

# LORNE

## Independent \$2

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# THE BEAUTY OF THE LORNE FORESHORE

(picture by Ben Howell) but the town will change drastically with climate change. See stories on page 2 by Dr Mary Lush, and Dr John Agar on change beneath the sea on page 3.

# GLOBAL WARMING

Dr Mary Lush

On my first day as a fully paid-up scientist, I learnt to measure the amount of carbon dioxide (CO<sub>2</sub>) in air using an instrument called an IRGA. The initials stand for InfraRed Gas Analyser. The principle underlying its operation is precisely that which makes CO<sub>2</sub> crucial in controlling the temperature of the Earth. CO<sub>2</sub> traps infrared radiation (think heat), which means that some of the sun's radiation is held on Earth instead of being reradiated out into space. CO<sub>2</sub> in effect blankets the Earth and keeps it warm.

If we combine that bit of physics with a bit of chemistry, namely that one of the products of burning carbon containing materials like coal, oil and wood is CO<sub>2</sub>, then we know three critical things. Humans are increasing the amount of CO<sub>2</sub> in the atmosphere; that more CO<sub>2</sub> means a warmer world; and that at least some of what we call global warming can be put down to the activities of humans combined with the properties of matter. The properties of matter do not give a hoot about elections. We can vote against them until the cows come home, but they will not change one iota.

But we can, at least in theory, change our behaviour. So, on day one as a young scientist I knew about CO<sub>2</sub>. But this was the 1970s and I was uncertain about the severity of the coming warming. Some scientists were predicting measurable changes within an unbelievably short time - a mere lifetime. I was sceptical. Their predictions proved to be true. And I didn't have to wait a lifetime to find out.

We know that global warming has profound consequences for all living organisms, from single cells to blue whales. LUCA (Last Universal Common Ancestor) was the mother of us all. We are all in this together; Darwin's was a tree of life not a ladder. We are all in our own ways exquisitely adapted to our present circumstances.

I do not have words to tell you how distressed I am by the impending death of much of that biological beauty as circumstances change. I imagine that those who believe all life forms were created feel the same, although their perspective might be that we are casting out God's handy work.

Global warming brings to Lorne rising sea levels and worsening storm surges. Sea level is rising at a faster rate than that predicted even a few years ago. Think about an 80 cm rise between now and 2100. The Lorne supermarket will probably be long gone, but if it isn't, we south Lorners will sometimes have to boat over to it. (This scenario does have a sort of perverse appeal).

Today's 10 year olds are likely to see this sea level when they are 90ish. By then, of course, the natural shoreline will have eroded away to somewhere past the cars. Drinks at the Aquatic Club will be off or held elsewhere. Maybe no one will go fishing anyway.



*Above: Dr Lush took the photo on May 12 this year about 90 minutes before full tide on a day with good waves. If we imagine sea level at full tide and add about 80 cm (dotted line), water would almost top the bank. A heavy sea or storm surge would penetrate further.*

The ocean will be more acid. Lots of sea creatures will, one way or another, not be around anymore. They may be locally extinct or have migrated south.

Lorne is also in the forest. Fire will probably occur more often than now – but I am not entirely sure how this will work because the hotter summers may also be wetter. We, or some of us anyway, will know within our lifetimes. The forest is crucial to our strategies for averting the worst of global warming because it stores a heap of carbon. Getting it to store more is one of the few means we have of pumping CO<sub>2</sub> out of the atmosphere. Will we be able to shift our mindset to protecting the forest before property? Are the measures needed the same anyway?

And so to Queens Park. Should we think in terms of making sure it stores more carbon? My guess is that at the moment QP is losing carbon. Around QP's perimeter we have a population of oldish trees. Just as for the CFA and sundry clubs in Lorne, populations of trees die off without new recruits. Does the mowing and fire regime used to manage the area foster recruitment? The types of plant that grow well in QP will change as the climate does. How will we distinguish between weeds and the new normal? I wrote previously about the importance of corridors of native vegetation which, at least in principle, allow species to migrate to places that suit them better. But because the pace of change is so rapid, and plants move so slowly, should we be introducing plants from slightly warmer, drier areas? From Anglesea for example. I have no answers, but if we identify and talk about the problems, between us we have a better chance of doing something useful.

*(Dr Mary Lush is a plant scientist and her other interests include biography, history and the environment. She is a part-time resident of Lorne. The article first appeared in the Friends of Queens Park, Newsletter, Spring 2019)*



From the Deck by John Agar

# KELP

On the deck, two excited Border Terriers paw and pine ... it is 'walkies' time. Doing increasingly frantic circle work, their anticipation of an evening antipasto is reaching fever-pitch. They have come to demand – no – to depend upon a dusk gnaw on fresh (and often not so fresh) kelp stalks. In parallel, I have come to steel myself against their inevitable after-party licks, redolent with pungent kelp-breath.

Whether you view kelp as a nasal assault, the scent of the sea, a blight on our beaches, the mantle of mermaids, or one of nature's great gifts, kelp is an undeniable part of our southern shoreline.

Yet, love it or hate it, our nearby kelp eco-system is under direct threat. The kelp beds of Bass Strait – the once vast and rather spooky underwater forests that have provided a perfect ecosystem for our vast and complex Southern Ocean sea-life – are rapidly disappearing. Many believe this to be as a direct result of climate change.

'Climate change' – that peculiarly 21st century catch-all phrase so passionately proselytized (by most) and debunked (by some) – is a scientific reality. However, as a descriptive phrase, it has been hijacked from science by combative political argument, and has been cruelly tarnished by emotive and expedient language – on both sides of the eco-fence.

The populist ideology of 'climate change' reflects more than climate alone, for in reality, it describes a far more complex and fundamental shift in the physio-chemical infrastructure of the planet. Triggered, driven, and accelerated by a devastating pair of global industrial and agricultural 'king-hits', our climate is inexorably adapting – true – but as this physio-chemical adaptation speeds up, it is leaving behind the adaptive capacity of the living ecosystems the planet supports.

While the more visible effects of warming are seen on land, marine ecosystems are also struggling to adapt to oceanic warming – and especially to oceanic acidification. In our oceans, a chain of irresistible events is being played out in deadly sequence:

- 1 increasing atmospheric CO<sub>2</sub> ... from a mish-mash of untrammled industry, fossil fuel consumption, ruminant belching and farting, and the melt of tundra permafrost that ...
- 2 drives an atmospheric combination of CO<sub>2</sub> with water (H<sub>2</sub>O) to form carbonic acid (CO<sub>2</sub> + H<sub>2</sub>O = H<sub>2</sub>CO<sub>3</sub>) that ...
- 3 falls back to earth as weakly 'acidified' rain under a warming blanket of collecting greenhouse gases to ...
- 4 acidify and warm the oceans.

The calcium exoskeletons of marine creatures that cannot survive this acidification then crumble ... and the organisms they protect, die. Meanwhile, structures that depend on cold water wither as the oceans warm.

This paired sequence holds the key to two marine disasters along our shores: the coral destruction 'up north' where the



calcification of coral exoskeletons is interrupted ... and, here in the south where our cold-water kelp is dying off.

We hear much about the plight of Great Barrier Reef, but far-too-few candles have been lit for our disappearing Bass Strait and peri-Tasmanian kelp forests. Yet, I would argue, their loss is just as devastating. A sobering video-clip that describes the importance of our Southern Ocean kelp-forests is embedded in a web article by Karl Matheisen [Climate Change News: 14/10/2016] and is found at:

<https://www.climatechangenews.com/2016/10/14/ocean-heatwave-destroys-tasmanias-unique-underwater-jungle/>

Matheisen describes the destruction and loss of the Eastern Tasmanian kelp forests and, with them, the loss of the fish, the seahorse, the shellfish, and the crustacean ecosystems supported by them.

Kelp trees 45 metres high – similar in height to the towering blue gums of Turton's Track, the extraordinary stand of Californian redwoods deep in the Otways on the Aire River, or the magical trees of our more local Sheoak picnic area – are now being washed up by seasonal easterlies to rot on our south-facing shores as their tethering roots loosen in the warming seas.

Kelp-gathering – once a thriving industry along the northern Tasmanian coast – is almost a thing of the past, yet kelp does have a huge range of huge practical benefits. While loath to segue to a commercial opportunity from a natural environmental disaster, kelp does matter – not just to the environment, but to the things we use every day: it is a key component of toothpastes, shampoos, salad dressings, puddings, cakes, dairy products, frozen foods, pet food, and pharmaceuticals. Kelp is also an haute cuisine 'vegetable' in Japan: kelp kombu.

