERS!

## Two important September events at the Lorne Men's Shed!

Grandfathers' morning tea is definitely on - Sunday September 22 right in the school holidays.

Grandfathers can show off their off-springs, and other members of the family and friends are of course most welcome between 10.00 am to 11.00 am.

The boy's at the Shed are very proud of their many achievements over the years and we'll be most happy to show you around. I'm sure the little ones (and those young at heart) will be most interested in our many machines, the

display cases of old cleaned-up and modern tools, and display rack of eight model T-39 racing yachts.

We'll have some of our 'sailors' on hand to explain the model yachts and field any questions.

Visitations will be under the most stringent safety regulations and guide-lines.

Our Annual General Meeting will be held on Saturday, September 21 at 10am with nomination forms for the committee now available.

And just a reminder - memberships are due in February next year!

**Allan Walls - President**

# LETTERS TO THE EDITOR

**Dear Editor**

### **Proposed walking tracks for Lorne and surrounds**

I refer to a story in the 'Lorne Living History' book regarding two local lads walking from Lorne to Cape Otway Lighthouse in their school holidays, and the Lorne Independent article published in August 2019.

They would have gone via the Policeman's track from George Street/Seymour Street to the George River, crossed over the bridge and followed the bridle track which is still there.

This was a former pack horse track which connected all of the Otway coastal settlements at least as far as Cape Otway Lighthouse. It wouldn't take much to clear the overgrown scrub off the track in that the original cuttings would be still intact.

This bridle track is roughly 100metres above the Great Ocean Road, and has views most of the way. It zigzagged down into the Sheoak River and came out near the Cumberland River crossing. It proceeded up behind Mount Defiance and came down to cross the Jamieson River and then continued to Wye River and beyond.

**Doug Stirling, Lorne**

**Dear Editor**

### **Unightly Foreshore installations**

Regarding Barwon Water's decision to install metering infrastructure in the centre of the Foreshore recreation area, Ian Stewart (Committee for Lorne) contacted Barwon Water direct and received the following reply:

Dear Ian,

Thank you for bringing this to our attention, and for coming to us directly rather than going to the media. We've heard your feedback, and feedback from others in the Lorne community on social media and via email.

We are now working with the Great Ocean Road Coast Committee (GORCC) and their plumber to look at options to relocate the meter.

By way of background, the original meter had been in the same location for over 20 years, although rarely noticed as it was underground in a covered pit. It needed to be upgraded but due to modern plumbing requirements it was no longer possible for it to remain underground. While we requested the meter be replaced, we didn't stipulate the location. We are open to other options.

Thanks again for sharing your concerns with us. We look forward to finding a solution that is beneficial for all parties involved.

**Nick Stone - Media and Communications Coordinator  
Barwon Water**

**Dear Editor**

### **Ohhh GORCC, what a disappointment you can be!**

Poorly managed scenario with the new plumbing 'sculpture' on the passive recreation area of Lorne foreshore, a silly, clumsy design for the shade roof over the skate park which doesn't actually shade the area, and another add-on to the swimming pool/restaurant with a steel frame being used to further deprive us of a view to the water from Mountjoy Parade.

(I missed the opportunity to look at the planning application on both of these constructions. I suppose there was one posted?)

And now we continue to wait and wait and wait for the release of the plans for Point Grey. Held up in SCS planning department I hear - but for nine months!?

If there are issues, surely the Shire could try and hurry things along a little bit and not slow the process down by placing - the no doubt needed - hurdles to finalising their approval.

Why not instead expedite things to move the project along. I know it's not in GORCC'S province, but surely they must have worked closely with the planning people before and can push them along a little .

**Name & Address Supplied.**

# FOOTBALL HELMETS

Earlier this month Lorne's Under 13 Football Team introduced a rule making the wearing of protective helmets mandatory.

The initiative is to help reduce head injuries and to raise awareness of the risk of these injuries. It is hoped that the policy will also reduce the possible stigma felt by players choosing to wear a helmet, and in fact 'normalize' their use throughout a player's career. The 'Steeden' helmets were chosen for their lightweight construction, protection and ability to breathe – they were very generously donated to the club.