A superb, illuminating article on kelp can be found at: <https://www.milkwood.net/2016/06/06/foraging-drying-using-seaweed-australia/>

But ... enough of soap-boxing kelp. Rosie and Yogi, their tails near to dislocation, are oblivious to climate discussions as they crave their evening obsession. And so, to the beach to feast on the fresh tangle of fronds strewn along the shore by the latest easterly.

SECRET SOUNDS PRESENTS THE 27TH ANNUAL MUSIC & ARTS FESTIVAL

**LORNE**  
28 DEC • 29 DEC • 30 DEC • 31 DEC

# FALLS FESTIVAL

## COMMUNITY GRANTS FUND

It's that time again! Falls Festival is thrilled to announce that the 2019 Community Grants Fund is now open for applications! If you know of, or are a part of, an organisation within the Lorne Community that is in need of a monetary helping hand, you can download a copy of the application from [FALLSFESTIVAL.COM/LORNE/EXPLORE](http://FALLSFESTIVAL.COM/LORNE/EXPLORE). You'll need to complete and return your application before 5pm Friday 25 October 2019...It's as easy as that!

Each year, Falls Festival Lorne donates a portion of the event's ticket sales to some of the shire's valuable local community groups. The funds are distributed to a range of local groups and organisations in recognition of the invaluable contribution they provide to the well-being of our whole community.



# FOPA

LORNE FESTIVAL OF PERFORMING ARTS  
3 - 6 OCT 2019

Lorne's famous Festival of Performing Arts ('FOPA') is gearing up for a huge festival with a change of dates and an added full day of exciting shows.

The new dates are **Thursday 3 to Sunday 6 October** - during the school holidays, so there'll be more kids entertainment Friday and Saturday daytimes, and grown-up shows at night. This year FOPA will feature free children's activities, roving street performers and community sing, a movie screening and nightly piano bar.

### HIGHLIGHTS INCLUDE:

The **Opening Gala** presents snippets of shows from across the festival in one extravaganza, hosted by multi award-winning comedian, Damian Callinan. Cumberland Lorne, 7pm Thursday 3 October

The **Family Gala** is a tasting plate of performances specially picked for children... that adults will love! Cumberland Lorne, 4:30pm Friday 4 October

**Faulty Towers The Dining Experience** sees Basil, Sybil and Manuel bringing a healthy dose of mayhem to your table, serving up a 3-course meal and two full hours of laughter. The Peak at Lorne Country Club, 7pm Friday 4 October

All tickets now on sale at [www.fopa.com.au](http://www.fopa.com.au)



## THE 2019 DOUG AND MARY STIRLING CUP PRESENTATION DINNER

# HONOURING CARLY ENTICOTT

ALL PROCEEDS RAISED ON THE NIGHT GO TO LORNE COMMUNITY PROJECTS

EVENT PROUDLY SUPPORTED BY...



**FRIDAY 25 OCTOBER 2019**  
6:30PM CANAPÉS AND DRINKS @ LH WINE BAR  
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**RANDALL FORSYTH & FRIENDS**



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# LORNE HOTEL

# NEW LEADERSHIP AT LORNE MEN'S SHED

Retired architect Bob Sinclair has been elected President of the Lorne and District Men's Shed with Bill Youl taking up the position of Secretary.



Above: Allan Walls, Bob Sinclair and Surf Coast Shire Mayor, Councillor Rose Hodge.

Inaugural President Allan Walls who got the Lorne Sheddens off the ground six years ago, said that he was confident that the Shed was in good hands. He said he would like to especially thank Don Baldwin for the magnificent job he did as Secretary.

The committee will remain pretty much unchanged and consisted of immediate past President, Allan Walls, also Don Baldwin, Alvis Svikers, Max Pitt (Vice President), John Barber as treasurer, St John Sutton, Gary Fenton (Vice President), Robert Preece, John Bliss and Tony Peddie.

Allan Walls said that highlights for the year included:

- Construction of a fleet of T37 model yachts which cumulated with a very well attended regatta on the Erskine River, a community event which is to be repeated in the warmer months. Sponsors included the Bendigo Community Bank, and the Lorne Angling and Aquatic Club.
- Visits to the Lindsay Fox Car Museum at the Docklands and Anglesea Proving Grounds
- A magnificent Christmas Dinner hosted by St John Sutton and Bev at their home on South Ridge.
- A seminar conducted by the Bendigo Community Bank on 'What's happening in the Financial World' – the event drew visitors from Anglesea, Winchelsea, Apollo Bay and surrounds.

Allan also told members that the Shed now had a nine year lease with the Surf Coast Shire. "This was no small task and secures our tenure for years to come," he said. "There are 115 of us. Thank you for your support and friendship for the past six years. I know many good friendships have been formed, we are in good shape, we are a well-respected organisation in our Community – in fact I think we are Australia's best Men's Shed," he added.

## Grandfathers' Day at Men's Shed

Shedders recently hosted Grandfathers' Day at the Shed to show our younger folk something of the treasures and mysteries contained in that grey-painted shed on Stribling's Reserve. Kids were treated to a close-up look and the opportunity to handle some of the T37 model yachts in the Shed's steadily growing fleet.

Head of the Coffee-making Department, John Bliss demonstrated the finer points of first drilling a hole and then hammering home a nail into a piece of wood. One youngster actually showed brilliant imagination to use his newly acquired skills to put together a boat complete with paper sails. And he did it all on his own without prompting – honest!

Max Pitt, ably assisted by his better half Dawn, really pulled out all stops in his catering duties – there were bowls of biscuits, chocolate bars, non-fizzy drinks and a big plate of the most delicious scones with jam and cream, donated by the boyz and girlz at the Lorne Larder. Many, many thanks, Lisa and Mich, your gesture was truly appreciated. Your young Ruby did wonderful job spreading the cream and jam.

With so many happy, smiling faces around him, Max actually started to show a bit of joy towards the end – after all, he had had a big shock and a very rough, sleepless night when the previous evening his beloved Collingwood was beaten by four points by the Greater Western Sydney Giants.



An indication of the day's success was that all the food – apart from a couple of scones and confection bars were all gone by the time the last person left the Shed at midday.

Left: Shedder John Bliss and grandson Kobe.

# LETTERS TO THE EDITOR



## What's happening with Point Grey

The recent success of the Lorne Historical Society's exhibition 'Fishy Tales' re-exhibited at the shop in the Lorne Co-op, has reignited discussion in our Society and the broader community about the future of Point Grey.

It has been the long standing view of the Society that the Pier, Cooperative, including the restaurant, is the soul of the precinct. It is historically and emotionally part of the ever dwindling number of buildings linked to our past. We believe that the building can be re-purposed to meet the future needs of the community and our tourists. This is not to ignore the history of the Gadubanud peoples, who used the area to gather food and rest.

We believe that the opportunity should be taken to develop the building as an interpretive centre for the Great Otway National Park, including Indigenous and recent history and as a hub for eco-tourism. Exciting exhibits could be developed around the fishing, timber and tourist industries and new business opportunities for companies willing to promote hiking as a leisure activity.

The funds recently allocated by the commonwealth government for the development of the area should be redirected to the above purposes. Each national forest by statute is meant to have an interpretive centre and to my knowledge none exist for the Great Otway National Park. Such a move would save the taxpayer in the long-term and give the new body, replacing GORCC, a project that has community acceptance.

A refurbished Anglers and Aquatic Club, restaurant and a re-purposed Co-operative will, in our view, respect our heritage and provide future business growth in a meaningful and sustainable way, making the natural beauty of our town the reason for tourists to stop.

Gary Allen - President - Lorne Historical Society

## The future of the Pier Restaurant and the Fisheries at Point Grey

This historic building in Lorne is earmarked for demolition. It is interesting that at this late stage in the planning at Point Grey, public support for the current proposal is not very strong. Looking back, the process was unsatisfactory.

Five architectural firms were invited by GORCC (Great Ocean Road Coast Committee) to propose a redevelopment of the area with few guidelines or constraints.

Further, the Lorne community was not to see any of the five proposals and hence could not comment or even indicate a choice of which proposal (if any) should be selected for implementation.

Even now GORCC apparently prohibits the Architectural firms from revealing their losing proposals to the public. In any case, there seems a lot of community support for retaining the existing building and redeveloping it to satisfy current requirements.

This apparent community concern led a local architect and a structural engineer specialising in masonry construction to examine the existing building. Together they examined and measured up the entire building as it stands at present. Their strong conclusion was that for a building of its age it was in excellent condition and could be redeveloped to suit a range of current and future needs.

The clear advantages of upgrading the existing building rather than demolishing it include: Saving one of the few historical buildings left in Lorne, and achieving an updated facility at reduced cost.

Continued page 9

**From page 8**

The Lorne Community is entitled to express their opinion on such an important issue and hence with Friends of Lorne backing, a preliminary survey was carried out to provide an opinion. A questionnaire was placed in several locations in Lorne giving individuals the opportunity to support either demolition or refurbishment of the Pier restaurant building.

The results of this small survey were that 17 people approved of demolition and 182 people disapproved of demolition but wanted refurbishment. This preliminary investigation overwhelmingly disapproves of demolition.

If this opinion is to be implemented, a petition opposing demolition with names and addresses is needed and Friends of Lorne will combine with other local organisations in this task.

**Dr Lawrie Baker AM - Emeritus Professor  
Member of Friends of Lorne**

**The Passing Parade**

The cockatoos by now know a tourist bus when they see it. A dozen of them, lined up on the fence above the Lorne SLSC, posing shamelessly for the Asian visitors, some of whom had cockatoos perched on their shoulders or hats.

Just a part of the passing parade as you sit enjoying coffee (or poached eggs and bacon) under the Cumberland, or at Andrews or the Arab or the Riverside Cafe, the variety of the scene in Mountjoy Parade ever changing. People walking welded to iPhones, and falling over huge dogs taking up half the footpath, kids on skateboards going their hardest, dreamers scanning the real estate windows for a bargain... farmers taking a break after harvest, their suntans starting where their tee shirts ended, and the lycra riders dismounting their bikes to be part of the scene.

This assortment of traffic, the Combi vans, the 4WDs, mini and maxi tourist buses (twenty in one hour) luxury cars and SUVs, convertibles driven by capped drivers, hot rods filled with teenagers having the time of their lives, fishermen in Utes heading for their favorite haunts, all a part of the holiday parade.

Watch for Tyrone on his orange scooter, Peter in his Land Cruiser, Doug in his Merc, and the three M's...Marie heading to the Visitor Centre, Marilyn to the Historical Society and Mandy off to the OP Shop. Tradesmen and their dogs in flat tops racing to the next job, and grey beards on Harleys wondering how life could be so good. And as a backdrop, the surfers trying to stay upright on Louttit Bay, the Aireys lighthouse making itself noticed on the horizon.

More than a resort for all seasons, a paradise for all to share on this wonderful passing parade on Mountjoy Parade.

**Will Beale - Lorne**

**Demolition material to be dumped in Deans Marsh**

With Anglesea's 'clean fill' tip nearing capacity, a Deans Marsh hobby farmer is looking to cash in on this opportunity and has applied for a planning permit to dump 'clean fill' on his land.

The land in question just happens to be the site of the Deans Marsh-Lorne railway line.

This was opened on 18th December 1889 and didn't close until 1940. It has considerable historic significance.

It runs adjacent to a public road, on the boundary of the township and 100m from residential houses.

According to documentation supplied with the application, the majority of the material will come from demolition works in Lorne. We live surrounded by green fields and the Otway forest. So, Lorne residents 'Not In Our Back Yard' please.

The Surf Coast Shire's Tourism 'Things to do' website, names Deans Marsh as the "hidden Gem of the Surf Coast Hinterland". Some 26 attractions are listed for tourists to visit, as well as an ever increasing B&B presence. It's hardly likely that a 'dump' introducing approx. 1800 heavy vehicles per annum – according to documentation filed with the Surf Coast Shire, will be added as the 27th!

We may be only a small part of the Lorne Ward, but our demography is quite separate. If Lorne residents what to knock down old houses and build new ones, please find somewhere within or adjacent to, your township and leave us to get on with our lives in peace.

**Juliet Beatty - Deans Marsh**

**IT'S NOW SENATOR  
SARAH HENDERSON**

**Lawyer, prize winning journalist and former Member for Corangamite Sarah Henderson is back in Parliament after winning preselection to fill a Senate vacancy in Victoria.**

In a tight race, Ms Henderson defeated Greg Mirabella, the husband of former Indi MP Sophie Mirabella, with a final vote count of 234 to 197.

Ms Henderson held Corangamite for two terms but was defeated by Labor's Libby Coker at the last federal election. Her support base was weakened following a distribution within the Corangamite electorate.

She will replace Senator Mitch Fifield who exited Parliament to become the UN Ambassador.

Her selection occurred at the same time as the Liberal Party went through considerable in-fighting, with pressure exerted primarily by a counter-campaign from religious conservatives, who criticised her views on abortion and marriage equality.

Ms Henderson had the backing of Prime Minister Scott Morrison and her former federal colleagues, including Treasurer Josh Frydenberg.

Backers of Ms Henderson included federal MPs from across the ideological divide, also conservative MP Kevin Andrews, who wrote an endorsement for his former colleague. - **JV**

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**Please note: Absolute deadline for copy is five days before the end of the month.**

# OP-SHOP BUZZ

Janet Goud

Hello again from your temporary correspondent, who herself took some time off to complete a quick road trip to the Centre, Darwin and Kakadu.

It was lovely to feel the warmth of the days at Uluru, King's Canyon and Alice Springs, but the cold desert nights testified to it being winter there also. Only when we reached the tropical North did we have very hot days and warm nights. Returning south we felt the seasons changing and were happy to have missed the coldest weather.

Of course on this road trip, one sees Op Shops in most towns of large or medium size. I had to stick my nose in a few to make comparisons with Lorne but - Surprise! They all fell far short of ours. Some are too big, some too small, some too crowded, some too disorganised and some are quite unwelcoming! They have certainly become more popular and wide spread over recent years, with my children's generation regularly using them as a recycling venue for the excess toys and clothing given to the lucky people in our affluent society.

In Coober Pedy for example the Op Shop had prime billing with directions in the Main Street and huge multi coloured lettering. I was hoping it might be underground like the apartment where we stayed, but the temperature probably was not such an issue for the contents which were mainly clothing.

In Darwin, I was struck by the similarity (although not nearly so stylish) to our window. Similar furniture but what a different effect!

Our own Op Shop window was a very patriotic sight recently. Always aware of the exciting events on the Lorne sporting calendar, the women who dress the window used the elegant colours of black and white to feature a fine display that reflects the strong support of the Lorne population for the First Lorne Dolphins who kicked their way into the Football Grand Final in Colac and won again this year. The B Grade net ballers were also finalists!

As a new local, I confess I briefly paused to wonder why the window dressers were so partial to Collingwood above the other final teams; and also reminded my self that Derby Day and the Spring Carnival were some way off, before enlightenment dawned.

October school - our supplies of children's books, toys and games will be once again be much sought after and we are always interest to restock.

If you have any of these things cluttering up your attics and cellars do bring them down to redistribute among the younger holiday visitors. Many thanks in anticipation. Goodbye.





# THE LOUTTIT LOOP

And so we see the hibernating Lornites slowly returning to Lorne after fleeing north for this very cold winter. Welcome back and be warned, you'll probably need to light the fire at night – mighty chilly.

*The echidnas have also returned and attempting to cross roads without being rolled over by fast cars. Our birds are back and we even heard a beautiful Rufous Whistler the other day. Aaaaah.*

How fabulous for our senior footy squad to win back to back Grand Finals! Well done to players and also to all those wonderful volunteers who helped in the effort.

*Apparently the Lorne Theatre gig to mark the 100th Birthday of the building of the Great Ocean Road was a fabulous event. Many folk dressed to the theme, and lots of fur stoles and coats came out of hiding. A really great night was had by all.*

Reminds one of another great event, namely the one night stand the oh-so-handsome I am Invincible

*had with Winx on the first day of September. His nickname is Vinnie and he charges a fee of \$247,500 for a successful pairing! And he is a joy to behold – divine!*

Early October sees the return of the Lorne Festival of Performing Arts. Eleven official sponsors make this event happen, and eight “partners”. But many folk offer beds to performers, meals and support to participants, and the Op Shop even donated a large amount to cover free performances in the street. Residents of our Nursing Home will enjoy a concert on Sat 5th October.

*Speaking of the Op Shop, at their last meeting they once more moved to support the fabulous Red Frogs group who not only keep our Schoolies mostly out of danger and trouble, but create a wonderful friendly vibe around the streets of our town. About 55 Volunteers usually arrive in Lorne and last year they cooked over 130 pancake breakfasts and attended 148 high risk call-outs in the week.*

It's very sad to hear of the resignation of Brock Shiels from our Hospital/Nursing Home. Brock has been a great part of Lorne, and outstanding at his job with all his darlings in the Nursing Home. We wish him well and thank him most sincerely for his genuine devotion to the frail of Lorne.