The wearing of helmets by AFL players is not new, although over the years the numbers of helmets being worn in any season has been very low. I remember North Melbourne's ruckman Noel Teasdale wearing a helmet after a serious head clash left him hospitalized – and the following season being joint winner of the 1965 Brownlow Medal with St. Kilda's Ian Stewart. Fitzroy's tiny rover Gary Wilson played most of his 268 matches in a head guard and was runner-up in the 1979 Brownlow Medal. Brisbane's midfielder and 2001 Norm Smith Medallist Shaun Hart played his whole career wearing a helmet, and St Kilda's 300 game utility Nathan Burke wore a helmet after a serious incident against Geelong in the 1992 Elimination Final.

We now take for granted the wearing of helmets in so many other sports. Cycling, horse riding and skateboarding are examples where helmets are simply part of the participants' sporting attire. In cricket now it is not only the batters wearing helmets, but also the very close-in fielders often choose to have their head protected. However wearing a helmet does not always afford total protection to the player,

as we saw just last week in the second Ashes Test with Steve Smith being felled and concussed by a ball hitting him in the neck. In Aussie Rules a helmet would not only reduce the severity of that 'one off' big impact, but reduce the cumulative effect of the hundreds of lesser head knocks that a player may sustain over a long career. We never want our players to become 'punch-drunk'!

Design of helmets, as with other protective gear, keeps evolving and they are now lightweight and cool without interfering with a player's hearing or peripheral vision. The design has come a long way since Noel Teasdale's helmet in the 1960's, which today would look more like a motor bike helmet. Helmets may become an essential part of a footballer's kit, similar to mouthguards and football boots. However I think it would be a shame to see Aussie Rules footballers decked out in all the protective padding worn by American gridiron players – our sport should not demand that. In that sport it seems that the helmet is actually used as a 'battering ram'!

The Lorne Football and Netball Club is to be congratulated on this initiative for the Under 13 footballers. Central to this decision making was Carly Enticott, long time netball player and coach and nurse. Carly's son Kobe plays in the team and has been wearing a helmet for the entire season. Under 13 coach Andrew Allen is a great supporter of the team wearing helmets, and this initiative may flow through to the more senior ranks as this young crop of footballers progress. This is another great step for the club under President Ken Hosking. Well done to all concerned!

**John Ford, August 2019**

# COCKIES

The cockie problem revisited.

It is probably truthful to say that the sulphur crested cockatoo as a species does not have many friends in and around Lorne.

All of us are familiar with the trail of refuse left behind each Monday after they got stuck into the rubbish bins left with the lids unlocked by careless residents and especially visitors, and the damage there are capable of inflicting on house-owners.

We've had several attempts to address the 'cockie issue' by a wide distribution of materials warning people not to feed them, special locks of rubbish bins which worked for a while but now it seems those smart, cheeky animals are back in large numbers and our campaign against them all but forgotten.

Signs warning against feeding them have almost disappeared and at any given time you'll find visitors on Mountjoy Parade in photo-opportunities with half a dozen cockies on their person.

It was then with some satisfaction to learn that visitors to a part of the Dandenong Ranges could face fines up to \$1610 should they be tempted to feed the cockies. Grant's Picnic Ground has had a 20 year tradition of selling seeds to tourists, but now the people of Kallista and Sherbrooke have had enough.

Local member and Deputy Premier James Merlino (remember him from our Lorne Pool battling days?) was quoted as saying that the cockie problem was one of the issues raised most frequently by his constituents. Perhaps our new local member Libby Coker might help Lorne somehow ...?

Anyway, the Dandenong Ranges plan is to stop people feeding cockies by next year or face a very big fine. Now that's the sort of action we need in Lorne! - **JV**



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# WORM COMPOSTING WEEK

‘Worm Composting Week’ in Lorne is a collaboration between the Lorne P-12 College VCAL students, local worm compost expert Colin Leitch and the Lorne Community house, working together to organise events for people to learn about the wonders of worm compost.

Each day at Lorne’s Community House from September 1 to 6, there will be tours, information sessions and hands on experiences. We hope to spread the knowledge of worm composting and being more environmentally friendly.

Colin and the Community House operate the Waste Reduction Program with restaurants around Lorne, by collecting waste from these premises and using these to help create the worm compost, therefore reducing the amount of waste that goes into landfill.

Worm castings are the rich natural fertilizer. As little as a tablespoon of pure worm castings provides enough organic plant nutrients to feed a small potted plant for more than two months. Worm castings are also a 100% organic fertilizer that can increase a plant's yield, protect both soil and plants from diseases, and help the soil retain moisture.

We will have ten litre buckets of worm compost available for purchase at an affordable price. A variety of activities will be provided, also a free starter packs of worms; Worm Castings and Worm towers will also be for sale. – Peregrine Jenkin, P-12.



## Lornecare News

- caring for our environment

*Joining in a LorneCare working bee is a practical way of learning about Lorne’s magical environment and showing your love for it.*

*This month we will be working with the Friends of Queens Park.*

*We will meet in the car park near Teddy’s Lookout at:*

**10.00am on Sunday 15 September**

*As usual, our working bee will be followed by a barbeque at about 12.30pm. Visitors and new starters will be made especially welcome.*

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# SPORTSBRIEFS

with John Ford

## Dolphins Into Grand Finals

On Saturday 24th August, Lorne's senior football team, and the B Grade Netball team played their way into their Grand Finals with impressive wins. The day at Central Reserve in Colac saw the Dolphins' Under 18's, Reserves and Senior teams, as well as the B Grade Netball team all playing for a place in the Grand Finals on 7th September.

However the large crowd of Lorne supporters had to be patient in the cool windy weather as the early matches proved a handful for the Lorne teams. Lorne's Under 18 team started poorly against Irrewarra-Beeac and found it very difficult to set up scoring opportunities against a very good opponent. At the end of play Lorne lost 12.9:81 to 3.5:23. In a similar fashion Lorne's Reserves team started against the strong wind and did not handle the difficult conditions, trailing by around five goals for the majority of the match. Simpson ran out the match well and won convincingly 10.12:72 to Lorne's 3.3:21. All is not lost because both the Reserves and Under 18's teams have a second chance next week in Preliminary Finals, where wins will put them into the Grand Finals.

After patiently watching these two matches the Lorne supporters were looking for a change of fortune and it came with the B Grade Netball Team. The strong blustery wind was blowing straight across the court which is very exposed. Lorne started very well and quickly opened up a lead of six goals. Despite South Colac lifting in the second term, Lorne was able to extend their lead to ten goals at one stage. Lorne was very well served by 'bookends' Jeanette Hancock and Bianca Hollmer, with great supply coming from Alice Vandeuren, Karen Heathcote, Kirsty Duynhoven who were among Lorne's best players. The whole team played with great spirit and confidence, with very clean ball handling in the windy conditions. The Dolphins are now in the Grand Final at 1.00pm on 7th September.

Lorne's Senior Football team was next up at 2.15pm with the wind still very strong and now swirling. Lorne started very well and at quarter time led South Colac 6.4:40 to 4.2:26. During the second quarter the conditions were difficult for all players – and the boundary umpires throwing the ball back into play. Both teams struggled during the second term, as it was difficult to set up fluent play. During the third term both teams kicked two goals which meant that at the final change Lorne led by 12 points. The final quarter began at a hot pace and midway through the final term the scores were locked together on just 48 points each – with steady rain now falling. Lorne's midfield kept forcing the ball forward and late in the match the Dolphins managed three quick goals to one. The final score showed Lorne winning 11.6:72 to South Colac 8.6:54 to go on the Grand Final at 2.15pm on 7th September.

The poor conditions meant that players on both sides had trouble executing their skills and setting up good goal scoring opportunities. Lorne was served very well by ruckman Mark McCormack and Jack Hollmer, with important quality matches from Mitch McKee, George Steven, Oscar Coutts and Lochie Donne. Jack Hollmer was the leading goalkicker with three, with Sean Holroyd, Lewis Hollmer and Joel Tipping contributing two goals each. Lorne had very good players right across the field and kept tight pressure on their opponents all day. This was a very good win and hopefully the Dolphins can repeat the effort in the Grand Final in a fortnight. The Lorne supporters went home cold and wet, but very happy with the way their fortunes turned during the day. I am expecting that a huge crowd from Lorne will support their teams on Grand Final Day – and let's not forget to barrack hard for our Under 18 and reserves teams in the Preliminary Final on Saturday 31st August from 10.45am. GO DOLPHINS!

## Lorne Country Club Tennis

Tennis players are thrilled with the decision by Lorne Country Club to upgrade the main two porous courts with synthetic surfaces. The existing en tout cas courts have served the club for 35 years, but are nearing the end of their useful lives. Work will begin on this project in September and hopefully the courts will be ready for play during October.