*This may appear to be stranger than fiction – but the person/s who removed the orange roadside esky which held eggs for sale and money ACTUALLY HAS RETURNED IT!*

Attention Gen X – who knows what an Apron is? Or a Pinny? Elizabeth Ricky (ex Lorne) has sent an article explaining that the principal use of an Apron was to protect the dress underneath and it was easier to wash an apron than a dress. Aprons were also used as a potholder, for drying children's tears, for carrying eggs and even chickens or half hatched eggs, and served as hiding places for shy kids. Those big old aprons wiped many a perspiring brow bent over the hot wood stove. Kindling wood and pine cones were brought into the kitchen in it and it also transported fruit and vegetables from the garden. When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds. When dinner was ready Grandma walked out onto the porch, waved her apron, and everyone came in to eat.

It will be a long time before some-one invents something that will replace that ‘old-time apron’ that served so many purposes.

*Are you into knitting? Enthusiast Dawn Pitt is interested in like-minded ladies meeting to exchange tips and/or perhaps just share a coffee – maybe on a Tuesday morning in one of our great Mountjoy Parade establishments. All v cas. So to be part of the proposed knitting circle, call Dawn on 0425 722 754.*

Three cheers – we now have a Chinese restaurant!! Di Matthews always wanted one. Used to be one at the Country Club for a short time. We certainly have many varied eating establishments in our town. First was the award winning pies, then came the Greeks with their exotic cuisine, and over the last years we've had a choice of really up-market eateries such as Italian, Spanish, Mexican, Argentinian, Japanese, Malaysian and other influences from near and far. The latest newcomer is the China Hut which offers a range of traditional and specialist dishes from Lorne's oldest coffee icon – The Arab.

*And the other part of the old Arab with main street frontage and rented from the Church is the latest venture by the management of the noodle shop. A terrific set-up called Pit Stop Lorne-the silver caravan plans to serve quick lunchtime fare. It certainly looks the goods.*

Not much happening with the local trio of eyesores – the ugly Pavilion café roll back roof, the collection of mysterious serious looking boxes cluttering our grassy area, and worst of all the Barwon Water erection of serious water supply pipes, now trapped within a low cyclone wire fence. Help!

*Thanks to Clive Goldsworthy's excellent page on Recycling Services in Lorne, we all learned that it is NOT recycling at all to put out your yellow top bin at this time. It goes straight into landfill. Taking our own well sorted recyclables to our local tip is the only way to guarantee it will be recycled. Pious me saved and sorted for a month, placed all the containers in the boot and headed the 2 ½ KM out the Erskine Falls Road. Ray Clinch (from Winch) was not there as he is crazy about footy, and this was the Friday holiday prior to the big game. Happy, friendly, very attractive Donna Pollock was in charge (usually based at Anglesea transfer station!). For your information and clarification I present some details of what the Lorne tip can recycle and what must just go in your rubbish bin! YES to flattened boxes, newspaper, books (no plastic covers), magazines. YES to glass bottles (no need to sort into colours) BUT remove lids please and save these separately with food tins and metal jar lids. All good. YES to batteries (car and smaller), fluoro tubes and light globes, and also polystyrene. NO milk cartons or plastic milk or water bottles, no yoghurt containers or meat trays. Basically anything that holds liquid and squashes easily e.g. coffee cups, water bottles and all other soft plastic holders – No WAY. Plastics must be rigid. And of course NO paint tins or gas bottles. So this little goody two shoes ended up carting home an Ikea bag of things I usually righteously recycle in my yellow bin!! Into the rubbish bin with them all - AT THE MOMENT.*

While I was completing my fast course in recycling the queue was growing and one classy guy walked over to the GLASS BOTTLES skip with a remarkably small box of empty bottles (compared to my huge box). As he prepared to launch them into the skip Donna let fly with a lovely loud “Oi – take off those lids please!” Which our man dutifully did, and pitched said lid into the bottle pile. “HEY. Not in there thank you – we have a place for empty cans, jar lids and metal wine bottle lids,” Donna shouted as she climbed out onto the pile to retrieve the tiny lid.

*Ray and Donna have a great system, beautifully sorted and labeled, will not charge you for recycling, and we are damned lucky to have them in charge out there. No wonder the Chinese wouldn't accept our badly sorted recycled rubbish.....you certainly learn something every day!*

Lillianxx



## 55 PENNYROYAL SCHOOL ROAD, PENNYROYAL STUNNING VIEWS - DREAM LIFESTYLE OPPORTUNITY

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This is a property with enormous potential ready and waiting for someone to create their dream in a most picturesque location.

**Web id:** 1989032  
**Size:** 49 Acres - 19.8 Hectares  
**Auction:** Saturday 9th November 2019 at 11.30am  
**Auction Venue:** On site  
**Contact:** Marion Nott 0400 373 011  
 Anthony McDonald 0418 593 597



# OFFICIAL ARCH PLAQUE UNVEILING

This week we had the opportunity to officially unveil the plaque that recognises both the opening of the College's historic archway in 1929 and the re-opening on June 6th this year. Unfortunately on the day of the opening Mr Doug Stirling (who was in Year 1 in 1929!) was unable to attend and unveil the plaque.

Therefore recently Mr Stirling along with Mr Gary Allen (student 1951 – 1959) and Principal (1990 -97) now President of the Lorne Historical Society) were in attendance to jointly unveil the plaque. Also in attendance were Mr Jeff Jarratt who was also in Year 1 in 1929 and Doug's wife Mary Stirling.

They were joined by the Year 1 students of 2019 and the plaque unveiled in what was a really important and memorable occasion.



*Pictured above from left to right; Mrs Mary Stirling, Mr Geoff Couper, Assistant Principal, Mr Jeff Jarratt, Mr Doug Stirling, Mr Gary Allen, surrounded by our current Year 1 students.*

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## After Hours Telehealth Pilot launches at Great Ocean Road Health

Specialist emergency doctors will now be available at Great Ocean Road Health's Lorne and Apollo Bay campuses during the after hours period, thanks to a new telehealth pilot being delivered by Western Victoria Primary Health Network (PHN) and My Emergency Dr (MED).

The new After Hours Telehealth Pilot has been launched across several Urgent Care Centre's (UCC) in the Western Victoria PHN region. The pilot at Lorne Community Hospital's UCC commenced on 2 September 2019 and will run until 28 August 2020 and the Apollo Bay Hospital UCC pilot will start on 30 September 2019 and run until 25 September 2020.

The video-call based service will be used by Urgent Care Centre medical staff in the after hours period via the MED App on a smart phone or tablet, which gives immediate access to a team of Emergency Specialists who can remotely access, diagnose and arrange treatment for patients. Great Ocean Road Health has also commenced its After Hours Sub Regional Engagement Project. It is delivering a regional approach to workforce planning and shared education resources for after hours emergency services across the region and documenting shared learning from existing urgent care centre models of care.

My Emergency Dr Chief Operating Officer, Dawn Floyd, said the video-call based service is staffed 24/7 by specialists in Emergency Medicine (FACEMs).



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# FROM OUR COUNCILLOR

For the Lorne Ward Cr Clive Goldsworthy - 0400 756 854 [lorneward.information@gmail.com](mailto:lorneward.information@gmail.com)



## Surf Coast Shire update

The Surf Coast Shire has been recognised as one of Victoria's fastest growing municipalities, for more than a decade. The combination of lifestyle and proximity to Melbourne has seen the permanent population grow from some 20,000 in 2001 to an estimated 34,000 in 2019. The Surf Coast Shire economy continues to experience

strong growth with top employment sectors including tourism, the surfing industry, accommodation & food services, construction and retail trade. The Shire's unemployment rate as at March 2019 was 2.27% against the national average of 5.1%, Victoria at 4.6% and Geelong at 6.0%. Demands on Council to deliver essential infrastructure and community services will continue to increase in line with the Shire's rapidly growing and changing community a real challenge in a rate capped environment!

The Council presented the annual Performance Statement for year ended 30 June 2019 at last month's Council meeting. I have extracted a number of results.

- During 2018-19 Council received a total of 622 planning applications. Of these 13 were referred to VCAT, the lowest number over the last four years, 7 were set-aside (overturned) by VCAT
- The average residential rate per residential property assessment was \$2,056.67, (\$2,181.09 in 2018)
- Total Council expenses divided by the number of property assessments increased from \$3,243.52 (2018) to \$3,644.70 in 2019, due to an increase in asset amortisation, depreciation and employee costs.

Further details can be found on the Shire's website.

## Lorne Football & Netball Club

Congratulations to our Senior Footballers for achieving back to back premierships. Based on the talk around the Club many of the 2019 team have committed to stay on for the 2020 season, will it be 3 in row?