During the construction phase, social tennis will still take place on the upper three courts – generally from 3.30pm on Wednesdays and from 9.30am on Saturdays. The great benefit of the upgrade will be that the two new courts will not need to be swept and watered, the surface should be safer, and the playing conditions should be consistent in all weathers. There should also be an associated reduction in the effort and cost of court surface and line maintenance.

Lorne Country Club is to be congratulated on the decision to undertake and fund this project which will provide much improved access to all players. Watch this space for an announcement about the opening of these courts.

## Ladies Golf

*Winter, we all deal with it differently:  
Off to the footy at Lorne and/or the G.  
Ripping the powder on our Alpine slopes.  
Taking out the 15+ on the Northern beaches.  
But we all come back to golf, and how well are we doing!*

Big excitement at East Geelong, Monday 19th August - Danni De Bon, Sue Neill, Lesley Goldsworthy and Chris Angus won the Norma Wallace Perpetual Salver. It was the 56th time the event has been played and the first time Lorne has won it.

Continued page 25.

From page 24.

It was a Foursomes event, two pairs per team.

And to back it up Danni and Sue blitzed the field to win 'Best Nett Score' with 78 the only score in the 70's. Lorne Team won by just one point!!



Always room to join this friendly group of ladies, for the day, or for the year. We meet every Tuesday at 8.30 am, play commences at 9 am. I know we have mentioned how much we get to laugh, but how much is too much?

For further information regarding the Ladies Golf, please contact Wendy Hutchison on 0419878089 or Sue Neill on 0418 674 062. Sue Neill – Vice President Lorne Ladies Golf.

Remember to tell us who you would like to see in Sportsbriefs!!! Articles to John Ford at 35 George St, or email to [hyswerdi2@bigpond.com](mailto:hyswerdi2@bigpond.com)



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From the Deck by John Agar

# GEOCACHES, INUKSHUKS, AND COASTAL MEMORIES

Our coastline holds many special, hidden, and unexpected secrets. While perhaps this is true of all coasts, everywhere, of mine I know it to be true.

From time to time, unexpected experiences, or unthought thoughts, can co-locate. Recently, just one such day occurred – a day that began with this aging and no-longer-surfing surfer watching my yet-to-heal son surf away a sliver of the sadness that has infused him since the death of his life-long friend, Steve.

As he caught, bottom-turned, climbed, radical'd a cut-back, retreated into the curl, accelerated, then angled high to flick out just a splinter of his pain at his favourite break – Barrels – Susie and I walked two of our four very special grandchildren to Shelley Beach to hunt cowries (see the August edition of the Independent for 'Hunting Cowries').

Little did I – or they – expect the unexpected!

It would be remiss to expose the exact place ... to do so may damage the exquisite joy my granddaughter took in her 'find', her 'treasure', and in its' later return to hiding ... but, suffice to say that she found, quite by chance, a 'geocache'. In addition, exposing her accidentally discovered geocache would also betray the principles of 'geocaching'.

A geocache and geocaching are defined on Google as: "a treasure hunt [whereby] using map coordinates and a GPS enabled device ... [she used neither and simply stumbled upon it] ... to locate a geocache [which may be found] near your home, in the city, in the bush, or in Antarctica ... indeed anywhere! A geocache [can] come in all shapes and sizes ... and with exciting 'treasures' inside".

Millie, my bright-eyed young investigator - simply pottering, rummaging, and exploring as any good outdoor kid will do - just happenstance'd on a 'hey presto' moment ...

'Hey, look, Codger (my family name) ... look what I have just found!'

She proffered a wee, well-sealed plastic box! Inside, some sea shells, some cards, some other innocent, inconsequential treasures ... and a sealed snap-top bag. Inside the bag: a small bound and utterly perfect notebook and pencil. In the notebook were some 30 beautiful entries, the first dating back some 5 years. Each was a testament to other intended or happenstance discoveries. Each note was perfect in its secret way. Each had been lovingly entered before - clearly - the box was re-sealed, and the geocache returned to its secure hiding place.

Google tells us that there are literally millions of such caches secretly hidden around the world, their 'coordinates' recorded on Internet Apps – in the cyber-land that now surrounds us and pervades all corners of our lives.

But, even if this geocache formed part of this cyber-treasure land, on this occasion it was not cyber-found, but simply discovered - in pure joy - by an inquisitive kid.

The pastime, the adventure, indeed the 'sport' of geocaching was unknown to me until Millie's discovery, but subsequent enquiry reveals that geocaching is a world-wide phenomenon governed by strict rules [see: the UK geocache website ... <http://ukgeocachers.co.uk/content/11-geocaching-rules>].

Geocache codes of conduct include: (1) if you visit a cache sign the log; (2) if you take something from a cache, always put something back in its place; (3) always try to 'trade up', and leave behind something of equal or greater 'value'; (4) as families visit caches, items left should be family friendly; (5) never leave sweets or perishables; (6) only retrieve a cache when no one else is about, to prevent non-geocachers from discovering the cache; (7) always put the cache back exactly where you have found it.

Despite that Millie contravened Rule 6 ... hers was a truly accidental discovery ... she carefully penned the date of her discovery (as 30 others had before her), wrote her first name and that of Finn, her equally excited younger brother, then returned 'her treasure' carefully back to its' hiding place.

But, even as she returned 'her treasure' to its hiding place – ready for re-discovery and re-stashing – other memories and thoughts crowded in. As Nick surfed one of the many cathartic surfs he will need to square his sadness, I began to dream of a different, but equally secret 'cache' ... one to build with Steve's dad – my friend, Russell – as testament to the spirit of his boy.

Stone structures are timeless memorials: in England, a headstone; in Scotland, a cairn; on Easter Island, a monolith; or in Canada, an inukshuk. An inukshuk is Inuit in origin: "a structure of stones, piled one on top of another other ... they may be used for navigation, or to mark a sacred place."

While all mark memories for those who remain, unlike most other stone memorials, an inukshuk resembles and holds a human form. So, when the time is right, it would be fitting to build an enduring inukshuk to Steve in some hidden coastal cove – a spot his family may cherish, visit, dwell, and soul-soothe in times of quiet.

Whether the excitement of an unexpected geocache, or the germinal thought of a memorial inukshuk, in so many complex ways, it proved a day with secrets to consider, and things to remember!

*Steve, known to and loved by many in Lorne, was recently killed in a speed boat incident while swimming off Spain.*

# NATIVES BEHAVING BADLY

Doug Williams

## Angair wildflower show September 21st and 22nd. Don't miss it.

In the courtyard of the Catholic church in Harar, Ethiopia consecrated in 1889 stand two enormous silky oaks about twenty metres tall that could be a century or more old. I was surprised to see them but as we travelled around the country we came across them on numerous occasions. These two were planted as ornamentals but generally in lower elevations – since they perform poorly at high altitude of the country - there are plantations of them, planted for firewood, furniture and construction. I wasn't too surprised to see eucalypts absolutely everywhere though because gum trees have in fact been taken to a great many foreign lands for over two centuries, not always with predictable or beneficial results.



The dangers of introducing plants and animals is well known, for example prickly pear which is widespread and yet kept under control there because it is eaten by camels and, more particularly, goats was a spectacular disaster when brought to Australia from Brazil by Arthur Phillip when he landed in 1788. The British intended to use them to establish a dyeing industry using the cochineal beetle which infested them. By the end of the nineteenth century they were completely out of control across millions of hectares only to succumb to the most dramatically successful biological weed control measure of all time – the introduction of *cactoblastis cactorum*, a moth from South America.

Gums have posed less of an environmental problem in Ethiopia (although I must say there are an awful lot of them in some parts of the country) and I couldn't see that silky oaks have either but what were they doing there?

A little bit of digging around and I found that they arrived in East Africa to be trialled by French colonisers for forestry along with acacias, gums of course and casuarinas. *Casuarina stricta* – she-oak to you and me – provides excellent firewood.

The Bellarine Peninsula once held extensive forests of she-oaks which were turned into fuel as the land was opened up for farmland. In Ethiopia there are oodles of wattles to

be seen also; so numerous are they across the planet that an organisation based in England called the Centre for Agriculture and Bioscience International rates the local black wattle native to the Otways among the world's top one hundred invasive species. It too was selected by foresters for firewood production but it has detrimental allelopathic properties which inhibit the germination of indigenous species by releasing a biochemical into the surrounding soil.