The Junior Presentation night was a huge success with over 150 junior netball & football players and their parents attending. Well done to all our teams and prize winners.

At the Seniors Presentation night held on the 26th September, the Presidents Award was given to Jeanette Hancock and the Best Club Person 2019 was awarded to Angela Quinn. Congratulations ladies and thank you both for all the hard work and dedication you have given over the years.

## Lorne Country Club

The upgrading of the Clubhouse facilities is nearing completion and we look forward to welcoming everyone to the "Faulty Towers The Dining Experience" on the 4th October.

## 2020 Australia Day Community Awards

The Australia Day Citizen, Young Citizen and Community Event of the Year Awards are presented annually to local citizens and groups who make an extraordinary contribution to our local community. The awards are administered by Surf Coast Shire Council on behalf of the National Australia Day Council and are issued at one of the celebratory events held across the shire on 26 January 2020.

Anyone can nominate an individual or group who demonstrates:

- excellence in their field or interest
- significant contribution to the Surf Coast Shire at the local community level, and
- an inspirational role model for Surf Coast Shire citizens.

Nominations are now open until Tuesday 12th November, visit [www.surfcoast.vic.gov.au/community](http://www.surfcoast.vic.gov.au/community)

## 2019 Planned Burns Summary

DELWP recently updated me on their achievements during the season just passed and an update on their plans for Spring.

The 2019 burn season was a successful season, in that they were able to complete a number of larger landscape burns, combined with some key small burns close to townships. Consistent dryness throughout April enabled them to take advantage of burn opportunities until late May. In addition to this they undertook some winter heath burning on a small area of the Anglesea - Bald Hills burn, which allowed them to target available fuels on the north facing ridges with a low intensity burn in mild conditions.

13 Planned burns were conducted across the Otway's district. 5,514 hectares were treated with a concentration around coastal townships. After the 2019 burn program residual risk now sits at 63% (still quite significant).

Planned Burns for Spring are Anglesea area – 187 hectares and Tomahawk Creek 156 hectares.

The new Planned Burns Victoria Website was released last week <https://plannedburns.ffm.vic.gov.au>

## Lorne Community Connect – Celebrity Lunch

Our next Celebrity Lunch will be held on Wednesday 2nd October commencing 12 noon. Our Celebrity Chief will be the famed Mark Purdie from Marks Restaurant.

## High Tea

In recognition of the senior members of our community and the enormous contributions they make, join us for High Tea, 10.30am Thursday 10th October at the Lorne Community House. RSVP 5289 4383

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# THERE WAS A MAN NAMED 'STUMP'

Lorne's Doug Stirling continues his tales of a town that doesn't exist anymore

They called him 'Stump' because of his small stature. A very interesting bloke and a man of many parts. Before moving to Lorne, he lived in a hill this side of Deans Marsh.

One of his sons told me the story of Stump cutting all the trees around his homestead and eventually running out of firewood. Stump then came up with the bright idea of hitching several horses onto his house and dragging it (yep! The house!) downhill and into another clump of trees, thus solving the firewood problem!

He then took up land at Stoney Creek where he had a small farm and grew potatoes and the like. When the State Electricity Commission came to Lorne in 1936, Stump and a partner set up an electric saw mill in a gully just above his property above Hazel Street.

Next, he and a partner started a butchery business. The butcher's shop adjoined his café 'The Crystal' which was opposite the present petrol station on Mountjoy Parade. Their slaughter house 'abattoir' was situated just above Dorman Street somewhere below the present Lorne Electrics property.

I also remembered Stump had a large 'float' from a sea-plane which crashed on rocks in front of his Stoney Creek house; it had crashed in the 1920s.

Stump and his son also had a carrying business between Lorne and Birregurra in the 1930s.

Someone once asked Stump how he finished up after all his enterprises. "Well," he is said to have replied, my partner finished up with the money and I finished up with the experience.

When the bottle-o truck arrived in Lorne, he paid the lads around town six pence for a dozen large beer bottles.

Stump only paid four pence a dozen, so some of the lads pinched a dozen bottles from his back yard stash and sold them to Stump again. Thus they got eight pence a dozen ...

Stump and his family subsequently sub-divided their land which bordered Dorman and Hall Streets, north of Duncan Street, totalling about 30 blocks.

# AQUATIC CLUB

Keith Miller - Commodore

## News from the Lorne Angling and Aquatic Club

Well spring is finally arrived but the weather hasn't looked at the calendar and still thinks it's winter, although we've had a couple of days hovering around the 20 degree mark.

Not that it matters, we are quite cosy inside our weather beaten trusty old club house with the heater on, the TV on FOX SPORTS and the beer as cold as ever. We are open every day except Tuesdays with our famous HAPPY HOURS on Wednesday and Friday evenings. We have free nibbles and snacks every night and throw in the odd free sausage sizzle. On Saturday evenings we have a raffle with generous first, second and third prizes. All Welcome.

Our club house is available to any member for Weddings, Parties, Anything.

I'm writing this from a place called Niue, which is one of the smallest countries in the world with a total population of about 1600. It's also the world's largest coral atoll island. It's completely covered in lush tropical rainforest with no rivers or creeks and all the rain water is filtered through limestone before entering a huge underground lake and the ocean.

They claim to have the world's clearest ocean water and after SCUBA diving here every day for a week, I believe them.

Lorne identity Bryce Newcombe, owner of one of Lorne's leading restaurants "Lorne Central" grew up on Niue. His parents ran the main resort there. On the island they have an abundance of strange looking creatures called coconut crabs which are on the menu at some of the local restaurants. They start their life as a hermit crab using sea shells as a home but they soon grow too large to fit into any shells and can get up to 4kg and live up to around 60 years.

They are a land crab and adults cannot swim or survive under water, they climb trees to find food or escape predators. On Niue their only predator is humans.

They were once prolific on most of the Central Pacific and Indian Ocean islands but because of their magnificent eating quality they have become almost extinct.

They are now protected on all but a few islands, Niue being one of the exceptions.

Because of its small population and dense rainforest the crab population is stable.

They will eat almost anything, they have been known to kill a rat and eat it but their main food source is coconuts.

Cooked and ready for the table. They taste like mud crab but sweeter with a coconut flavour.



### Smyth Real Estate Footy Tipping Results

The winner was Peter Steven (Machine) who led nearly all year and ended up on 131

Runner Up was Mick (Chook) Finnigan on 129 only 2 behind Machine. We had three equal thirds, Ric Barham, Paul (Stack) Staley and ZARX (we don't know who they are) all on 128 so it was a very close comp this year. It's got to be the best value for money tipping competition in Australia. Only \$15 so don't miss out next year.

### Upcoming Events

Our next fishing comp is a Major Comp sponsored by GREAT OTWAY CONSTRUCTION, Luke Norton and Andy Little - Sunday October 6.

As usual fish must be weighed in by 12.30, this will be followed by presentations and a scrumptious roast lunch which is free for all competitors and only \$10 for members.

### Working Bee

Our old club house needs a bit of TLC so to all our members out there please come and help out from 9am Thursday 24th October.

### Wine Tasting Day

Meet The Locals Table on Saturday 2nd November. Michael Clayden of Surf Coast Fine Wines represents a small group of growers around the Geelong region and in particular the Surf Coast. Brown Magpie at Parraparap and Dinny Goonan near Deans Marsh have strong track records producing high quality examples of our regions notable grape varieties.

### Melbourne Cup

Our Melbourne Cup Day extravaganza is on again.

We kick off at 11am with free champagne, chicken salad, snacks and nibbles. We have happy hour drinks prices during every race, an onsite booky, fashions on the field for the ladies and the gents with huge prizes, TV's inside and one outside under our marquee.

Last year we had a vast improvement in the men's section but we would still like a few more to make an effort and drag that old suit out of the back of your wardrobe.

### AGM

This year's AGM sponsored by FoodWorks Lorne and will be held on Saturday 30th November at 5.30pm. It will be followed by fishing competition trophy presentations, an open bar for one hour and free snacks.



### Kelp

The build up of kelp in our boat launching channel has been terrible this winter.

Some say it's the worst they've ever seen it.

Rod from GORCC has been doing a wonderful job trying to keep it clear for us and without him we would have had many weeks with no boat launching at all.

An honourable mention to David Manfreda who came a very close fourth. Both David and Ian don't have a boat so they do all their fishing off the shore which is a sensational effort.

### Neil Hillard Stair Climb

Local identity and club member Neil Hillard recently competed in the Melbourne Fire Fighters Stair Climb. It was a fundraiser with 600 competitors, mainly fire fighters racing up the stairs for 28 floors at the Crown Metropol.

The total raised was \$495,884 which is donated to the Emergency Services Foundation, Black Dog Institute and Lifeline. Neil did a great job fundraising in Lorne achieving a total of \$3,070 in sponsorship. Our club contributed \$500.

### Recent Events

On Sunday 8th September we held our final Winter Fishing Competition for the year. It was sponsored by Surfcoast Gardening and Mowing, Rob and Kerry.

We had 14 competitors with five fish weighed in. The Winner was David Manfreda with a good size Salmon = 2515 points. Runner Up was Ian Middleton (the salmon king) with you guessed it a salmon = 1960 points. Third was our reigning club champ Andrew Clarke with a nice Trevally = 1830 points.

The final results for our 2019 BENDIGO BANK WINTER CUP are: Winner: Ian Middleton.

Runner Up: Andrew Clarke. Third: Paul Staley.



This lovely young lady hopped on our courtesy bus on a Saturday evening recently and realised it was her photo on the side of it. Her name is Jess and she's a professional model. When she arrived at our club she proceeded to shout free pots of our famous cold beer to some of our lucky patrons. You never know who you are going to meet at our club house.



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5289 2972

Games Group Thursdays 1.00 to 3.30pm  
All welcome

Gardening Get together Tuesdays from 11am  
Playgroup Thursdays 9.30am  
Computer Access Monday to Thursday - 9.30am - 2.30pm

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# GLAUCOMA

## The thief of sight.

On Thursday 12 October marks World Sight Day. Given this important date, I thought it would be a good opportunity to talk about glaucoma's, an eye condition that destroys the optic nerve.

It's quite a concerning condition because it often goes undetected for many years, as it is generally asymptomatic from the patients' point of view. In Australia alone 300,000 people have glaucoma and well over 50% of cases go undiagnosed. Essentially often by the time a diagnosis has been made, vision has already been lost and unfortunately once it has been lost it can't be restored.

This is why glaucoma has been labelled as the 'sneak thief of sight'. Early detection is the key as there are many treatment options available.

### So what is Glaucoma and the symptoms?

Glaucoma is the name given to a group of eye diseases in which the optic nerve at the back of the eye is slowly and permanently destroyed.

In glaucoma's, the optic nerve dies at a faster rate than the rest of the body. The single greatest risk factor for this is raised pressure inside the eye, though many people may have normal pressure inside the eye and still have glaucoma.



Vision loss from glaucoma tends to start from the outside of the visual field and so it not noticed until it is too late. The best way to treat glaucoma is to lower the pressure in the eye.

### Symptoms

- Painless blurred vision
- Difficulty adjusting to low light
- Poor vision in dim light which may lead to falls or a loss of confidence.
- If untreated the continual loss of peripheral vision can lead to tunnel vision or blindness.

### Who is at risk?

- Have a family history of glaucoma
- Are aged 40 years and over (glaucoma can occur at any age).
- Are short sighted
- Have a serious injury to the eye
- Used steroids regularly over a long period of time
- Have hypertension

Although there is no cure for glaucoma, it can usually be controlled and further loss of sight either prevented or slowed. Therefore early detection is paramount.

The Optometrist will be at the Lorne Medical Centre on Thursday 3, Friday 4, Thursday 24 and Friday 25 October.

Dr David Mullen  
Lorne Medical Centre

## Mindfulness 4 Week Course

October 9, 16, 23 & 30 @ 10.30am  
Lorne Community House



Join experienced yoga practitioner Peta Walker for a 4 week mindfulness course. Learn techniques to focus your awareness on the present moment by participating in mindfulness exercises that you can then incorporate into your daily life.

This course will also include the practice of Yoga Nidra.

Cost: \$40 (4 week course)

This course will run on Wednesday 9, 16, 23 and 30 October from 10.30am to 11.30am

Enjoy a free tea/coffee with any food purchase at Lorne Larder after each class.

Book online at: [www.trybooking.com/BEOWU](http://www.trybooking.com/BEOWU) or phone 5289 4383

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## WHAT'S ON IN OCTOBER

### Lorne Bowls Cafe & Restaurant

Our restaurant reopens Friday 4th October!  
Under New Management

Following Luke's retirement from the Club, Anna and Simon have taken on the cafe/restaurant. They will continue to offer delicious, affordable food in a homely, relaxed setting.

Trading hours are Friday-Sunday 10am till late (note: limited capacity on Saturdays until 6:30pm during the Pennant Bowls Season!)

Contact Anna 0410014125 or Erin 0401536069

### Bar & Barefoot Bowls

Open during cafe & restaurant trading hours or by arrangement with Jeff 0429188884  
Adult \$15 U/16 \$10 per relaxed hour  
Local beer and wine at friendly prices

### Pennant & New Green Opening

Official Grand opening of the new green is set for October - stay tuned to our notice board for a date. Pennant Bowls begins Saturday the 12th.

There will be a home match every week this season so come down for a drink or a cuppa and support our teams. Saturdays 1pm-6pm

### 2nd Annual After FOParty

A showcase of amazing local talent

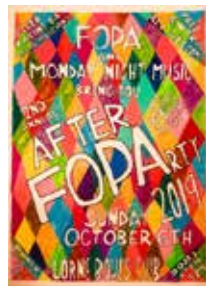
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Free Entry

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Sunday 6th October



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**Volunteer Positions Vacant**

Lorne SES Unit is currently recruiting for six new members to assist in keeping your community safe.

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For more information phone Adrian on 0419 114 003  
or email lorne@ses.vic.gov.au

**LorneCare this month will be working with the Friends of Queens Park**

We will meet in the car park near Teddy's Lookout at: **10.00am on Sunday 20 October**. As usual, our working bee will be followed by a barbeque at about 12.30pm. Visitors and new starters will be made especially welcome.

**Alain Purnell, 5289 2906 Mobile 0417 031 905**  
email: [alainpurnell@bigpond.com](mailto:alainpurnell@bigpond.com)

**How can we help you today?**

Over the years, we've come to understand the needs of locals and we'd love the opportunity to meet you and understand your goals. Every path is different, but they all have the one thing in common, we're here to help.

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# EDITORIAL

## The Power of Fragrance

Lorne is surrounded by odours, fragrances, smells, call them what you like, but the fact is that we live by the sea and thus are subject to the strong smell of brine and the hundred and one ingredients (think seaweed, soils, rotting timber to name but a few). Our township is also susceptible to the heady aroma of the Otway Forest right to our back - various eucalyptus, blossoms, even the dank odour of the undergrowth...

All natural elements that assault our olfactory nerve and which could affect our disposition depending on our individual make-up. People love the smells of the sea and forest, others suffer terribly from hay-fever and a range of other allergy problems, especially in spring.

Each of us is different from those next to us – thank goodness, many of us would say!

However, the issue is not those natural fragrances we're exposed to, but rather those of an artificial nature. Think women's perfume, men's aftershave, and fragrance found in virtually any product we buy, whether it's dishwashing liquid, tooth-paste, yes, even lip-stick... name almost any product on supermarket shelves and you're bound to find them full of chemicals to make them more appealing in smell, look and acceptance.

Text Publishing is promoting prize-winning Australian author, Kate Grenville's book, *The Case Against Fragrance*, and what a wonderful revelation it is to those of us who don't like to be constantly assaulted by the artificial odours and yes, even the colours of our modern life.

Grenville's book is written in simple prose and a no-nonsense approach and the clear message is that many smells and odours can make you sick.

Grenville personally suffered for years from headaches and other complaints until it was established that the culprit to her 'unwellness' was certain artificial fragrances found in perfume.

Many people suffer headaches, nausea, malaise, asthma, nasal congestion, rashes and brain fog on exposure to fragrances; the truth is that most fragrances are artificially synthesized from petrochemicals.

In her comprehensive study, Grenville found that women's perfume might contain over 200 different artificial components. Interestingly, many of these 'fragrances' are protected under a secrecy law that safeguard the manufacturers' 'trade secret'.

The power of fragrance and especially perfume is well established. If you get a chance, read that wonderful novel 'Perfume' by Patrick Suskind, who says that fragrance is more powerful than words. Grenville makes a simple moral statement: People have the right to breathe air that does not make them sick.

Many of us have been in the position where, in a public place, we've been exposed to a most powerful perfume, usually on a lady person that when mixed with personal odour is like a punch in the face.

Strong fragrance is easily transferred and it's not pleasant experience to return home smelling as if you've been visiting a perfume factory. In a restaurant situation, you do have a right of enjoying food and drink without inhaling fragrances that inhibit your enjoyment.

Apart from the health factor, it was one of the big reasons smoking is now being banned in more and more public places. - JV

# POLWARTH MEDAL

Richard Riordan MP, State Member for Polwarth, has announced that nominations are open for the 2019 Polwarth Medal.