It's a similar story with this and other wattles in other African nations as well as in Brazil, New Zealand and California; India, Indonesia and Europe.

King Menelik II was a reforming emperor of Ethiopia who reigned from 1889 to 1913 and who expanded the empire and brought the country into the modern age. He instituted agricultural reforms including extending the cultivation of introduced Australian eucalypt species which were valued for construction because of their rapid growth and upright habit and, again, for firewood.

The emperor Haile Selassie who was his great nephew is still considered by some Jamaican Rastafarians as "God Incarnate" despite having been assassinated during a palace coup in 1974. Before becoming emperor he was known as Ras (or 'duke') Tafari Makonnen. The colours of the Rastafarians are the same green, gold and red of the Ethiopian flag.



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# TREATMENT FOR SEVERE OBESITY

Most people with clinically severe obesity live and die without the underlying disease having ever been treated, leading global expert in obesity, Professor John Dixon told a pharmacists seminar recently.

Pharmacists, like other health practitioners, accept that patients with diabetes and cardiovascular disease and its complications are treated. And the treatment goes beyond 'lifestyle modification' to which obese people are directed. This includes medicines to lower blood glucose, to lower lipids and to reduce blood pressure.

Professor Dixon, said that 1.4 million Australians have type 2 diabetes and the same number has clinically severe obesity.

The obese group 'are largely provided nothing' because it is regarded as 'their fault' when lifestyle interventions fail. But that, he said, is what 'is exactly wrong' with the health system.

'We must go beyond lifestyle in treating this disease,' he said, noting that while women dominate globally in severe forms of obesity, it was fairly equal in terms of gender in Australia. We need a chronic disease care management plan in place, Professor Dixon said.



**Your monthly health newsletter brought to you by the team at the Lorne Pharmacy & Beauty Retreat**

Renea Forsyth is our regular Wednesday pharmacist, specialising in women's health issues, mother and baby care, skin problems and fashion ... Come in for a chat any Wednesday

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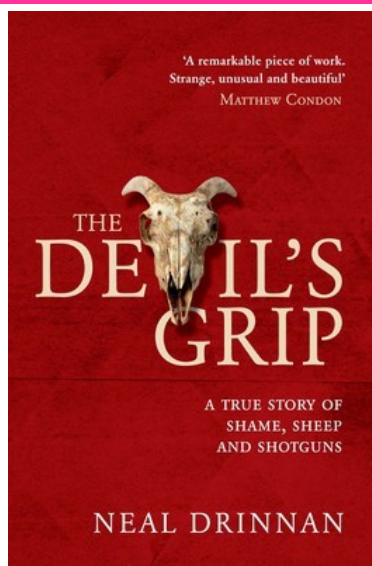
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# Lorne Beach Books

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Seven shots ring out in the silence of Victoria's rolling Barrabool Hills. As the final recoil echoes through the paddocks, a revered sheep-breeding dynasty comes to a bloody and inglorious end. No one could have anticipated the orgy of violence that wiped out three generations of the Wettenhall family, much less the lurid scandals about Darcy Wettenhall, the man behind the world famous Stanbury sheep stud, that would emerge from the aftermath.

***The Devil's Grip: A true story of shame, sheep and shotguns,***

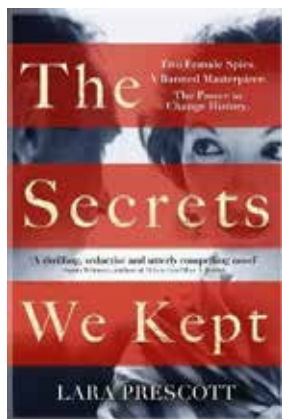
**Neal Drinnan, \$32.99**

Recommended by Meryl

Danny grows up in the Dutch House, a lavish mansion. Though his father is distant and his mother is absent, Danny has his beloved sister Maeve: Maeve, with her wall of black hair, her wit, her brilliance. Life is coherent, played out under the eyes of the house's former owners in the frames of their oil paintings. Then one day their father brings Andrea home..... From the bestselling author of *Commonwealth* and *Bel Canto*.

***The Dutch House, Ann Patchett, \$29.99***

Recommended by David



1956. A celebrated Russian author is writing a book, Doctor Zhivago, which could spark dissent in the Soviet Union. The Soviets, afraid of its subversive power, ban it.

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