The Polwarth Medal has been awarded to a person from the electorate who, through their dedication and service, improves the lives of others in our region.

"I am calling for nominations for the 2019 Polwarth Medal. Previous winners have proven themselves to be exemplary people in the Polwarth electorate who have a long history of selflessly working to improve the lives of those in our community.

"I am keen to acknowledge a worthy recipient. Please contact my office to nominate someone who you think deserves to be recognised.

"The winner will be announced in early December and awarded at the Polwarth Community Christmas Dinner," Mr Riordan said.

If you wish to nominate someone for the Polwarth Medal, simply request or download a nomination form at [www.richardriordan.com.au/medal](http://www.richardriordan.com.au/medal). My office is located at 115a Bromfield St, Colac, 3250, email me [richard.riordan@parliament.vic.gov.au](mailto:richard.riordan@parliament.vic.gov.au) or call on 5231 5046.



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# SPORTSBRIEFS

with John Ford

## Dolphins Football Premiers!

On Saturday 7th September, Lorne's senior football team, Under 18's football team, and the B Grade Netball team played in Grand Finals at Colac's Central Reserve. Lorne's Senior football team won their Premiership, while the Under 18's football and B Grade netball team both were runners-up.

Colac served up some really wintery weather on all of the finals days and Grand Final day was no exception with a strong, gusty, cold wind blowing across the ground making scoring very difficult. All was set for the seniors clash between Lorne and South Colac with both teams having had periods of the season at the top of the ladder. Both teams started with very strong, hard football and both defences were on top – Lorne scoring the only goal of the quarter. The second quarter was similar with all players being very accountable for their opponents, but Lorne was able to break away and lead 4.9:33 to 0.4:4 at half time. Lorne's midfield and defence was able to choke all forward moves by South Colac, with strong running and tackling at every contest.

In the third quarter Lorne was able to play slightly more open football and set up some quality forward moves. This produced a string of unanswered goals – and quite a few misses – while South Colac struggled to go forward at all. At three-quarter time Lorne held a commanding lead 8.14:62 to 0.5:5. The final quarter saw Lorne continue to play really disciplined football and limit South Colac's forward moves – the opponent's only two goals for the match coming late in this final quarter.

The final siren saw Lorne win 10.18:78 to 2.7:19. The scores suggest a comfortable win, but every contest in all four quarters was closely contested and it was a wonderful disciplined hard-fought match. All the Dolphins players contributed well but most judges named Mitch McKee, Dan Roy, Sean Holroyd, Jake Hetherington, Jack Hollmer, George Steven and Mark McCormack as the best players. Major goalkickers were Tom King with four and Jack Hollmer with two.

The win followed Lorne's success in 2018 to give the club consecutive Premierships! This is building into a very successful era for the Dolphins, with the club's Reserves and Under 18 teams also performing well in the finals. Not surprisingly five Lorne players were named in the CDFL Team of the Year – George Steven, Lewis and Jack Hollmer, Tom King and Mark McCormack – as well as Jack Hollmer being named coach of the year.



*Jubilant Lorne player's celebrate their win!*

When a club wins a Premiership great credit must go to the outstanding performance of the football department and in fact the full committee. In addition, Kevin Murphy was named as the CDFL Volunteer of the Year which is so well deserved with his sustained performance over many years – well done!

## Under 18's Runners-up

Lorne's Under 18 Football Team also played in the Grand Final on 7th September. The strong, swirling wind made it difficult for either team to play with any real system. The match was an intense but scrappy affair with scoring opportunities rare. Lorne's few moves forward were spoiled with inaccuracy in front of goal – at three quarter time the scores were an amazing Irrewarra-Beeac 5.0:30 to Lorne's 0.5:5. Both teams maintained their intensity until the final siren, which saw Irrewarra-Beeac 8.2:50 defeat Lorne 1.5:11. Despite the loss, the team had a very good season and many of these players are well equipped to play senior football next year.

## Dolphins Netball Runners-up

Lorne's B Grade Netball Team also had their Grand Final on that windy 7th September day. The match was a highly skilled, evenly matched contest with both teams playing with great intensity. At half time the scores were locked at 15 goals each. During the third and final quarters Lorne pulled away to at times lead by six goals, but on each occasion Alvie fought back. The struggle continued in the gusty wind and players from both teams lifted to an amazing level.

Continued page 25

**From page 24**

In the dying minutes Alvie clawed their way back to tie the scores at 32 each at the final bell. This meant that extra time had to be played with two six-minute periods of play being added. Unfortunately Lorne was outplayed in this extra time and so was defeated in one of the most exciting netball matches that you could imagine! All players from both teams played so well and both Alvie and Lorne should be very proud of their teams.

**Lawn Bowls**

Our new Pennant Season starts on 8th October, 2019.

Work on the installation of the new outdoor bowling carpet commenced during September 2019. The arrangements are quite complicated.

The old carpet has been pulled up and disposed of. A coating of sand has been installed, levelled and rolled flat.

The first underlay of carpet has been installed, a new bed of sand has been levelled and rolled flat to perfection a second underlay has been installed and glued together in strips.

The final top coat will be laid and sewn together by machine so that the bowls can be rolled across the joints in the top coat not parallel to the joints.

On completion of the carpet installation the last step will to provide marking of the individual playing rinks. The old sunshades have already been replaced with new spring loaded shades which are more easily handled.

The installation will be completed before the start of the new pennant season. Hopefully all bowlers will be able to have some practice before the season begins.

As our three Pennant teams have been upgraded one level this year some serious practise is necessary.

On Friday 13th September arrangements were made with a previous Australian champion player to have a morning coaching session for available players at the Anglesea Bowls Club. A most interesting lecture on tactics and practice on the greens gave bowlers tips to use in games this year.

The new 2019/2020 fixtures have been distributed to all Pennant players and they are keen to start the games in October.

In addition new bowls stickers for the Lorne Bowls Club in the new colours of blue and orange have been supplied to bowlers to replace the old black and white stickers.

These need to be installed before the pennant season starts.

Most likely there will be a cleanup maintenance day as soon as the contractors have finished their work so all members need to be prepared to assist.

**Merna and Ken Smith**

**Lorne Womens Golf**

Our women have continued to do well in regional competitions.

The Lorne team had a back to back win at Bannockburn, winning the Noel Tanner Silver Salver again. The winning team Lesley Goldsworthy, Paula Hayden and Chris Angus, had 95 points, ahead of East Geelong on 87 points. Lesley also won the B Grade net and Jane Purdie had the best 9 in score. Sue Neill and Chris Angus represented Lorne at the Mandy Buckley Championship at Queenscliff, winning the B Grade Net.

During the last week of September the Lorne Country Club have raised funds for the Jarrod Lyle Foundation, supporting kids with cancer. The Women's weekly competition held some fun events to raise funds and Cal Purdie won the putting competition, after a play off against Faye Peddie. The question was asked...should Cal come out of retirement?

There is always room to join this friendly group of women. We meet every Tuesday at 8.30 am, starting play at 9 am.

For further information regarding Women's golf, please contact Wendy Hutchison on 0419878089 or Sue Neill on 0418 674 062.

**Wendy Hutchison - President Women's Golf**

**Remember to tell us who you would like to see in Sportsbriefs!!! Articles to John Ford at 35 George St, or email to [byswerdi2@bigpond.com](mailto:byswerdi2@bigpond.com)**

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If you have the time and the interest to spend a little time each month helping the Editor to put together the stories and opinions that chronicle life in Lorne, your enthusiasm and assistance would be much appreciated. You can contact the editor for further information or to register your support.

Ring Jo Vondra on 0401 744 152

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# BOOK REVIEW

Sandra McComb

**The Last Dance**  
**Murray Walding**  
 RRP - \$34.95

The Last Dance - A world of girls, go-gos, gangs and giant waves is a great read.

It is a lively, witty, even whimsical romp through the teenage boyhood of its author, Murray Walding.

The book is engaging in its lack of political correctness. It is a refreshingly honest set of stories that reflect social mores of the time - the sixties and beyond. You can read this book as a thoroughly entertaining personal memoir with all its light-hearted humour and irreverence. You can also view it as a valuable social commentary.

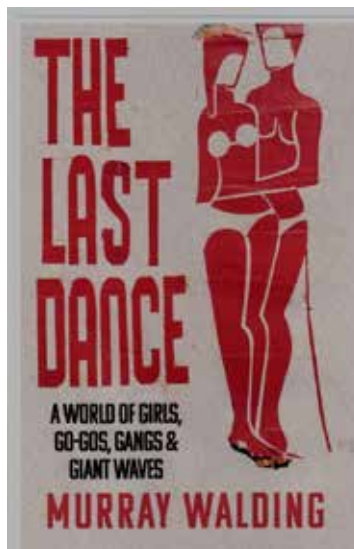
There is no attempt to hide the fact that many bayside suburbs of Melbourne were not socially acceptable. Murray and his older brother and sister grew up in Edithvale - one such suburb. The family house was known as Two-Ten where Father Walding drilled for bore water in the backyard - to counter water restrictions.

Not quite knowing where they belonged, needing to escape Edithvale, Murray (Wogs, as he was known because you are no-one if you don't have a nickname), and friends Quinny, Moon and Jughead extended their search for girls and adventures to Frankston, to St Kilda, even to the CBD of Melbourne.

Murray grew his hair long as his interest in surfing dawned. At Mordi high school he became known as a trouble-maker because he wore a badge in defence of his appearance - 'Jesus Wore Long Hair'.

This seems to have been his worst teenage sin and did not impress teachers.

The stories of other locals and events emerge from Murray's memories of his youth.



The fights, the lusting after girls, who came and went on a nightly basis. The unease of, not to say battle grounds of, tacky dance halls and rum-infused lemonade, of sharpies and mods, of rock and jazz, of jive and the Beatles. Music drove these 'gangs' along with their egos, and woe to all if jazzers and rockers found themselves in the same hall on the one night. Private school kids were another breed as were girls from Brighton and South Yarra. They preferred green sports cars rather than trucks with doubtful engines.

The stories in The Last Dance suggest the end of an era. A more sophisticated world of music and dancing arose accompanied by bouncers who chose to block entry to socially unacceptable youths into the halls. Maybe also Wogs and his friends moved on,

replacing weekend dancing with surfing. The 'giant waves' appear late in the book. As soon as dilapidated cars could make the distance to the coasts on either side of Melbourne, to Point Leo and finally the Great Ocean Road, the boys were off.

Some years later when Murray, now at teachers' college, met Sharon things changed. The lead up to their wedding in Lorne is a must-read, hilarious, heart-warming tale in itself. Quinny, Moon and Jughead came to their wedding. 'Jughead took both my hands and shook them... A flash of lifetimes ran through me.' Perhaps The Last Dance had taken place but the friends and memories were still around.



Above: Those were the days - sun, surf, the ubiquitous VW Beetle and not a care in the world. Murray's mates, from the left Grubby (Peter Grut), brother Ian - known as Wogs, then Smiley (Peter Bayliss), then Jacko ...who is partly obscured (Terry Jackson) and Keys (Mike Cockram). That's just a smattering of the great nick names and characters around the surf scene in those days!

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# BORROWED LANDSCAPE

Doug Williams

You could be looking past a cray pot hanging from the wall of a garden shed with the Lorne pier in the background. Or you may be looking through a window across Louttit Bay and the Aireys Lighthouse light is in the distance.

In general terms, receiving a view through a villa window to a French country side featuring Lombardy cypresses and a village on a hillside, a garden path leading towards a distant tower in the English countryside, an archway beyond a terrace framing a view of the masts of boats in a harbour and looking through a pergola to a house garden are all examples of 'Borrowed Landscape', something garden designers can achieve quite simply within a less grand panorama.

'Borrowed Landscape' is used in landscape design jargon to describe an effect than can be achieved by referring to a distant aspect – a church steeple or a bridge or an outcrop of rock - or a nearby one such as a specimen tree or a sculpture for example. The idea is to expand the size of the garden by bringing in a distant vista or to give it depth by inviting the garden visitor to head toward the feature being framed. In doing this a grander effect can be achieved or a sense of intrigue or involvement aroused without going to great expense and the garden experience is enhanced for a small outlay.

This quality of distilling the overall landscape into a personal response was defined by the poet Gerard Manley Hopkins in the term 'inscape' which he used to describe an individual's relationship to his environment. By moving from the general to the particular in this way the garden rises above the boundaries of a simple garden landscaping plan. The reflection of the Taj Mahal in the pool as you approach it from the vaulted entry in the wall surrounding the garden is a great example. This is grandeur on a magnificent scale.

And there some great examples around Lorne! During October, bottle brushes came into bloom along roadsides such as along Charles Street just south of the old police station to enhance the streetscape and another example can be seen by drifting along Hall Street and catching sight of the rose garden tended by Margaret Stanway, a garden containing one hundred and thirty five roses.



And then there is a 'reverse' effect to be had when we see the red and yellow roses spilling over the brick wall in front of Harry Mammos's house. Malmaison and Just Joey are two rose varieties in show. The Japanese, who seem to have an inexhaustible vocabulary when it comes to the natural world, know 'Borrowed Scenery' as Shikkei. They are renowned for bringing visual cues into a garden tableau as well as auditory ones by using pools and moving water. A view through a Chinese 'Moon Gate' is almost a cliché since it is so familiar but 'Borrowed Scenery', or Jiejing in Chinese is not simply garden design per se but garden design as a philosophy which requires employing elements from outside a garden as components that incorporate a holistic connection within it so that it forms part of the overall design. This was all formalised in a garden manual back in 1635.

## KNITTING CIRCLE

Are you into knitting? Enthusiast Dawn Pitt is interested in like-minded ladies putting their hands up and just exchanging tips and/or perhaps just having a coffee, usually on Tuesday morning in one of those great Mountjoy Parade establishments. It's all very casual so give Dawn a tingle on 0425 722 754.



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# UNINTENTIONAL DRUG OVERDOSES

As the rate of accidental prescribed drug-induced overdoses continues to climb, pharmacists have an increased responsibility to focus on early intervention.

The Penington Institute's Australia's Annual Overdose Report 2019 released recently, has revealed the number of Australians dying from unintentional drug-induced overdoses has been increasing by 3.4% a year since 2001.

In 2017 the 1,612 unintentional drug-induced deaths accounted for almost three-quarters (74.6%) of all drug-induced deaths. In comparison, 1,246 people died on our roads that year, and the gap between these figures continues to widen, according to the report.

Prescription opioids have been involved in the majority of accidental drug-induced deaths – 53% of all deaths in 2017. Unintentional deaths involving opioids have more than tripled in the last 10 years, from 338 deaths in 2006 to 904 in 2017.<sup>1</sup> According to the Pharmacists in 2023 report, the use of opioids is an immediate priority of care.

After opioids, benzodiazepines, for which the most commonly prescribed are diazepam and temazepam, lead to the most accidental overdoses resulting in death. Long-term use of these drugs can lead to the development of tolerance, and physical and psychological dependence.

The Penington report recommendations to decrease overdoses and prevent fatalities include real-time prescription monitoring, an initiative to which the Federal Government in 2017 committed \$16 million in funding.



**Your monthly health newsletter brought to you by the team at the Lorne Pharmacy & Beauty Retreat**

Renea Forsyth is our regular Wednesday pharmacist, specialising in women's health issues, mother and baby care, skin problems and fashion ... Come in for a chat any Wednesday

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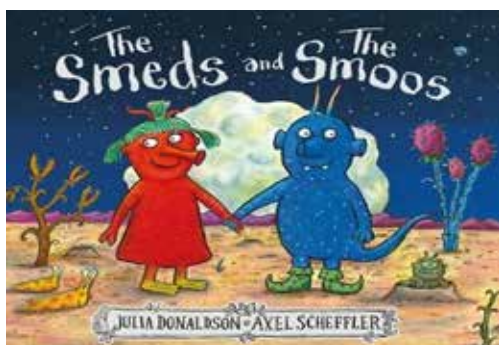


The profoundly moving new novel from the critically acclaimed and Miles Franklin shortlisted author of *Past the Shallows* and *When the Night Comes*. A tender and masterfully told story of memory, family and love. Favel Parrett's deep emotional insight and stellar literary talent shine through in this love letter to the strong women who bind families together, despite dislocation and distance. It is a tender and beautifully told story of memory, family and love. Because there is still love. No matter what.

***There Was Still Love***  
Favel Parrett, \$29.99

Nat, a 47 year-old veteran of Britain's Secret Intelligence Service, believes his years as an agent runner are over. He is back in London with his wife, the long-suffering Prue. But with the growing threat from Moscow Centre, the office has one more job for him. Nat is to take over The Haven, a defunct substation of London General with a rag-tag band of spies.

***Agent Running in the Field***,  
John le Carre, \$32.99



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***The Smeds and the Smoos***,  
Julia Donaldson, Illustrated  
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Coming this month, an afternoon with Neal Drinnan, author of *The Devil's Grip*  
Further details to follow



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